

### Redstone Arsenal RETIREE BULLETIN





### 47th Annual Soldier For Life - Retiree Appreciation Day 2018

On behalf of LTG Edward M. Daly, Senior Commander, Redstone Arsenal, and Colonel Kelsey Smith, Garrison Commander, we would like to welcome military retirees from all branches of the U.S. Uniformed Services and their dependents, to the 47th Annual Redstone Arsenal Soldier For Life - Retiree Appreciation Day events, September 21-22, 2018. We sincerely appreciate your attendance and hope that you find this year's program both informative and useful.

Reuben J. Ferguson
Installation Adjutant General

Edward (Ed) Adams
Retirement Services Officer

1LT Charles Coats (Ret) Co-Chairman, Military Retiree Council

Mrs. Tamrah Harris, RN SFL-RAD Health Fair Coordinator, FAHC Leroy Allen, Jr (Acting) Retirement Services Officer

SGM Javis Kincaid, USA (Ret) Co-Chairman, Military Retiree Council

Reuben J. Ferguson Transition Services Manager











## Soldier for Life - Retiree Appreciation Days Activities 21 – 22 September 2018

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Post Info: Redstone Arsenal Operator (256) 876-2151

For Hotel Reservations please call (256) 924-7707 or online www.ihg.com



## Hot

#### **Hot Topics**



There will be NO FLU SHOTS at the 2018 Retiree Appreciation Day.

We all can take action to help prevent suicide, but many people don't know what they can do to support the Veteran or Service member in their life who is going through a difficult time. A simple act of kindness can help someone feel less alone. Suicide prevention can start with one simple act of support: Be There.

Veterans, Service members, and their loved ones can call 1-800-273-8255 and Press 1, send a text message to 838255, or chat online to receive free, confidential support 24 hours a day, 7 days a week, 365 days a year, even if they are not registered with VA or enrolled in VA health care.

Since its launch in 2007, the Veterans Crisis Line has answered nearly 2.8 million calls and initiated the dispatch of emergency services to callers in crisis nearly 74,000 times. The Veterans Crisis Line anonymous online chat service, added in 2009, has engaged in more than 332,000 chats. In November 2011, the Veterans Crisis Line introduced a textmessaging service to provide another way for Veterans to connect with confidential, round-the-clock support, and since then has responded to more than 67,000 texts.

Don't forget to Visit Army Echoes and MyPay for changes and updates to Retiree issues.



### United States Army Garrison – Redstone





Colonel Kelsey Smith's hometown is Bellingham, WA; He graduated and was commissioned as a Distinguished Military Graduate from Gonzaga University in Spokane, WA in 1995. After completion of flight school in 1996, he was assigned to 1st Battalion, 4th Aviation Regiment at Ft. Hood serving as an AH-64A platoon leader and III/V platoon leader. COL Kelsey has served on several deployments consisting of Bosnia, Iraqi, Afghanistan and others. He attended the U.S. Marine Corps Command and General Staff College in Quantico, VA where he received a Masters of Military History. He has served in numerous operational assignments in peacetime and war, prior to assuming command of Redstone Arsenal; his most recent being the Executive Officer to the Aviation and Missile Command (AMCOM) Commanding General in Huntsville, AL.

#### **Welcome Message:**

Team Redstone continues to raise the bar on the standards of excellence; it thrives because of the Soldiers, Civilians, Retirees and Families that make up this great community. As one we grow and move forward into the future, not only on Redstone Arsenal, but throughout the surrounding area. As such, it is vital that we give back to those who contribute so much; the Retiree Appreciation Day events are one such means of accomplishing that goal. We hope you enjoy the activities that have been planned and we look forward to your participation and feedback. Thank you for your continued support.



Redstone Arsenal is one of only four installations in the continental U.S. that conduct a multi-day Soldier for Life – Retiree Appreciation Days event.

This bulletin was emailed to more than 41,000 retirees in North Alabama and southern Tennessee.

Redstone Arsenal SFL-RAD is always scheduled the third full week of September.

Redstone Arsenal is 38,162 acres and has over 19 million square feet of buildings.

There are more than 41,000 employees on Redstone Arsenal with an average salary of \$87,000.

There are 17 major activities on Redstone Arsenal which include, Marshall Space Flight Center (MSFC), Space Missile Defense Command (SMDC), Army Material Command (AMC), Army Contracting Command (ACC), and the Aviation and Missile Command (AMCOM)

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#### **Soldier For Life - Army Retirement Services Office**



(SFL-RSO) Information Ed Adams, SFL-RSO, 3494 Honest John Road (Inside One Stop) Redstone Arsenal AL 35898 Hours: Monday – Friday 0800 – 1530

The SFL-RSO (Ed Adams) acts as the liaison between the retirees and the State and Federal agencies that provide retiree services.

The SFL-RSO provides a myriad of services for both active duty Soldiers, retirees and family members: Survivor Benefit Plan, Retirement Applications, Pre-Retirement Counseling, Blended Retirement System, Assistance with Retired Pay accounts, VA benefits, Retiree Benefits and Entitlements, Combat Related Special Compensation (CRSC), Concurrent Retirement and Disability Payments (CRDP) and the annual Soldier for Life-Retiree Appreciation Day (SFL-RAD) and the bulletin.

It is our desire to provide exceptional and professional service to all our customers. Unfortunately due to the reduction in overall manpower, in order to guarantee you will be seen within a reasonable allotted time - you are encouraged to make an appointment for all retirement visits. Walk-ins will be attempted to be seen; however, it may be necessary to reschedule for a later time and/or date. For appointments contact the SFL-RSO at: <a href="mailto:usarmy.redstone.imcom.mbx.retirement-services@mail.mil">usarmy.redstone.imcom.mbx.retirement-services@mail.mil</a>

The SFL-RSO would like to especially thank the volunteer membership of the Redstone Military Retiree Council (MRC) for its tireless efforts throughout the entire year.

As IMCOM and USAG Redstone continue to refine the Garrison website, we encourage you to visit the USAG Redstone Facebook page for the most up to date information not only pertaining to Retirees and their families, but the installation and community as well. The site can be found at <a href="https://www.facebook.com/teamredstone">https://www.facebook.com/teamredstone</a>.

#### Seeking Military Retirement Information by Service online?

Army: My Army Benefits: http://myarmybenefits.us.army.mil

Marines: Separation & Retirement Branch: https://www.manpower.usmc.mil

Navy: Retirements & Separations: http://www.public.navy.mil/bupers-

npc/career/retirement/Pages/default.aspx

Air Force: Air Force Retiree Services http://www.retirees.af.mil

Coast Guard: PPC Retiree & Annuitant Svc Branch http://www.uscg.mil/ppc/ras















Paul J. Frost, AFC®
Program Director,
Financial and Benefits Education/Counseling/Veteran Services
Transition Center, Military Officers Association of America (MOAA)

Paul Frost, a retired Navy Captain, was appointed as the Program Director, Financial and Benefits Education/Counseling/Veteran Services in March 2015. As Program Director, Paul is co-lead with Lt Col Shane Ostrom, USAF (Ret) on MOAA's Financial and Benefits Education program and is also an Accredited Veteran Service Officer (VSO), providing VA claims assistance to eligible veterans and acts as a trainer and mentor for MOAA's Volunteer VSO cadre.

Prior to his appointment as Program Director, Paul was one of our pioneer VSO Volunteers, undergoing approximately 100 hours of VA claims' training and filing 29 claims in the program's first year.

Paul retired in 2012 after more than 29 years of service. His final billet, from 2010 to 2012, was as Deputy Commander, Navy Region Southwest Asia. His responsibilities included providing naval installation management and support for the Navy's FIFTH Fleet in the Kingdom of Bahrain and the United Arab Emirates. From 2007 until 2010, Paul was the Chief of Staff, Joint Interagency Task Force West, U.S. Pacific Command's Executive Agent for DOD's counter-narcotics program in the Asia-Pacific theater. From 2001 until 2002, Paul commanded a Maritime Patrol Aviation squadron (VP-5) based out of Jacksonville, Florida. His squadron was deployed to the Mediterranean during the September 11 attacks and his aircrews participated in Operation Enduring Freedom operations.

Paul holds a Bachelor of Science degree in Business Administration/Finance from the University of Southern California and a Master of Science degree in National Resource Strategy from National Defense University. In Nov 2016, he completed a rigorous training track and certification as an Accredited Financial Counselor (AFC)®.



### Redstone Arsenal 46th Annual Soldier for Life -Retiree Appreciation Day 21 -22 September 2018



### **Schedule of Events**

Friday, 21 Sep: Honor Walk ~ 0800 at the MWR Community Activity Field ~ A Ceremonial Healing Walk (see insert)

Friday, 21 Sep: Health Fair & Vendor Exhibits ~ The CAC ~

0830-1230 Retiree Health Fair by Fox Army Health Center. Many orgs/ local vendors, and medical reps will be in the conference rooms;

### Friday, 21 Sep: Military Retiree Dinner ~ The Summit ~

Dinner starts at 1800 Speakers will talk about the Redstone Arsenal Community Health Promotion Efforts (see insert)

Summer/Back to School Sidewalk Sale ~ Redstone Arsenal Commissary ~

21-22 September

### Saturday, 22 September 2018 at Bob Jones Auditorium

0600 - 0800 Breakfast at Sparkman Cafeteria

0800 - 0815 Master of Ceremonies-

National Anthem-

Pledge of Allegiance – Young Marines

0815 – 0830 Welcome Address: LTG Edward M.
Daly, AMC and Senior Commander,

Redstone Arsenal (RSA)

0830 – 0900 Redstone Arsenal Update – COL Kelsey A. Smith, Garrison Commander, RSA

0900 – 0930 Fox Army Health Center Update (FAHC,) COL Anthony A. Meador, Commander FAHC

0930 – 1000 Veterans Benefits – Captain (Ret)
Paul Frost, United States Navy
Military Officers Association of America
(MOAA)

1000 - 1015 Break

1015 – 1045 Military Retired Pay Updates – Ms. Lisa Evans DFAS/CL

1045 – 1115 Tricare Regional Office South – Mr. Howard Hughes

1115 – 1145 Retirement Services & Casualty Assistance Update – Mr. Edward Adams

1145 - 1200 Prize Drawings

1300 – close At main Exchange: Cake & Punch; Goodie Bags to 1st 50; Raffle four \$50 Gift Cards

### FRIDAY & SATURDAY FREE AUTOMOBILE INSPECTIONS

The Auto SkillsCenter (Bldg 3617 Entac Circle) 1200-2030 FRIDAY & 0900-1730 SATURDAY

A complimentary Continental breakfast will be provided at the CAC on Friday and a complimentary hot breakfast will be provided at the Sparkman Center on Saturday, 22 Sep. Both are made possible by the generous support of our sponsors:

#### **USAA & RFCU**

#### OTHER KEY SERVICES PROVIDED AT RAD 2018:

Estate & Legal Services – Fri, 21 Sep: 0800 to 1200 at Bldg. 3439 (see insert for details) ID CARDS issuance and assistance – Fri, 21: 0800-1200 Sep at One Stop Bldg 3494 Defense Finance & Accounting Services - Fri, 21 Sep: 0800-1200 at One Stop Bldg 3494 Golf Carts available to escort you from car to venue entrances on Fri & Sat.

#### **Casualty Assistance for Family Members**

Casualty Assistance is provided by Ft Rucker for families of Army Retirees that reside in Alabama. For assistance contact 800-661-1407, 334-255-9005, 334-255-9081. However, Redstone Arsenal can provide assistance for Retirees and family members in regards to starting paperwork for your Survivor Benefits Plan (SBP). We recommend you contact the Retirement Services Office to schedule an appointment first. Walk-ins are welcome but appointments will ensure you are served in a timely manner. For assistance contact (256) 842-2413 or email: <a href="mailto:usarmy.redstone.imcom.mbx.retirement-services@mail.mil">usarmy.redstone.imcom.mbx.retirement-services@mail.mil</a>

Army Retirees in Tennessee should contact Ft. Campbell at 270-798-4727. Additionally, for Air Force Retirees contact 334-953-4545, Marine Retirees contact 866-826-3628, Navy contact 904-542-4008 and Coast Guard contact 504-489-6220. To report a death of a Civil Service Retiree please call OPM (888)767-6738 or (724) 794-8690.

**Notification of Retiree Death** - Submit Fast Forms Online If you have a computer Use DFAS Fast Forms to submit your account change and to report the death of a retiree to DFAS online. Fast Forms (DFAS 9221) can be located at www.dfas.mil and processed quicker than faxed or mailed forms, and they save paper and postage costs. If you do not receive confirmation of receipt from DFAS within 48 hours of submitting a Fast Form, please call 800-321-1080.

Those without a computer, immediate notification of a Retiree's death should notify the Defense Finance and Accounting Service (DFAS) in a timely manner to stop the retired pay. Please call: 1-800-321-1080. If you are unable to reach DFAS, then contact Ft Rucker: 800-661-1407, 334-255-9005, 334-255-9081. The sooner this is done the sooner benefits can be received by the surviving spouse. Be sure to update your family planning checklist and let your family know where it is located. Social Security, and Retired Pay: some papers are important and hard to replace, yet not used often.



#### **LEGAL ASSISTANCE OFFICE**

#### **2018 SFL-RAD**

#### 3439 Honest John Road (256 876-9005)



In support of the 2018 SFL-RAD - - the Redstone Legal Office will provide the following services on a LIMITED FIRST COME, FIRST SERVED walk-in basis: wills, advance healthcare directives and powers of attorney. All you need to bring with you to obtain these services is your ID card and a completed will worksheet (each person must complete their own worksheet).

- Download the will worksheet at <a href="http://osja.redstone.army.mil">http://osja.redstone.army.mil</a> or stop by our office to pick up the form. We are open MON-THR 0900-1200 and 1300-1500; FRI 1300-1500.
- 2. Friday, 21 September 2018, legal representatives will be available from 0800 to 1200 at our location on Honest John Road (Bldg 3439).

The number of appointments with our attorney will be very limited, so please arrive early.





#### **Keeping in Contact with Retirees: Retiree** and Annuitant Email Addresses

In the third quarter of the calendar year, between July and September, DFAS plans to launch an initiative to collect members' email addresses. They are making a tool available online for members to update their email address, and urging both retirees and annuitants to make sure they have an email address on file with them. This information will make it easier for the retiree community to access and update their myPay accounts, and it will free up the Call Center to focus on members who are unable to manage their accounts through self-service.

#### **Establishing New Annuity Accounts**

After a retired member dies, DFAS should receive a notification of the retired member's death through our Customer Care Center, Fas Forms (<a href="http://www.dfas.mil/dfas/retiredmilitary/forms.html">http://www.dfas.mil/dfas/retiredmilitary/forms.html</a>), the Defense Manpower Data Center-(DMDC) or the postal mail. After the notice of death is recorded by our Casualty department, an Annuity Application Packets is sent out to the annuitant.

The annuitant must complete and send the packet to Defense Finance and Accounting Service U.S. Military Annuitant Pay: 8899 E.56<sup>th</sup> Street Indianapolis, IN 46249-1300

The Annuity department has **30 days** from the scan date to process the Annuity Packet. An annuity will not be established until all required documents are provided to make the packet complete.

A complete Annuity Application Packet should have the following documents:

- Verification for Survivors Annuity (DD FM 2656-7)
- ➤ Withholding Certificate for Pension or Annuity (W-4P and or W-8Ben when the annuitant is living in a foreign country)
- Direct Deposit Enrollment Form (SF 1199A) or International Direct Deposit Enrollment Form (SF 1199-I)
- Child Annuitant's School Certification (DD FM 2788) (for child annuitants approaching 18 years of age and older)
- Custodianship Certification (DD FM 2790), required annuitants under the age of 18 (if applicable)
- ➤ Physician Certification (DD FM 2828), for incapacitated child annuitants (if applicable); the forms can be found at <a href="http://www.dfas.mil/dfas/retiredmilitary/forms.htmi">http://www.dfas.mil/dfas/retiredmilitary/forms.htmi</a>
- These forms are available at: <a href="http://www.dfas.mil/retiredmilitary/survivors/Retiree-death/sbp.thml">http://www.dfas.mil/retiredmilitary/survivors/Retiree-death/sbp.thml</a>)

**NOTE:** For assistance contact the DFAS at 1-800-321-1080.



#### RETIRED PAY INFORMATION REMINDER



Retirees are responsible for updating their file at DFAS-Cleveland within **one year** in the event that they marry, remarry, are widowed or divorced and need to update beneficiary information and make or update Survivor Benefit Plan (SBP) election. Address changes should also be reported to DFAS-CL by calling 1-800 321-1080, to ensure receipt of retired pay, newsletters, 1099R forms and retiree account statements.

You may also **start**, **stop**, **or change allotments and change direct deposit** information by contacting DFAS by phone at 1-800-321-1080 or by fax at 1-800-469-6559. Written requests for updates and/or entitlements must be mailed to: **Defense Finance and Accounting Service**, **US Military Retired Pay**, **8899 E. 56<sup>th</sup> Street Indianapolis**, **IN 46249-1200**.

**SBP and Annuitant Pay** inquiries can be mailed to: Defense Finance and Accounting Service, U.S. Military Annuitant Pay, 8899 E. 56<sup>th</sup> Street Indianapolis, IN 46249-1300

#### HOW TO GET A RETIREE ACCOUNT STATEMENT (RAS) COPY



The most convenient way to view, print and save your latest RAS is via myPay. myPay makes your RAS, as well as tax statements and other pay account information, available 24 hours a day. The address is: https://mypay.dfas.mil/mypay.aspx.

If you cannot access myPay or you need a RAS that is no longer in your myPay account, send a detailed written request to: DFAS Retired Pay, 8899 E. 56<sup>th</sup> Street Indianapolis, IN 46249-1200 or Fax: 800-469-6559.

In your request, please include: your name, Social Security Number, signature and the date. Please specify exactly what information you need and the dates you need included in the statement (for example: federal income tax withholding, Survivor Benefit Plan costs and allotments for June 2010 to September 2010). Retiree Account Statements from past years require extensive research. Please allow up to 60 days to process an extended audit of your account.

#### **Your Military Retiree Pay Account**

#### ☐ Monthly Retiree Account Statement (eRAS) ■ Annual or Changed RAS ☐ Turn on/off Hard Copy of Annual RAS ☐ Verification of Pay Letter **Combat Related Special Compensation:** ☐ CRSC Pay Statement Pay Changes: ■ Allotments ■ Beneficiary for Arrears ☐ Correspondence Address ☐ Direct Deposit Taxes: ☐ Federal Withholding ☐ State Withholding ☐ Tax Statement 1099R ☐ Turn on/off Hard Copy of 1099R ☐ Travel/Miscellaneous Tax Statement (W-2) ☐ Turn on/off Hard Copy of IRS Form 1095 ☐ View Court Orders ■ Email Address ☐ Security Questions for Password Resets

Personal Settings Page

Retiree Account Statement (RAS)



Retirees – myPay accounts are established on the 2nd of each month for new retirees. You can continue to access myPay using the Login ID and Password established when you were on Active/Reserve duty.

If you have never established a Login ID/Password, click 'Forgot or Need a Password'. The password will be sent to your mailing address on record with DFAS Retired and Annuitant Pay. Upon receipt of your temporary password select the 'Create an Account' link to establish your Login ID and permanent password. If they do not have your current address, please contact R&A Pay to update your address before requesting a "new temporary" password.



# Military Retiree/Veterans "My Personal Affairs Planning Guide"

Prepared f	or:			
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Compiled by

Military Retiree Council at Redstone Arsenal, AL 35808

http://www.garrison.redstone.army.mil/

Completed Version 7/02/2016

(A simple, easy to use checklist to annotate your military career information, family data, insurance policies, financial data, and other information. When completed, members of your family will have what they need to help settle your estate, funeral and burial actions, meeting your personal desires. Upon completion it is recommended that you provide each member of your family a copy, but that's your choice. Also place a copy for safe keeping (along with your Wills/Discharge (DD214) Papers.)

(Note: A detailed 26 page Survivors plan at: <a href="http://www.narfe.org/pdf/f-100.pdf">http://www.narfe.org/pdf/f-100.pdf</a> sponsored by National Association of Retired Federal Employees, NARFE). References: Military Personnel Office-Redstone Arsenal, Army Community Service, several Huntsville area Funeral Homes, Still Serving Veterans, VA National Cemetery, Tutt Fann Veterans Home, various local veteran organizations. Compiled by: CW3 Alfred Reed (US Army Retired)

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#### Mil Retiree/Vet Planning Guide and References

#### Pre -Deceased Section - Part 1

(<u>To be completed by retired Service Member/Spouse</u> - for Death Certificate, Obituary, Eulogy)

*Name-Phone number for A	ssistance:
(Could be Minister or family or Milit	ary Casualty Assistance or Funeral Home, if pre-arranged)
*Executor of the Estate/Will	:
Veterans Information: (For D	eath Certificate & Newspaper)
Full Name (Incl Middle):	Retired Rank:
Social Security Number:	Old/New Mil Service Number:
Date of Birth:Plac	e of Birth: Home Phone:
Home Address:	County:
Organ Donor: Yes/No Is there a W	ill: Yes/No Living Will: Yes/No Power of Attorney: Yes/No
Receiving Social Security: Yes/No (	Active-Retiree Wills/POA can be provided by on-post Legal Offices)
Date Entered Military:	Date Separated/Retired:
Military Retired Pay: Yes/No VA o	disability: Yes/No Long Term Care Policy:
Check: Married: Widowe	d: Divorced: Never Married:
Current Spouse:	(Maiden Name):
Eligible for Survivors Benefit Plan: Ye	es/No Civilian Pension <u>: Yes/No</u> _ Cell Phone#:
Place of Marriage:	Spouse SSN:
Divorced Spouse:	Date of Divorce:
Mothers Name:	Fathers Name:
Children: (Names/Birthdate/Address	)
(1)	
(2)	
(3)	<u>.</u>
Physician:	Minister:
Financial Advisor:	Lawyer:

#### Funeral Arrangements: Part 1 Continued:

 $^{**}$ Has the funeral been "Pre-arranged", if so Name, Phone Number, Policy #:

Do "You" want Burial or Cremation:	Do you want a Memorial Service: Yes/No
Place of Funeral Service:	
Place of Visitation:	
Place of Burial:	Plot Purchased? Yes/No
Special Persons Notifications:	·
(Suggest a listing or "roll call" or "call chain" of w	rho calls who)
Do you want Military Honor Guard requested: Y	es/No
Do you want Patriot Guard Riders or other "Spec	cial Groups/Organizations":
Do you want to be buried in Uniform, If available	e? : Yes/No
Do you want burial in a National Cemetery: Yes/l	No www.cem.va.gov/:
Employers Name/Phone/Supervisor:	
Documents & Location (Needed imme	ediately):
DD 214 (Active Duty Discharge)	Power of Attorney (Not Valid after death)
Living Will (if you are incapacitated)	Current Will (with Addendum for bequests)
Pre-Arranged Funeral Home Policy	Burial Plot Policy/receipt
Insurance policies (to pay expenses)	Is a Guardian Appointed for Minors/Disabled
Obit/Eulogy	Special Readings
List of organizations/groups to notify	Special Traditions to Follow

#### Part 2

#### **UPON THE DEATH OF YOUR VETERAN**

(Funeral Section - for Death Certificate, Obituary, Eulogy)

\*Note-These actions will be assisted by your chosen Funeral Home/Director

#### To be done immediately:

Encourage delay in social media posting until after this step

**Call 911 If death occurs at home.** (The Police will assist with notifications)

Select and/or notify the Funeral Home (\*If pre-arranged, most decisions will have been made, just call their contact Phone #\_\_\_\_\_)

If your Veteran is an Organ Donor ensure the Mortuary is informed, if the Veteran has passed in a hospital or at home with Hospice, ensure they are aware of "organ donor" status

Make immediate family and close friend notifications; let others help you (<u>Use call tree</u>);

#### **To be done next day:** (With Funeral Director assistance & Completed PART 1):

Remember that the VA does "NOT" cover all costs of a veteran's funeral. (Plot, Vault, Opening/closing and Flag.) Details and pricing options will be provided by the chosen Funeral Director and/or <a href="www.cem.va.gov/">www.cem.va.gov/</a>.

Establish contact with chosen Funeral Home, meet with Director and Focus on the funeral/memorial service, dates and times, financials. (Take someone you trust with you to help with decision making. Decide in advance the maximum amount you can spend)

If military cemetery is desired, the Funeral Director will help. The US Department of Veterans Affairs National Cemetery Administration website has a listing by state with contact information.

http://www.cem.va.gov/cems/nchp/alabama.asp or call: 1 (800) 827-1000 (Recent change: Pre-eligibility of grave sites IS NOW allowed, also note, a spouse can be buried in a National Cemetery)

Start several "to do" and thought lists. A "last wishes" list. Are there things that your loved one would have liked or preferred? Write it down.

If you have ties to another geographical area or home town, consider posting obituary there as well. Watch the cost of the obituary, it can add up quickly.

If there will be an open casket, select what your Veteran will wear. If it is a uniform, seek help from another Veteran or Veterans Organization to ensure that it is properly displayed. If you want anything else placed in the casket, such as a cross or rosary, ensure that it, along with clothes are delivered to the Funeral Home as soon as practical.

#### Part 2 Continued:

The degree of military honors afforded an Active/Retiree/Veteran vary. The Funeral Director will be able to help. Other resources include the Casualty Assistance Office on your nearest Base, Military OneSource <a href="http://www.militaryonesource.mil/family-and-relationships/casualty-assistance-and-surviving-loss">http://www.militaryonesource.mil/family-and-relationships/casualty-assistance-and-surviving-loss</a> or contact the Military Cemetery Administration at <a href="http://www.cem.va.gov/">http://www.cem.va.gov/</a> or 1 (800) 827-1000.

Consider requesting the presence of Patriot Guard Riders, American Legion, or VFW. These are dedicated group of Veterans and volunteers who will provide a military presence at Veteran and Military Services. Support can be requested on their website at: <a href="https://www.patriotguard.org/content.php">https://www.patriotguard.org/content.php</a>

#### Within a Few Days: Important notifications/Contacts:

Notify anyone who was sending your Veteran checks including retirement(s), social security, or employer. Here are some common numbers:

Army - Ft Rucker Casualty Assistance (334) 255-9081 (24 hour automated line), or Benefits (334) 255-9005

Redstone C	asualty Assistance (2	56) 876-4252, (256) 824-27	18
Navy 1-	800-368-3202	Air Force 1-800-433-0048	Marine Corps 1-800-847-1597
Coast Guar	d 1-800-772-8724	Redstone ID card Section 256	5-842-2413 or 256-313-0018
Army	Emergency Relief 25	6-876-5397 (For emergency fur	nds for immediate needs of survivors)
Defer	se Finance and Acco	unting Services (DFAS) 800-321	1080
DEERS	S/ID Card/Medical Up	date 800-538-9552	
Office	of Personnel Manag	ement (For federal civilian emp	ployees) 1-888-767-6738
Social	Security 1-800-772-1	213 (there may be a \$255 ben	efit)
Veter	ans Administration 1	-800-827-1000 (there may be a	burial benefit, Headstone, Certificates)
	•	ce Office (they will also be able ny unpaid salaries/benefits)	e to help on life insurance, cancelation of medical
" <u>Locate</u> " t	ne following docume	nts (in addition to those in Par	rt 1):
Milita	ry Retirement Orders	Previous Death Certific	cates Retired Pay Statements
VA Di	sability Paperwork	Marriage Certificates	Safe Deposit Box
Divor	ce Decrees/Pre-Nups	Citizenship/Passports	Papers Real Estate Deeds
Birth/	Adoption Certificates	Bank Acct Statements	Tax Returns
Vehic	e Titles & Registratio	n Insurance Policies	Investment Statements
On Lir	ne/Computer passwo	rds (phone, Banking, Facebook	s, etc)

<u>"Pay"</u> the follo	wing (or be prep	pared to Pay)	:		
Funeral Ex	kpenses (Averag	e cost \$3500	-\$12,000) Incom	ne taxes (regula	r filing time frame)
Burial Plot	t/Urn/Vault	Current o	r Urgent Bills Mo	nument/Marke	er for the gravesite
Clergy	Organist	Florist	Transportation	Clothing	Ambulance

#### Follow-on Actions Part 3

#### Within a Few Weeks:

Consider both ID Theft and Social Media. Notifications can be made to Credit Reporting agencies such as TransUnion or Experian for a death to prevent ID theft. Social Media Sites you should close accounts and reopen a new if desired or as a minimum change the passwords as soon as possible.

The Funeral Director will order Certified Death Certificates. Order 6 to 10 copies for financial and insurance companies. Many organizations require "certified copies" (with raised seal), but some will accept scanned images.

Notify all life insurance companies. Research to see if there are small "add on" policies that might be associated with such things as Credit Union membership, bank accounts, or through your employer.

Notify home insurance company. Notify auto insurance company

Notify your banking and your mortgage holder institutions. They will require a copy of the death certificate to make changes to joint accounts.

Request new debit card (if you use one) and delete all others once it arrives. (Note: This will force service providers to contact you to continue charging to automatic payment accounts)

Notify creditors including credit card issuers. *Caution*: if the card/account is only in the Veterans name, some companies will immediately turn off the card and you will not have access to the services. If you need the card, delay the notification until you can establish one in your own name.

Decide whether a lawyer will be required to assist with probate or estate handling. While expensive, getting good legal advice can be invaluable during this critical time. If retired military, On-Post Legal Office may be able to help or refer.

If you have home security system, notify provider.

Cancel email and website accounts, if possible. If not, they will just become inactive over time. Change the passwords for major accounts like Amazon, Apple, etc., even if they are in your name alone.

If you have had a joint checking account, consider whether you want to add someone you trust onto the account in case of emergency. Make this decision carefully. Death Certificate will be needed.

Review your wills and/or trusts to reflect your new status and desires (May not be required)



#### What's happening?

The TRICARE Retiree Dental Program (TRDP) will end on December 31,

2018. TRDP enrollees will have an opportunity to enroll in the Federal Employees Dental and Vision Insurance Program (FEDVIP), with coverage effective January 1, 2019. FEDVIP offers benefits similar to the TRDP and a choice of carriers and plan options. You'll have the ability to select from a

number of nationwide/international and regional dental carriers, including Delta Dental.

Delta Dental has proudly served the TRDP military retiree community for the last 20 years.



#### When do I need to take action?

To avoid any disruption in coverage, you'll need to select a new plan during the Federal Benefits

Open Season, which runs from November 12, 2018, through December 10, 2018, for coverage effective January 1, 2019.

There is nothing you need to do to disenroll from the TRDP, as that will happen automatically at year's end.

#### Why choose a Delta Dental FEDVIP plan?

We make it easy to take care of your oral health with great benefits, affordable rates, and a large network of dentists nationwide. The same Delta Dental team you have known and trusted for your TRDP dental coverage also supports our FEDVIP plans.

In FEDVIP, Delta Dental offers a choice between two great plans to meet your needs.

- The Standard Plan option offers quality care at a low premium and a per person in-network maximum of \$1,500.
- The High Plan option offers greater coverage and an increased per person in-network maximum of \$30,000.
- The odds are your dentist is already in-network! Check our FEDVIP dentist directory to find out. Visit providers4you.com/fedvip.
- Preventive care is critical to your overall health and shouldn't cost you anything. That's why it's 100% covered under Delta Dental's FEDVIP plans when you visit an in-network dentist.

#### How do I select a new FEDVIP plan?

The first opportunity you'll have to enroll in a FEDVIP dental plan is during this year's Federal Benefits Open Season, which runs from November 12, 2018, through December 10, 2018, with coverage effective January 1, 2019. To prepare for Open Season, visit TRICARE.benefeds.com. Here you can find information to research plans, sign up for alerts and reminders, and learn more about FEDVIP.

You'll be able to enroll online or by phone through BENEFEDS, which is the government-authorized and U.S. Office of Personnel Management (OPM)-sponsored enrollment portal. BENEFEDS also manages the billing systems and customer service functions necessary for FEDVIP enrollment and the collection of FEDVIP premiums.

Delta Dental is a registered mark of Delta Dental Plans Association.





TRICARE is a registered trademark of the Department of Defense (DoD), Defense Health Agency (DHA). All rights reserved.

(1)

#### Compare your TRDP plan to current Delta Dental FEDVIP plans

The chart below shows an overview of how TRDP Enhanced plan benefits compare to the current benefits available with each of Delta Dental's FEDVIP plans. Benefits and rates for 2019 will be available in October 2018.

Plan Profile / Comparison	TRDP Enhanced Plan	Delta Dental FEDVIP Standard Plan	Delta Dental FEDVIP High Plan
Benefits	Percent Allowed Amount	In-Network / Out-of-Network	In-Network / Out-of-Network
Cleanings, exams and x-rays (Class A - FEDVIP)	100%	100% / 60%	100% / 90%
Fillings, sealants, space maintainers (Class B - FEDVIP)	80%	55% / 40%	70% / 60%
Perio cleanings*, oral surgery, extractions (Class B - FEDVIP)	60%	55% / 40%	70% / 60%
Root canals and gum surgery (Class C – FEDVIP)	60%	35% / 20%	50% / 40%
Crowns, implants, bridges, dentures (Class C - FEDVIP)	50%**	35% / 20%	50% / 40%
Orthodontic (Class D - FEDVIP)	50%**	50% / 50% Dependent children up to age 19 only	50% / 50% Dependent children up to age 19 only
Per Person Deductible	\$50 (per person, \$150 cap per family, per benefit year) Diagnostic, Preventive and Ortho services are exempt	\$0 / \$75 Only applies to Class B & C services	\$0 / \$50 Only applies to Class B & C services
Annual Maximum Benefit Per Person	\$1,300 (Separate Annual \$1,200 Dental Accident Max)	\$1,500 / \$600	\$30,000 / \$3,000
Orthodontic Lifetime Maximum	\$1,750 12 month waiting period	\$2,000 / \$1,000 12 month waiting period	\$3,500 12 month waiting period

<sup>•</sup> Delta Dental FEDVIP allows for 4 periodontal cleanings per year for those in periodontal maintenance. TRDP covers 2 cleanings, or 3 for Diabetics Type 1/2.

#### How do I get more information?

- Visit **TRICARE.benefeds.com** for more details about the transition and to sign up for email updates.
- Check out **deltadentalins.com/fedvip** to learn more about Delta Dental's FEDVIP plans. Benefit and rates information for 2019 will be available in October 2018.

Remember, no one has a smile like you. And no one can keep it healthy like us. Military retirees and their families have trusted their smiles to Delta Dental for 20 years.

<sup>\*\*</sup> Available after 12 months of continuous enrollment OR if enrolled within four months after retirement.

## An Honor Walk For Our Fallen, Those Still Serving Valiantly and Recognizing Suicide Prevention Month

What: A Ceremonial Healing Walk

Where: MWR Activity Field 0800 – 1200

Why: The community wishes to acknowledge and witness the lives of those who served and those who still serve and recognize Suicide Prevention Month.

#### **Soldier for Life - Retiree Appreciation Days:**

Army Community Services in partnership with Turning Point Group is honored to present with Team Redstone an Honor Walk: Recognizing and Honoring our Fallen and the Living Still Serving Valiantly as well as recognizing the pain of suicide related to military service.

#### Friday, 21 September 2018 MWR Activity Field

This innovative experience of honoring will change you in ways unexpected. We cordially invite you to experience the freeing honor of commending other Brothers and Sisters to their Heroic Warrior hood while holding up those continuing in Service and those who contemplate suicide as a result of their service.



### **An Honor Walk has three phases: RELEASE**

From the entrance to the Center is the path of letting go. This part of the walk recognizes the weight of carrying the memory of the Fallen and the hope of healing when we release them to hands larger than our own. The path invites the release of anxiety and concerns, a letting go of griefs. Large stones at the mouth of the path represent the weight of what we carry and may need to release. Take a stone(s) and when you are ready, RELEASE it by placing it down on the path or at the Center, never to pick it up again. It is a ritual for RELEASE. You may write the name of the Fallen you wish to honor on a card and carry it with you.



There is a bowl of water at the Center. Perhaps you will dip your hands in it and feel the clean refreshment of new possibility. If you have completed an 'In Memoriam,' card, leave it by the bowl or along the lines of the path and honor the Fallen in your heart.

#### **RESTORE**

We return from the Center to be a source of blessing to others. We have let go of soul weight and are now freer to share with everyone else and live our lives more fully.









## Fox Army Health Center



Fox Army Health Center 4100 Goss Road Redstone Arsenal, AL 35809 256-955-8888

Readiness is our business; the military family is our why.

## 2018 Soldier for Life - Retiree Appreciation Day's Health Fair



Date: Friday, September 21, 2018

Time: 0830-1230

**Location: Community Activity Center (CAC Bldg. 3711)** 

- RSA Organizations
- Local Businesses & Vendors
- TRICARE Representatives
- Health Information & Screenings



#### **Buffet Menu includes:**

Baked Chicken/Pulled Pork/Fried Catfish
Baked Beans/Potato Salad
Peach Cobbler
Rolls
Iced Tea/Water/Coffee

Cost is \$15.00 per person

Military Retiree Appreciation Dinner
Friday, September 21, 2018
1800-2000 HRS
The Summit at Redstone
Redstone Arsenal, AL

Social Hour begins at 1730 HRS

Dress attire is business casual

Contact:

SGM(R) Donell Pelt

(256) 468-8592 Cell

don123pelt@bellsouth.net

Dinner Sponsored By:

## LANDERS McLarty



To make a reservation please complete, detach and mail the form below with a check or money order payable to *THE SUMMIT*:

Military Retiree Council
Attn: Donell Pelt
3494 Honest John Rd
Redstone Arsenal, AL 35898
A confirmation will be emailed for each guest reservation!

			. – – – – –
Rank:	Last Name:	First Name:	
Guest(s):			
Home/Work:		Cell:	
Email:			

@ \$15.00 per person =



Turn in your unused or expired medication for safe disposal

## Friday, September 21th

8:00 a.m. – 12:00 p.m. @ The CAC

#### **Important Note:**

NEEDLES, EPI-PENS, Intra-venous solutions, or injectibles, and syringes will not be accepted due to potential hazard posed by blood-borne pathogens.



For more Information Contact: MAJ Simeon G. Smith, Chief, Preventive Medicine, Fox Army Health Center (256) 955-8888, ext. 1442

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Redstone Exchange Soldier for Life-Retiree Appreciation Day

Saturday, September 22<sup>nd</sup>

Visit the Main Exchange at 1300 for cake and punch, and register to win \$50 Exchange Gift Cards.



## What is the Redstone Arsenal Military Retiree Council or MRC?



Did you know every Army Installation has its own Retiree Council? It is one of the only volunteer organizations chartered by HQDA, and outlined in Army Regulation (AR) 600-8-7. Our Redstone and Southeast Region council is called the Redstone Military Retiree Council or MRC.

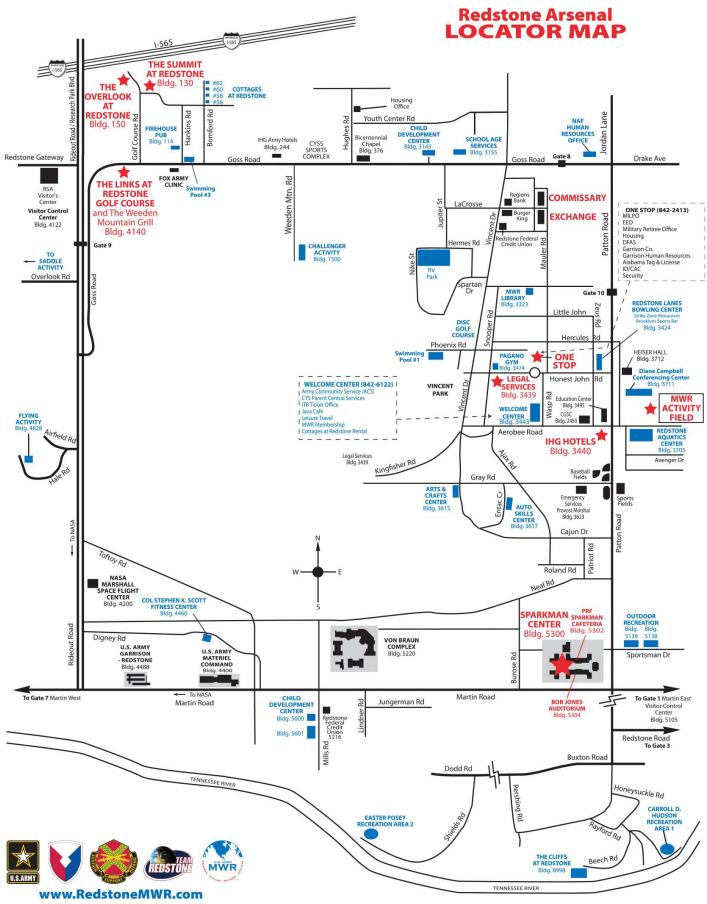
The AR addresses specific requirements but primarily we:

- Assist the RSO in planning and execution of the Retiree Appreciation –Soldier for life Day Events.
- Provide Garrison Commander and Chief of Staff, Army insight into Army vital issues, programs, and initiatives.
- Provide retired community an opportunity to provide input to decisions, policies, and laws affecting the retired community.
- Institute programs to create a strong communication link between the Active Army and retired community.

We are always looking for new members willing to help bridge our Garrison and Retired Community! Become an 'Army Strong' advocate in promoting a positive influence. Please fill out the form below and email it to Eria Kincaid and Javis Kincaid.

MRC, RAD Website! We are also happy to inform you of our site on the Team Redstone Website. You can get there many ways but www. garrison.redstone.army.mil is the web address; then select Support & Services and then click on the Retirees and Veterans site and you are there!

NAME:BRANCH OF SERVICE:	HOME PHONE: ()	RETIRED RANK/GRADE	:()
EMAIL ADDRESS:			
Eria L. Kincaid SGM, USA (Ret) Secretary , MRC eriakincaid@gmail.com 662 648 1168	Charles Coats LT, USA (RET) Co-Chair, MRC coatscpa@yahoo.com 256 801 9820	Javis R Kincaid SGM, USA(RET) Co-Chair, MRC javiskincaid@gmail.com 706 231 8292	Henry Oldham COL, USA(RET) Chairman Emeritus hnoldham@comcast.net 256 426 4874





#### MILITARY ID CARD FACILITIES



The Redstone Arsenal Military ID Card Section is responsible for the processing of identification cards for Soldiers, dependents, retirees, and applicable Civilian personnel at Redstone and the surrounding areas.

During identity proofing, the applicant must provide two (2) forms of identity source documents in original form. The identity source documents must belong to the applicant and shall be neither expired nor cancelled. If the two identity source documents bear different names, evidence of a formal name change must be provided.

The primary identity source document must be one of the following forms of identification, a U.S. Passport or a U.S. Passport Card, a Permanent Resident Card or an Alien Registration Receipt Card (Form I-551); a U.S. Military ID card; a U.S. Military dependent's ID card; Driver's license or an ID card issued by a state or possession of the United States provided it contains a photograph;

For more documentation needed to receive an Identification card please visit: <a href="http://www.cac.mil/uniformed-services-id-card/getting-your-id-card/">http://www.cac.mil/uniformed-services-id-card/getting-your-id-card/</a>

To make an appointment online please visit:

https://rapids-appointments.dmdc.osd.mil/appointment/default.aspx for the location nearest you.

#### **Regional ID Card Locations:**

#### **Redstone Arsenal**

3494 Honest John Rd Huntsville, AL 35898 Hours: M-F 0730-1545 (256) 842-2413

#### **117th MSS**

5401 East Lake Blvd. Birmingham, AL 35217 Hours: T-F 0730-1200; 1300-1630 (205) 714-2315

#### 87th MAC

1400 Gloden Acorn Drive Birmingham, AL 35244 Hours: M-F 0730-1500 205-987-8443 ext 4388

#### AG HQ Birmingham

285 W. Oxmoor Rd P.O. Box 10225 Birmingham, AL 35209 Hours: M-F 0700-1600 (205) 769-2024

#### **Soldier Service Center**

ID Section Building 5700 Room 160 Fort Rucker, AL 36362 (334) 255-2182

#### ARNG Center Ft. McClellan

541 Galloway Rd Anniston, AL 36205 Hours: M-F 0830-1130; 1300-1500 (256) 847-4159

#### NMCRC Chattanooga

4051 Amnicola Highway Chattanooga, TN 37405 Hours: W 0900-1520 (423) 698-8955

#### NMCRC Bessemer

1001 4th Avenue SW Birmingham, AL 35023 Hours: T-W 0900-1130; 1230-1500 (205) 497-2606

#### **ATC Mobile ID Card Office**

8501 Tanner Williams Rd Mobile, AL 36608 (251) 441-6717

#### **42 FSS**

50 Lemay Plaza South Montgomery, AL 36112 (334) 953-6487

#### **AG HQ State**

1720 William Dickenson Drive Montgomery, AL 36109 Hours: M-F 0800-1600 (334) 274-4316

#### **Anniston Army Depot**

334 Victory Dr BLDG 220 Bynum, AL 36253 (256) 235-7633

#### **AGENCIES AT YOUR FINGER TIPS**

Activity	URL	Phone
Arlington National Cemetery	http://www.arlingtoncemetery.mil	877-907-8585
Air Force Afterburner	http://www.retirees.af.mil/afterburner	800-531-7502
Armed Forces Retirement Home	http://www.afrh.gov	800-422-9988
(Soldiers & Sailors Home) Washington	nttp://www.ann.gov	202-541-7501
D.C.		202 341 7301
<b>Armed Forces Retirement Home</b>	http://www.afrh.gov	800-322-3527
(Soldiers & Sailors Home) Gulfport, MS		228-897-4418
Army & Air Force Exchange Service	http://www.aafes.com	800-527-2345
	http://www.shopmyexchange.com	
Soldier For Life	https://www.sfl.tap.army.mil	800-325-4715
Army Knowledge Online (AKO)	https://ako.us.army.mil	866-335-2769 Option 2
Burial and Memorial Benefits	http://www.cem.va.gov	800-827-1000
Coast Guard Evening Colors	http://www.uscg.mil/hr/psc/retnews	866-634-0574
Combat Related Special Compensation (CRSC)	https://www.hrc.army.mil/site/crsc/index.html	866-281-3254
DA Retirement Services (Army Echoes)	http://soldierforlife.army.mil/retirement/	
DECA Commissaries	http://www.commissaries.com	804-734-8000, ext 86069
DEERS Verification (Updated ID	http://www.dmdc.osd.mil/rsl	800-538-9552
records)		
Delta Dental Plan (Retiree Dental Plan)	http://trpd.org	888-838-8737
DFAS Cleveland (Retired & Annuitant Pay)	http://www.dfas.mil	800-321-1080
DOD Military Health Care System (TRICARE)	http://www.tricare.mil	800-444-5445
Express Scripts (Mail Order Pharmacy)	http://www.express-scripts.com	Based on plan
Federal Long Term Care Insurance	http://ltcfeds.com	800-582-3337
Marine Corps Semper Fi	https://www.manpower.usmc.mil	703-784-9200
Medicare	http://www.medicare.gov	800-772-1213
Military Funeral Honors	https://www.dmdc.osd.mil/mfh/	
Military One Source- (Information about Military installations)	http://www.militaryonesource.mil/	800-342-9647
Military Living Publications (includes Space A travel / lodging info)	http://www.militaryliving.com	877-363-4677 ext 1
Military Personnel Records Requests	http://www.archives.gov/veterans/military- service-records	866-272-6272
MyPay Customer Service	https://mypay.dfas.mil/mypay.aspx	888-322-7411
National Personnel Records Center	http://www.archives.gov	866-272-6272
Navy Shift Colors	http://www.public.navy.mil/bupers- npc/reference/publications/shiftcolors/Pages/defau lt.aspx	901-874-4308
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Check out our new Retiree homepage on the Team Redstone web: www.garrison.redstone.army.mil At homepage, select Support & Services then Retiree

www.garrison.redstone.army.mil At homepage, select Support & Services then Retiree and Veterans. All updates on the SFL-RAD 2018 are here! Also up to date information on the MRC, RSO, and Casualty Assistance as well!

RAPIDS Site Locator (DEERS	https://www.dmdc.osd.mil/rsl/appj/site?execution=e2s	
enrolment & card issuing facilities)	1	
Redstone Arsenal Army Community Service	http://redstone.armymwr.com/us/redstone	256-876-5397
Redstone Arsenal Commissary – Bldg 3224	http://www.commissaries.com/stores/html/store.cfm?dodaac=HQCSJF	256-955-6627
Redstone Arsenal Lodging – Hotel Redstone	http://redstone.armymwr.com/us/redstone/categories/tr avel-and-lodging	256-876-5713
Survivors Benefit Plan (SBP)	usarmy.redstone.imcom.mbx.retirement- services@mail.mil	800-321-1080
Redstone Arsenal PX – Bldg 3220	https://www.shopmyexchange.com/exchange- stores/United%20States/AL/Huntsville/Redstone- Arsenal1031905	256-883-6100
Retiree Mobilization	https://hrc.army.mil/staff/retiree%20mobilization %20and%20recall%20continuum%20of%20servi ce%20application	314-592-0000 xt 3030
Tricare for Life	https://www.tricare4u.com	866-773-0404
Tricare – North Region	http://www.healthnetfederalservices.com	877-874-2273
Tricare - South Region	http://www.humana-military.com/	800-444-5445
Tricare – West Region	http://www.triwest.com	888-874-9378
U.S. Army Human Resources Command, St Louis, MO (Army Reserve)	http://www.hrc.army.mil	800-318-5298
Veteran's Administration	http://www.va.gov	800-827-1000
VA Burial Information	http://www.va.gov	800-827-1000
VA Regional Office (Benefits issues)	http://www.va.gov	800-827-1000
Air Force Military Retired Affairs Offices	http://www.retirees.af.mil/raos/	AL 334-953-6725 TN 931-454-4574
Air Force Reserve / National Guard	http://airforcereserve.com/	800-864-6264
Marine Corps Retired Affairs Office	https://www.manpower.usmc.mil/portal/page/portal/M_RA_HOME	800-336-4649
Marine Corps Reserve	https://www.manpower.usmc.mil/portal/page/portal/M _RA_HOME	800-336-4649
Navy Retired Affairs Office	http://www.public.navy.mil/bupers- npc/support/retired_activities/Pages/default.aspx	866-827-5672
Navy Reserve	http://www.navyreserve.com/	866-250-4778
Military Retiree/Veterans Planning Guide	http://www.garrison.redstone.army.mil/default.aspx	256-876-4252
	ARMY RECREATION CENTERS	
Hale Koa Hotel, HI	http://www.halekoa.com	800-367-6027
Edelweiss Lodge, Germany	http://www.edelweisslodgeandresort.com	011-49-8821-9440
Dragon Hill, Korea	http://www.dragonhilllodge.com	011-822-790-0016
Shades of Green, Florida	http://www.shadesofgreen.org	888-593-2242
Cape Henry Inn, VA	http://www.capehenryinn.com	757-422-8818

Check out our new Retiree homepage on the Team Redstone web: **www.garrison.redstone.army.mil** At homepage, select *Support & Services* then *Retiree* and *Veterans*. All updates on the SFL-RAD 2018 are here! Also up to date information on the MRC, RSO, and Casualty Assistance as well!

## SOLDIER FOR LIFE RETIREE APPRECIATION DAYS

Sept. 21-22

**Brought to you by USAA** 

# FREE VEHICLE INSPECTIONS

Sept. 21 & 22

Fri. 12-8:30pm Sat. 9am-5:30pm

Auto Skills Center 3617 Entac Circle

256-955-7728

### FREE BINGO BRONZE PACKAGE

New Players Only
Free Bronze Package
(\$30 Value)
and a free dauber
with minimum pack purchase
Challenger Bingo
1500 Weeden Mountain Road

# FRIDAY, SEPTEMBER 21

Honor Walk

Free Continental Breakfast 8am

Health Fair 8:30am-12:30pm

Community Activity Center

Retiree Appreciation
Dinner
6-8pm
The Summit at Redstone

# SATURDAY, SEPTEMBER 22

Free Hot Breakfast 6-8am

Seminar 8am-12pm

Door Prizes

Bob Jones Auditorium







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## Volunteer Program

Military Retiree Council (MRC) Volunteer Program
Members of the MRC act as advisors to the Garrison
Commander concerning retiree issues, and attend periodic
meetings. The Steering Committee contributes delegates
to the annual AFAP conference. The MRC serves around
20,000 Retirees in the Redstone Arsenal jurisdiction, also
contribute to other Volunteer groups and Community at
large. There are about 56 active members who have
contributed total of 576 Volunteer Hours of time in 2017

"Helping hand honoree" 2017awarded to:

SGM (Ret) Donell Pelt: Total 300 volunteer hours for the year 2017.

Major (Ret) Bruce T Robinson: Total 75 volunteer hours for the year 2017.

Chief Warrant Officer three (Ret) Anwarul Haq "Volunteer of the year": Total 2087 volunteer hours for the year 2017.

# - START THE DAY WITH A COMPLIMENTARY BREAKFAST!



Scrambled Eggs
Turkey or Pork Sausage
Bacon
Biscuits & Gravy
Breakfast Potatoes
Grits
Jelly & Butter
Coffee & Orange Juice