Volume 52, Issue 11 November 2013

Award Winning Website

Huntsville Chapter
Military Officers Association of America



Level of Excellence Five Star Chapter

PRESIDENT'S MESSAGE Dr. Bruce T. Robinson, MAJ, USA, Ret



Hi Everyone –

Well, the fall season is upon us. The trees are changing, and the weather is cooling off. Alabama is off to a great season – Auburn is as well. And November brings us Veteran's Day. There are many activities scheduled. AUSA is sponsoring dinners and breakfasts. The city of Huntsville hosts the annual parade through downtown – the chapter will have several cars participating – let me known if you want to provide a car or just ride along

At this month's membership meeting, we will conduct a Gold Bar Ceremony for the graduating ROTC cadets from the local colleges. MG Tim Crosby, PEO Aviation, will lead the ceremony and give remarks. We will also present the chapter's 5 star Level of Excellence award from National MOAA for 2013.

It is unfortunate that this year's Retiree Appreciation Day was cancelled. The Chapter always participates with a table at the Sparkman Center. We missed an opportunity to see and hear what is going on at the Arsenal, hear the remarks of the MOAA National guest speaker, and recruit new members.

Inside you will find the flyer for our annual Christmas party. The theme this year is "A Traditional Christmas". An ensemble from the Army Material Command Band will provide entertainment. Please mail in your reservation with your check and make this year's party a rousing success.

November is also the month of Thanksgiving, where families come together and give thanks for everything this great country has to offer. Please take the time to celebrate it with your family and friends.

- Bruce

P.S. I have a new phone number: 256-450-3191

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Get Involved!

REMINDERS

Monthly Membership Meeting: Next meeting is Wednesday 20 November 2013, 1100 hours at the Summit Club. Guest Speaker is MG Tim Crosby, PEO Aviation. This will be a "gold bar" ceremony.

Auxiliary, WOW Support Group & MOAA Widow's Luncheon are scheduled. See articles inside for dates & times.

<u>Breakfast:</u> Next breakfast is 23 November 2013, 0900 hours at the Steak & Shake Madison Square Mall.

Governing Board: Next meeting is Thursday 14 November 2013, 1100 hours at the Summit Club.



Legislative Corner Lt Col Gerald W. (Jerry) Haynes, USAF-Ret



• Senate Bill 734 -to amend title 10, United States Code, to repeal the requirement for reduction of survivor annuities under the Survivor Benefit Plan by veterans' dependency and indemnity compensation. This is an ongoing issue that is introduced in most Congressional sessions. And, as often is the case, it has been referred to committee (since April 2013) with no further action. As you continue to stay in touch with your representatives in DC, urge them to take action on this amendment.

• THIS ONE IS IMPORTANT TO US AND ALL FUTURE MEMBERS OF ALL BRANCHES:

As you may know, a committee has been appointed to determine what changes (disguised, of course, as cost saving steps) should be made to military benefits and retirement compensation.

The Military Compensation Reform and Modernization Committee has launched a new website where stakeholders (that's us) can comment. To make sure your voice is heard, go to this website:

<u>http://www.mcrmc.gov/index.php/public-comments</u> to express your position on this effort.

A nine member "independent" commission, established by the FY13 National Defense Authorization Act (NDAA) is to review all military compensation, benefits and retirement. Its findings and final recommendations could have a major impact on future decisions regarding military compensation, benefits and retirement. President Obama has instructed the commission not to alter the current retirement system for those already serving, retired (don't bet the farm on this) or in the process of retiring. Along with a review of military compensation, the commission is to look at the "interrelationship of the military's current promotion system …" and associated force shaping tools."

The president has stated that the commission must review "the full breadth of the systems," including healthcare, military family support, and any federal programs that could influence the decision of current or future service members to stay in uniform or leave the service. They are tasked with studying and making recommendations on a wide range of topics, including:

"Manpower and compensation, pay, living standards, effectiveness, flexibility and 'motivation to advance'."

The Commission is chaired by the Honorable Alphonso Maldon, Jr., a retired

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Chapter Auxiliary & Hospitality: Mrs. Carrie Hightower, 256-882-3992

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Life Membership Trust

MAJ Robert C. Szeremi, USA-Ret, 256-883-5127, szeremi@comcast.net (June 2014)

CH (COL) Danny W. Burttram, USA-Ret, 256-651-6378, <u>dburttram198@gmail.com</u> (July 2015)

LTC John C. Franks, USA-Ret, 703-489-2701, john.franks@ingenuityinc.net (July 2016)



X / Commissary CW4 William W. Wright, AUS-Ret





Exchange

There is a new area manager for AAFES. This usually means change 'cause that's what managers do. More next month. I saw a concession (for the week of October) that was selling Barbie Dolls in the original box. This might be a "find" for some collector. I also noticed a very large display of remote control helicopters. Make sure your model has "inherent" stability, i.e. the helicopter comes to a stop in a stable position when you release the controls. My CH-47 does not have this and you need lots of head room and space. A gymnasium is a great place to practice (and every "kid" needs a hobby. This one does!

Speculation is that the Mini-Mall going up on Mills Road and Martin Road next to the Redstone Federal Credit Union will be open after Christmas. However, there is also speculation that it will be open after New Year's Day. They have not started to train the Subway employees or the Burger King employees and until that starts there is not much betting on an early opening.

The new vendor in the food court was open for business when I went by on Tuesday, October 22, 2013, and they have all kinds of coffee drinks as well as Red, Green, and Black Tea. I have a prescription for Green tea.

For those who have read the September and October Sentinel, Ki has lost 10 to 20 pounds in his football workouts at Trine College in Indiana. His Mom works in the Exchange and I am a huge football fan. Did I tell you (more than once) that I played football at Iowa State!?

Commissary

Robin, the store director, noted that even though there have been really big sales of candy in October, there would be plenty for Halloween. I used to load the big Semi Trailers at the dock at the Hinky-Dinky warehouse in Omaha and would estimate that there IS about a truckload just in the double-wide aisle!!

My wife drinks a LOT of Perrier Water as part of her lose-weight regimen and we like the lemon flavored but Robin voted for the Lime-

Continued on page 16

Need Addresses

None this month

We have lost track of the above members. If you know their whereabouts, please have them contact Chris Downing at 256-828-9740 to update their addresses.

Concerns

This month the following people were reported as being ill or recuperating and need our support and prayers:

None this month

Persons to contact are:

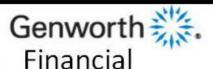
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Navy/USMC Representative: **Vacant**

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Carrie's Notes

Mrs. Carrie Hightower, 256-882-3992 MOAA Auxiliary

Our meeting on Tuesday, October 15th was attended by four members due to illness and drop outs. We need to build up our membership. Canasta is very simple and easy to learn. For more information please call Ursula Spicer at 256-881-4741. Our next meeting will be on Tuesday, November 19th at 9:30 AM.

WOW Support Group

What a great turnout we had at Rolo's Café in October. Thirteen of us enjoyed good food and friendship. The next meeting will be held at Cheddar's Café, 6125 University Drive in Huntsville on Thursday, November 21st at 11 AM. Phone (256) 883-7656. Everyone will be called.



Fox Army Health Center Col Edward L. Uher, USAF-Ret



The Faces of Fox Army Health Center

They are the face of Fox Army Health Center. Whether it's greeting beneficiaries as they enter the clinic or answering phone calls, when it comes to Fox Army Health Center, the facility's first line of hospitality lies with its medical support assistants, a dedicated team of 12 individuals who are there to help guide beneficiaries through the patient care process.

"Our Medical Support Assistants are the magic behind the scenes for Fox. These quiet professionals work hard every day to ensure that our beneficiaries and our providers get what they need, says COL Darby."

Working side by side with the primary care providers and their nurses, at least one MSA is assigned to each clinic at Fox. Their responsibilities range from generating no show reports, to adjusting providers' schedules to meet the needs of patients and scheduling appointments. Perhaps the most visible, or rather, audible, part of their job is answering phone calls at Fox's centralized call center, where they answer approximately 250 to 300 calls a day and retrieve messages from the voicemail system.

"We set the mood for the patient when they call," Jocelyn Dunham, medical support assistant, said. "I love it when I'm on the phone. I'm a cheerful person and I'm happy to be here. I enjoy my job

Continued on next page

Fox – continued from previous page

knowing that I'm doing something that is going to help a Soldier and his family members, knowing that his family can be taken care of medically, that's a highlight."

When a beneficiary calls in, the medical support assistant will check their demographics and make sure their address and phone number is correct. From there they'll determine what the beneficiary's medical need is for that call, and how Fox can best address it.

"What we do is put the patient in the right type of appointment, at the right time, with the right provider," Dunham said.

To ensure that happens, while they are not nurses, the medical support assistants know what to look out for to best place a patient in an appointment.

"We have policies and standards that we go by," said Lisa Albert, medical support assistant. "We're not nurses. We're not clinically trained, so we can't make any medical decisions, but we have a list of certain criteria to determine what they need."

Mondays are the busiest time in the call center. Due to the high volume of calls on Monday mornings it would be best if patients, who need to schedule a routine or well appointment, would call in the afternoon to schedule their appointments or schedule their appointment using Tricare online at: www.tricareonline.com.

In addition to answering phone calls, MSAs also manage Fox's RelayHealth email system, a way for beneficiaries to connect with their primary care team online. Through the system, MSAs schedule appointments that have been requested and help patients communicate with their medical team. Fox staff has 72 business hours to respond to messages through RelayHealth.

"RelayHealth is not for urgent care," Albert reminded patients. "Occasionally we will receive messages at 4 p.m. Friday (when the facility is closed) requesting assistance for an issue that is urgent in nature; since the facility is closed we will not be able to attend to that message until Monday.

In situations such as that, beneficiaries should call Fox at 955-8888 to either schedule an appointment or to speak to an advice nurse when calling after hours. For medical emergencies, dial 911.

To enroll in RelayHealth, forms are available at both Fox's information desk, as well as at the clinic's front desks. Patients should fill out the form and leave it with the receptionist. Fox staff will then upload the beneficiary's information and send them an invitation to join. Once enrolled, they can request prescription refills, find out lab results, request appointments and receive guidance from their medical team through a secure, web-based HIPAA compliant messaging system.

Legislative – continued from page 2

Army officer, and the Founder and President/CEO of Partnership Strategies Consulting. He is also a founding partner of Major League Baseball's Washington Nationals and served during the Clinton administration as the Assistant Secretary of Defense for Force Management and Policy, responsible for policies, plans and programs for all military and civilian personnel management. He also oversaw the Department's commissaries/stores and Department of Defense schools. Other members include:

- ➤ Senator Larry Pressler: Rhodes Scholar, U.S. Army Vietnam Veteran (1966-1968). Former Republican U.S. Senator (1979-1997) and Congressman (1975-1979) from South Dakota;
- ➤ Mr. Mike Higgins: Retired U.S. Air Force officer, former professional staff member, House Armed Services Committee (1990-2013) and MOAA Paul W. Arcari Meritorious Service Award recipient in 2005;
- > Senator Bob Kerrey: U.S. Navy Vietnam Veteran, Medal of Honor Recipient. Former Democratic U.S. Senator from Nebraska (1989-2001) and Governor of Nebraska (1983-1987);
- > Honorable Dov Zakheim: Former Undersecretary of Defense (Comptroller) (2001-2004).
- > Congressman Chris Carney: A currently serving naval reserve officer, Carney is a former Democratic Representative from Pennsylvania (2007-2011);
- Congressman Stephen Buyer: Retired U.S. Army Reserve officer. Former Republican Representative from Indiana and former Chairman of the House Committee on Veteran's Affairs;
- ➤ Admiral Edmund Giambastiani, Jr., USN (Ret). Former Vice Chairman of the Joint Chiefs of Staff (2005-2007); and
- ➤ General Peter W. Chiarelli, USA (Ret): Former U.S. Army Vice Chief of Staff (2008-2012).

The Commission has an aggressive schedule and the Pentagon is required to provide their recommendations to the Commission no later than November 1, 2013. Before making their final recommendations to the President, the Commission will examine the impacts of proposed recommendations on currently serving members, retirees, spouses, children and survivors; DoD-specific programs such as pay and retirement, MWR, commissaries, exchanges, housing, dependent schools; DoD and VA programs such as health care, disability, survivor, education, dependent support; Department of Education Impact Aid; and support/funding to states, territories, colleges and universities.

The commission's report is due on May 1, 2014.

• COLA WATCH:

Note: The September COLA announcement was delayed due to the government shutdown. This page will be updated as soon as the latest figures become available.

The August CPI of 230.359 is 1.5% above the FY2013 COLA baseline of 226.936. The 2014 COLA will be based on the July-September CPI average.

With one month remaining, MOAA predicts the 2014 COLA will fall between 1.3% and 1.7%.

Summit Club - Holiday Menu







Holiday Dinner

Tossed Salad with Sliced Cucumbers, Cherry Tomatoes and Ranch or House Dressing
Roast Beef Carving Station – London Broil with Mustard Caper Sauce and Petite Party Rolls
Tender Oven Roasted Turkey Breast
Mashed Potatoes with Brown Gravy
Whole Green Beans Almandine
Yeast Rolls & Butter

Ice Water – Coffee – Sweet or Unsweetened Iced Tea German Chocolate Cake

HUNTSVILLE CHAPTER MOAA CHRISTMAS PARTY

SUMMIT CLUB SATURDAY EVENING, 14 DECEMBER 2013

COCKTAILS - No Host/Cash Bar - 6:00 pm President's Remarks and Dinner - 7:00 pm MUSIC – "Raw Material" - The AMC Show Band DOOR PRIZES

DRESS: Military Dress Uniform/Coat & Tie for the men - Cocktail Dress/Formal for the ladies

\$20.00 PER PERSON (Includes Dinner, Gratuity and Entertainment)

RESERVATIONS NLT THURSDAY 5 DECEMBER
MAIL THIS FLYER WITH YOUR CHECK TO: HCMOAA Box 1301 Huntsville, AL 35807

FOR ADDITIONAL INFORMATION CALL CARRIE HIGHTOWER AT 882-3992.

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NAME TAG INFORMATION - PERSONS IN MY PARTY WILL BE: (PLEASE PRINT)

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Chaplain's Corner CH (LTC) Bert Wiggers, AUS-Ret

I Will Praise the Lord All My Life

Praise the Lord. Praise the Lord, O my Soul. I will praise the Lord all my life; I will sing praise to my god as long as I live. Psalm 146:1-2 (NIV)

During the 1850's, in Edinburgh, Scotland, there was a good-hearted shepherd named Jock Gray who made his way in from the meadows daily with his Sky terrier, Bobby. Jock would stop off at the Traills Coffee House and pick up lunch and a bone for Bobby. They ate lunch together daily for several years until one day Jock collapsed and died. He was buried in the Greyfriars Kirk Church Cemetery.

After Jock was buried, his dog showed up at the door of the Traills Coffee House at one o'clock as he had with Jock. This continued each day and the proprietor would give Bobby a bone. One day the owner followed Bobby through the town. The dog led him to Jock's grave where Bobby laid down and quietly chewed his bone. For the next fourteen years, until his death, Bobby continued to quietly have his lunch at his master's grave. Some townspeople built a little doghouse for him in the cemetery and the Traills Coffee House continued to feed Bobby. The Lord Provost personally paid for Bobby's dog license. When Bobby died he was buried near his master.

In 1873 Baroness Burdett-Coutts was so charmed by Bobby's faithfulness to his master that she had a bronze monument erected outside the Traills Coffee House for the little Skye terrier.

A little dog never forgot his faithful master. Do we take the Lord Jesus' care and faithfulness for granted? Let us answer that question in our hearts this Thanksgiving season and continue to praise our God daily throughout our lives.



MOAA Widow's Luncheon Liz Townsend 256-721-9762

8 November 2013

The MOAA widow's luncheon will be held on Friday, 8 November at Victoria's Café, 7540 South Memorial Parkway, Huntsville. Phone: 256-881-0403.

Fran Tyra will be our hostess. We will meet at 11:00 AM.

Please call the telephone committee: Fran Tyra, 256-881-6938 for reservations.

WELCOME NEW MEMBERS TO HUNTSVILLE CHAPTER MOAA

LTC Sylvester "Wes" Clymer

HCMOAA is reporting time spent on volunteer activities to Redstone Arsenal. Please keep track of your volunteer hours throughout the month and report them to Ray Weinberg at 256-885-0089 or ray.kw@juno.com.

Scholarships



The Chapter has instituted an active scholarship program. In conjunction with the Redstone Women's Club, we will issue one scholarship each year to a deserving student.

Please consider making a donation to our program. Contact Norb Patla for details.



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Attention Annual Members

It's not too early to renew your membership for next year – why wait until the last minute

The Chapter has one of, if not the, lowest membership rates in the country at \$10 You can't even get lunch for \$10 these days

You can also renew for multiple years and lock in that low rate

Don't want to worry about renewing ever again - consider becoming a Chapter Life Member – contact Robert Szeremi at 256-883-5127 for the details

Update: Fox Army Health Center Renovations

Due to on-going renovation upgrades within our Facility, Fox Army Health Center East entrance near the Laboratory and Command Group areas will be closed from Tuesday, 15 October 2013 until further notice. Please utilize all entrances near the Pharmacy on the South side of the building for your Clinical needs. We apologize for any inconveniences that this may cause. Fox Army Health Center is committed to ensuring that you have a world class Facility for your patient care experience. Thank you for choosing Fox!

OxyElite Warning

The Centers for Disease Control and Prevention (CDC) and Food and Drug Administration (FDA) published guidance last week for the public to stop using any dietary supplement labeled as OxyElite Pro. This was done in response to over two dozen cases of acute hepatitis in Hawaii that are linked with this product since April of this year.

As a precaution, the DOD has ordered the removal of any OxyElite Pro products from bases, typically the GNC concessions.

Soldiers and their families who have been using this product should stop immediately. If they believe they have been harmed by the use of this product should contact their health care provider. Health care providers are asked to report any adverse events related to the use of OxyElite Pro to the FDA's MedWatch Safety Information and Adverse Reporting Program at: www.fda.gov/MedWatch/report.htm

FDA Guidance:

 $\frac{http://www.fda.gov/Safety/MedWatch/SafetyInformation/SafetyAlertsforHumanMedicalProducts}{/ucm370857.htm}$

CDC Guidance: http://emergency.cdc.gov/HAN/han00356.asp

We continue to encourage Operation Supplement Safety (OPSS) through available communication channels so that all Service members can make informed decisions about supplement use.

OPSS Webpage: http://hprc-online.org/dietary-supplements

OPSS Mobile Apps:

iOS: https://itunes.apple.com/WebObjects/MZStore.woa/wa/viewSoftware?id=712551704&mt=8

Android: https://play.google.com/store/apps/details?id=trc.opss&hl=en



Get Connected!

MOAA Connect

Check out MOAA's new members-only collaboration tool to find old friends and colleagues, participate in discussions, and join or create interest groups. You can even see current communities you're already a member of; like MOAA chapters and state networking groups.

Go to: connect.moaa.org

TOPS is now the Transition Center

National MOAA has reorganized and merged two departments, resulting in a name change. The Officer Placement Service, known as TOPS, and the Benefits Information and Financial Education departments have merged together to form the Transition Center.

The new Transition Center will serve as a one-stop shop for national MOAA members and their spouses in transition. The department will provide financial and health care education, answer questions regarding earned benefits and entitlements, assist those filing VA claims through MOAA's new veteran service officer pilot program, and provide career-transition support through a range of self-marketing assistance.

With all of these changes came some new monikers. Members who call MOAA's Member Service Center and ask for a representative in the TOPS Department now will be transferred the Transition Center. Chapter TOPS liaisons now will be called chapter or council transition liaisons. The title of state networking coordinator remains unchanged. Council and chapter leaders are encouraged to use the new department and position titles to avoid potential confusion



September Meeting - Guest speaker KC Bertling receives certificate of appreciation

Membership Statistics

Total Members: 485

Auxiliary Members: 82

Life Members: 263

Members recruited this month: 1

Member deaths this month: 1



November Membership Meeting Guest Speaker

Major General William T. Crosby Program Executive Office, Aviation

MG William T. (Tim) Crosby assumed duties as the Program Executive Officer, Aviation on 12 December 2008.

MG Crosby entered the Army as a Field Artillery Officer after graduating from The Citadel in 1979 and was assigned to the 24th Infantry Division serving as Fire Support Team Chief, Battalion Fire Direction Officer, Special Weapons Officer, and Battery Executive Officer.

Following this assignment, MG Crosby entered flight school at Fort Rucker, AL where he was awarded his aviator wings in May of 1982. Upon completion of flight school, MG Crosby attended the CH-47 Transition and was assigned to the 205th Aviation Company in Mainz Finthen, West Germany where he served in successive positions as Flight Platoon Leader, Executive Officer, and Operations Officer.

MG Crosby then returned to Fort Rucker to attend the Aviation Officer Advanced Course, was awarded a Research and Development Functional Area, and was assigned to the U.S. Army Aviation Development Test Activity in January of 1986 conducting developmental flight testing on CH-47, UH-60, and fixed-wing aircraft. In February of 1990, MG Crosby returned to Europe to command the VIIth Corps CH-47 unit and deployed his unit to Southwest Asia to participate in Operations Desert Shield and Storm. He commanded the unit for just under two years followed by an assignment as a battalion executive officer. Following staff college, MG Crosby was assigned to PMO Comanche in 1993, where he held the positions of Logistics Management Officer, Assistant Program Manager (APM) for Training and Simulation, APM for MANPRINT, and APM for Test and Evaluation.

MG Crosby left Comanche in June of 1996 to serve as a Weapons System Program Evaluator in the J8 Directorate of the Office of the Joint Chiefs of Staff. After a two year tour on the Joint Staff, he was assigned to serve as the first Product Manager for the Improved Cargo Helicopter Program, now known as the CH-47F. MG Crosby attended the Air War College at Maxwell Air Force Base and earned a Master's Degree in International and Strategic Studies. While at War College, he was selected for promotion to Colonel and was selected to be the Project Manager for the Army's Cargo Helicopter Program.

MG Crosby completed his tour of duty as the Army's Cargo Helicopter Project Manager and conducted a change of charter on 24 August 2006. He was immediately reassigned as the interim Project Manager for the newly formed Armed Scout Helicopter Program Office on 25 August 2006 and remained in that position until the command slated Armed Scout Helicopter Project Manager arrived on 17 October 2006. He then served as the PM Reset charged with integrating the effort to Preset and Reset the aircraft going to and returning from combat deployment. In May 2007, MG Crosby became the Deputy Program Executive Officer, Aviation.

He was promoted to the rank of major general in February 2011. MG Crosby is married to the former Janice McIntosh from Sumter, South Carolina. They have three children: Rebecca, Sara and Will.

30 Birthdays in November Happy Birthday!



COL George Shepard, USA
COL Carl Steimle, USA
COL Eugene Hagewood, USA
MAJ Julius Plucker IV, USA
CAPT Alan Maiorano, USN
MAJ George Wandler, USA
LTC Tom McLaughlin Jr, USA
LTC Paul Williams, USA
COL Harold Stubbs, USA
LTC Jose Velasquez, USA
LTC Edwin Kennedy, USA
William Timperly, USA
COL Sherwin Arculis, USA
LtCol Lewis Alford, USAF
CW4 Tommy Sandner, USA

Mrs Clara Kirsopp
CW3 William Billingsley, USA
Col Andrew Setlow, USAF
Capt Delbert Hall, USAF
LTC Peter Maloney, USA
LTC Gerald Dwyer, USA
CW4 Samuel Whitaker, USA
CW3 Kenneth Albrecht, USA
Col Gerald Maxwell, USAFR
LTC James Scott, USA
Mrs Venita Proctor LTC
CWO James Armitage, USA
CAPT Donald Hauler, USN
LtCol William Love, USAF
LTC Sylvester Clymer, USMC

FOX ARMY HEALTH CENTER 2013 FLU SHOT SCHEDULE

The Fox Army Health Center (FAHC) annual Flu Campaign will begin on 1 November 2013. TRICARE Prime with providers at FAHC will be offered flu shots during scheduled appointments beginning 1 November 2013. All other beneficiaries may receive shots as scheduled below: 1) A/D and their family members, military retirees and their family members (Active Duty members have priority).

- 1) A/D and their family members, military retirees and their family members (Active Duty members have priority)
 - Tuesdays 5, 12, and 19 November, and 3 and 10 December
 0800-1200, Fox Den, basement of FAHC
 - Thursday 7 November, 1600-1900, Primary Care Clinic, 1st Floor, FAHC
 - Saturday 16 November, 0800-1130, Primary Care Clinic, 1st Floor, FAHC
 - Tuesday 26 November, 0900-1400, Redstone Arsenal Commissary (adults 18 and over)
- 2) Current DOD Civilian employees with CAC card (We regret we are unable to vaccinate DoD civilian family members, retired DoD civilians, or contractors).
 - Tuesdays 3 and 10 December, 0800-1200, Fox Den, located in the basement of FAHC

Flu shot screening forms and Vaccine Information Statements for adult and pediatric vaccines will be available for printing beginning 15 October on the FAHC website at www.redstone.amedd.army.mil and onsite. For more information, please call 256-955-8888, x1441.



TAPS

COL Hal Bennett, Jr., USA

Our deepest sympathy to the families of our departed friends

MEMORIALS

If you would like to send a memorial contribution to the Huntsville Chapter MOAA, please send the following information along with your check to:

Memorials, HCMOAA, P.O. Box 1301, Huntsville, AL 35807

In memory of:	
By:	

Treasurer's Report CAPT Richard West, USN

For the Month of September 2013

Beginning Balance	\$9104.57
Credits	3929.00
Debits	3518.32

Ending Balance \$9515.25





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Convert to the e-mail-only version of this newsletter and increase the funds we allocate for charities. New members automatically receive the e-mail version unless a print copy is requested. To convert to the e-mail version please contact:

brobinso@mitre.org

Web Page: huntsvillemoaa.org

X / *Commissary* – *continued from page 3*

flavored. It helps keep me off my cans of Coca-Cola! When I was a much younger officer we would wash our cars on Saturday morning while drinking Perrier Water mixed with "something."

Veteran's Day will include a promotion with some good sales and activities. The store will have just about everything needed for your Thanksgiving meal but the best "stuff" always goes first. There will just be the two of us with maybe a few family members so we will have a Turkey Breast done on the grill over Hickory Charcoal and a thermometer because I really don't know what I'm doing.

I asked about festive fruit baskets and this is in the "IF" category. If they can get the colored cellophane, if they can get the baskets, if ... and so on. I used to give as many as six fruit baskets at Christmas but ...

The deli used to put the leftovers of cheese and sliced meat in clear-wrapped trays on top of the counter. They cannot put them up there anymore but they have them, so ask. It is a good way to get a small (cheap) sample of something you may not normally buy. I have friends who will testify that I, too, am cheap and I check the tail-end slices frequently!! Have a great Thanksgiving!