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e Sentine

Military Officers Association of America

Huntsville Chapter

Huntsvillemoaa.org





PRESIDENT'S MESSAGE CAPT Richard C. West, USN-Ret



Greetings Huntsville Chapter Members!

Hope you all are enjoying the summer weather -I know the corn in the field next door surely is taking advantage of the sunshine and growing like crazy!

In a couple of days, July 4th, we will be celebrating the birth of our great nation - 243 years of independence! Many of you will be traveling and attending parties/functions. Please drive safely and enjoy the day!

Remember that there is <u>no</u> membership meeting in July. Our next membership luncheon is scheduled for Wednesday, August 28th at 1100 at The Summit Club. Our speaker is tentatively scheduled to be U.S. Representative Mo Brooks. I hope to have confirmation by mid-July and will keep you all updated.

Our venue for this month's breakfast (0900 on July 13th) will again be the City Café Diner on Drake Avenue. Come enjoy some great food and camaraderie!

I recently sent out an email regarding help needed for the golf tournament. This is OUR tournament and I am really counting on you all to help me and the Golf Committee make this our most successful tournament ever. If you think you can help, but don't know what you can do, please contact Bruce Robinson or me – our phone numbers and emails are in this newsletter.

Finally, I must again warn all of you to be extremely careful about computer and phone/mail scams. Sadly, the demographics of our membership make many of our members prime targets for these vile dirtbags! Incidents are on the rise nationwide – we have had at least 2 more chapter members fall victim to significant scams. Be very wary! See the May Sentinel (available online) for more information and ways to help yourself.

Have a great July, enjoy the upcoming holiday, and stay safe!

Rick

No Member Meeting in July We reconvene in August

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Note: National MOAA and the Huntsville Chapter are non-partisan organizations



Legislative Corner Lt Col Charles Clements, USAF-Ret





http://www.moaa.org/takeaction/

"All politics is local."

It is time again to examine the bills introduced in the US House of Representatives or the US Senate that Headquarters MOAA think are important. They are:

- **HR 333.** This is a bill to amend title 10, United States Code, to permit retired members of the Armed Forces who have a service-connected disability rated less than 50 percent to receive concurrent payment of both retired pay and veterans' disability compensation, to extend eligibility for concurrent receipt to chapter 61 disability retirees with less than 20 years of service, and for other purposes.
- **HR 413.** This is a bill to amend the Internal Revenue Code of 1986 to allow the work opportunity credit to small businesses which hire individuals who are members of the Ready Reserve or National Guard, and for other purposes.
- **HR 553**. This is a bill to amend title 10, United States Code, to repeal the requirement for reduction of survivor annuities under the Survivor Benefit Plan for military surviving spouses to offset the receipt of veterans' dependency and indemnity compensation, and for other purposes.
- **HR 847.** This is a bill to provide interim appropriations for the Coast Guard Retired Serviceman's Family Protection and Survivor Benefits Plans for each fiscal year after fiscal year 2018, and for other purposes.
- Sen 164. This is a bill to amend title 10, United States Code, to remove the prohibition on eligibility for TRICARE Reserve Select of members of the reserve components of the Armed Forces who are eligible to enroll in a health benefits plan under chapter 89 of title 5, United States Code.

Continued on page 9

2019-2020 GOVERNING BOARD

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Programs: CDR Christine Downing, USN-Ret, 256-828-9740, csdowning@bellsouth.net

Legislative Affairs: Lt Col Charles T. Clements, USAF-Ret, 256-715-1671, ctcbama76@gmail.com

Personal Affairs: Lt Col Gerald Haynes, USAF-Ret, 256-882-7857, jerry15@hiwaay.net

Public Affairs (Publicity): CDR John Inman, 256-425-8022, inman331@msn.com

Chapter Historian: Vacant

Auxiliary Liaison: Mrs. Jan Camp, 256-464-8622, janetecamp@aol.com

Chapter Hospitality: Mrs. Carrie Hightower, 256-882-3992

Constitution and By-Laws: CAPT Richard C. West, USN-Ret, 256-776-6901, rickw675@att.net

 $Chapter\ Chaplain:\ CH\ (LTC)\ Bert\ E.\ Wiggers,\ AUS-Ret,\ 256-617-0055, \\ \underline{chbwig@gmail.com}$

Commissary & Post Exchange: Col Gerald C. Maxwell, USAFR, 256-606-5282, gerald.c.maxwell@nasa.gov

FAHC Liaison: MAJ Bruce T. Robinson, USA-Ret, 256-426-0525, brucer76@knology.net

Golf: MAJ Bruce T. Robinson, USA-Ret, 256-426-0525, brucer76@knology.net

ROTC: Vacant

TOPS: MAJ Bruce T. Robinson, USA-Ret, 256-426-0525, brucer/76@knology.net

The SENTINEL Editor: MAJ Bruce T. Robinson, USA-Ret, 256-426-0525, brucer 76@knology.net

LIFE MEMBERSHIP TRUST

COL John Fairlamb, USA-Ret, 256-539-0161, fairlambjrf@comcast.net (June 2020)

MAJ Monte C. Washburn, USA-Ret, 256-301-5457, monte.washburn@heartlandits.com (July 2021)

LTC John C. Franks, USA-Ret, 703-489-2701, john.franks@ingenuityinc.net (July 2019)



PX / Commissary Col Gerald C. Maxwell, USAFR



Main Exchange

Don't forget the 2019 Sales Tax Holiday - Alabama Tax Free weekend! Alabama Sales Tax Holiday 2019 for school-related items begins at 12:01 AM Friday, July 19th, 2019, and ends at midnight Sunday July 21st, 2019, giving shoppers the opportunity to purchase certain school supplies, computers, books and clothing free of the state's four percent sales or use tax.

All honorably discharged Veterans have access to shop military exchanges online (but not in store). Go to http://www.shopmyexchange.com/veterans.

An update on the service station area. Firestone was going to return if they could add more work bays. However, the ground around that area cannot be disturbed, so that venture fell through. The property has now been turned over to MWR and we await to see what develops.

BIG NEWS! A Starbucks will be built beside the optical shop! TBD time for opening. Hopefully will not put the new coffee shop in the PX Mall out of business.

AAFES continues to seek feedback from customers to help them find ways to provide better service. The survey is online and easy to use. Please take a few moments after your next shopping trip to take the survey. The link information is on your receipt or go to https://surveymonkey.com/s/MyExchSurvey.

Shopette

Stop in and see what the spirit of the month is! And be sure to check out the clearance specials and accessories for all your entertainment needs.

While there stop at the Redbox outside and take in a movie night. Download the Redbox app and get specials!

Commissary

Check out the many sale items - Pop Tarts, Nature Made Kids vitamins, Nathans Franks, Smithfield sliced ham, Michelina's signature bowls and Suave hair products – to name a few.

In time for the 4th of July cookout, see the displays for all your grilling essentials. You can also sign up for a chance to win a grill.

In the frozen foods section, there is a special on frozen turkeys at 40 cents per pound. Great for smoking. Or buy several to use throughout the year. They won't last long, so gets yours now!

Need Addresses

None this month

We have lost track of the above members. If you know their whereabouts, please have them contact Chris Downing at 256-828-9740.

Concerns

This month the following people were reported as being ill or recuperating and need our support and prayers:

None this month

Persons to contact are:

Army Representative: COL James D. Treadway 256-859-1484 jtreadway51@mchsi.com

Navy/USMC Representative: **CW4 Louis J. Kubik** 256-859-3054 lkubik@mediacombb.net

Air Force Representative: Col Edward L. Uher 256-882-6824, biged992K@aol.com

Personal Affairs Officer Lt Col Gerald Haynes 256-882-7857 jerry15@hiwaay.net





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Fox Army Health Center MAJ Bruce T. Robinson, USA-Ret



FAHC July Schedule

- FAHC will be closed on 4 July 2019 for the Federal Holiday
- 5 July we will be open to all services but minimal staff, so patient wait times may increase
- 23 July FAHC will have a delayed opening, we will open the doors at 0845 for all services
- 24 July FAHC will be closed until 1300 for training

Take Command of Your Health During Men's Health Month

Men, are you taking command of your health? Taking command of your health means making positive decisions each day that contribute to your overall physical and mental wellness.

Men's Health Month is a great time to focus on taking preventive steps and making small changes to your lifestyle. You can start by getting familiar with the preventive services that TRICARE covers and health issues that more frequently affect men. According to the Centers for Disease Control and Prevention, the leading cause of death among men in the U.S. is heart disease. Some of the factors that lead to heart disease and stroke are preventable, especially with early detection and timely treatment.

Here are a few tips for men to get and stay healthy, happy, and strong:

- Visit Your Doctor Make an appointment. A yearly Health Promotion and Disease Prevention Examination is covered if enrolled in TRICARE Prime or TRICARE Select. TRICARE covers clinical preventive screenings. Your doctor can help you decide what tests you need based on your age and risk factors. Some important health tests for men include:
 - o Blood pressure and cardiovascular screenings
 - o Colorectal, prostate, testicular, and skin cancer exams
- **Develop a Good Relationship with Your Provider** During your visits, be honest about your health concerns. Open communication can prevent misdiagnoses and unnecessary tests. Use these <u>tips for talking to your doctor</u> from the National Institutes of Health before your next appointment. And if you don't have a primary care manager or need help finding a doctor, use <u>Find a Doctor</u> on the TRICARE website.
- **Be Aware of Signs and Symptoms** Notice potential health concerns, beyond when you're sick or injured. Pay attention to that mole, persistent cough, or other symptom that seems new or unusual. Get familiar with your family's health history. Your provider can assess your risk of disease based on your family history and other factors.
- **Develop a Healthy Lifestyle** Exercise regularly, get enough sleep, and eat healthy balanced meals to stay in control of your mental and physical health. If you feel depressed, seek help. Your doctor can help you identify problems, like being overweight or feeling anxious. Learn about <u>mental health services</u> that TRICARE covers.

This July, take steps to get healthy, schedule the health care visits you need, and take command of your health. Go to the Military Health System Men's Health Month spotlight to learn more about health issues important to men.





Landing Ship Tank (LST)

The LST-325—the last fully operational WWII Landing Ship Tank (LST)—is open for tours seasonally throughout the year in her home port of Evansville, Indiana. She leaves port in the early fall to sail the nation's inland rivers. Her crew of volunteers shares the history of these incredible vessels, the men and women who built them, and those who served on them. She is coming to Alabama.



Ingalls Harbor

802-A Wilson Street, Decatur, AL

29 August – 3 September

Tours Daily 10:00 AM – 5:30 PM



Surviving Spouse's Luncheon

Mrs. Carrie Hightower 256-882-3992

The Surviving Spouses do not meet for lunch during the months of July & August

We will resume luncheons in September

Enjoy your summer

Surviving Spouse Corner: Surviving Spouses Storm the Hill

Members of the Surviving Spouse Advisory Committee urge legislators to eliminate the widow's tax.

MOAA annually demonstrates its advocacy acumen by arranging for councils and chapter leaders, board members, and staff to meet with elected representatives face-to-face to explain and discuss issues of importance to uniformed servicemembers and their families.

This year was no exception. Included in the cohort of grassroots advocates during this year's Storming the Hill event were the members of the Surviving Spouse Advisory Committee. This group of six committee members — each of whom lost a spouse in or because of military service — was especially helpful in explaining why it is unfair to deduct an earned veterans compensation benefit (Dependency and Indemnity Compensation or DIC) from an annuity funded by premium payments by the servicemember (Survivor Benefit Plan).

The surviving spouses joined more than 160 participants in the effort to educate and gain support for two bills under consideration on the measure: H.R. 553, the Military Surviving Spouses Equity Act, and S. 622, the Military Widow's Tax Elimination Act. This ongoing issue has previously failed to gain traction due to cost. Estimates of \$7 billion in mandatory spending in the first 10 years without a way to fund this is the problem.

As in past years, participants visited the offices of their senators and congressional representatives and explained the problem, shared stories of the impact, and encouraged members to co-sign the bill. New this year, however, was the additional attention the issue received from local media. A local news station accompanied the group and reported on the issue, which increased public awareness and encouraged support for MOAA's advocacy effort. As a result, the number of cosponsors has increased, and a remedy might be on the horizon.

In mid-May, H.R. 553 reached 290 cosponsors, so bill sponsor Rep. Joe Wilson filed paperwork to advance the bill out of committee and onto the calendar for a floor vote. The vote could come possibly as early as mid-July. Read more.



Chaplain's Corner CH (LTC) Bert Wiggers, AUS-Ret

Listening

The story has been told of a new commander who was sent to an army fort on the American frontier. He soon was involved in a conference with an important Indian chief. Working through a translator, he nervously asked the chief several questions and was surprised to get no reply.

After the meeting, he asked the translator why the chief had not answered any of his questions. The Translator replied, "That is what we call 'Indian time.' He has enough respect for your questions to go away and think about them before answering them."

Maybe we all need to practice more Indian time

His thoughts were slow, His words were few and never formed to glisten But he was a joy to all his friends, You should have heard him listen!

Memorials

If you would like to send a memorial contribution to the Huntsville Chapter MOAA, please send the following information along with your check to: Memorials, HCMOAA, P.O. Box 1301, Huntsville, AL 35807

In memory of:

By:

Membership Statistics

Total Members: 367 Regular Members: 302 Surviving Spouses: 65

New this month: 4 Deaths this month: 0

Renewals: 0

Welcome New Members to Huntsville Chapter MOAA

COL Gary Andrew, USA Lt Col James Dooley, USAF LCDR Walter Starkey, USN CW2 Jerry Haynes, USA

Recruiting

You are our best recruiter. If you have a friend, colleague or co-worker who is eligible to join MOAA, or who already belongs to MOAA National – bring him/her to a Chapter meeting. You would be doing both them and the Chapter a favor.



Legislative – *continued from page 2*

• Sen 622. This is a bill to amend title 10, United States Code, to repeal the requirement for reduction of survivor annuities under the Survivor Benefit Plan by veterans' dependency and indemnity compensation, and for other purposes.

COLA Watch. The April CPI is 1.2% above the FY 2019 COLA baseline.

Go to http://huntsvillemoaa.org. Look on our webpage under Legislative Affairs for July 2019; there are two interesting articles I invited you to read: 1. The Supreme Court opts not to hear a recent challenge to the Feres Doctrine and 2. An update to establishing a Space Command.

Postal Service Honors WWII Battleship with New Forever Stamp

US Postal Service released a new Forever Stamp on June 11, honoring the 75th anniversary of the USS Missouri commissioning.

Built in the middle of World War II and in service intermittently until 1992, this iconic battleship was the site of the Instrument of Surrender, an agreement signed by the Allied and Axis powers thus ending World War II.

"The USS Missouri is one of the most famous Naval battleships to ever sail the sea and now the Postal Service is proud to add her to our roster of commemorative stamps," said Jeffrey C. Johnson, U.S. Postal Service acting enterprise analytics vice president, in a press release.

Designed by Greg Breeding, this Forever Stamp can be used to mail 1-ounce, First Class Letters within the U.S., regardless of the current postal rate.





HCMOAA Treasurer's Report May 2019

Submitted by Lt Col Charles T. Clements, USAF (Ret.)

- 1. The May 2019 Treasurer's Report is presented herein. It was reviewed by the Governing Board and forwarded for membership approval at the August 2019 meeting.
- 2. Monthly Summary:

	Operating Funds	Savings	
Starting Balance	\$ 5,445.85	\$ 8,002.33	
Income	\$ 755.00	\$ 0.21	
Expenses	\$ 164.23	\$ 0.00	
Ending Balance	\$ 6,036.62	\$ 8,002.54	

- 3. Notable income: Revenue from members for meals at the May membership meeting and membership dues.
- 4. Notable expenses: Office supplies.
- 5. Chapter savings account activity was limited to interest.
- 6. The Chapter re-invested a Certificate of Deposit (CD) with Wells Fargo Bank on 19 March 2019. The CD was opened for \$8,174.85 and the current balance is \$8,210.03. The funds represented by this CD are for reserve funding and advance dues payment protection.

Scholarship Fund

The Chapter has an active scholarship program. In conjunction with the RSA Military & Civilians' Club, we issue scholarships each year to deserving students. <u>Please consider donating</u> to our program. Contact Rick West at <u>rickw675@att.net</u> or 256.776.6901 for details.

Scholarship Fund Donations Received During June 2019

Total received for June: \$0
Total received FY19 to date: \$920



Are You Preparing Your Spouse to Thrive as a Survivor?

by Lt Col Jerry Haynes, Chapter Personal Affairs

Among the many important things that we as members do is supporting and looking out for our spouses. MOAA places much emphasis on this subject and to that end provides information and education in many forms. These include articles in the monthly magazine, MILITARY OFFICER, presentations at various MOAA gatherings and in Webinars provided periodically online from MOAA national. On May 8, 2019, such a webinar was provided online entitled "Preparing Your Spouse to be a Survivor." Unfortunately, I did not have adequate information to notify you in advance so that you could hear it live. But, also fortunately, it was recorded and is available to you via the MOAA website. You will need to log in to www.moaa.org first but then It can be reached at:

https://www.moaa.org/content/benefits-and-discounts/transition-and-careers/transition-center-webinars/preparing-your-spouse-to-be-a-survivor/

I viewed/heard it subsequent to its being broadcast and benefitted greatly. It takes just about an hour and I highly recommend it to you.

Chapter Happenings







Chapter members supporting the annual Tut Fann BBQ



Huntsville Chapter Military Officers Association of America P.O. Box 1301 Huntsville, AL 35807



Membership Application or Renewal Confirmation Yes! I'd like to add my voice to the Huntsville Chapter

Activ	Mailing Addre	ess		City	Stat	ze Zip
Activ	o itotiit					
	e Retir	ed	NG	Former Offic	er Reserve	Surviving Spouse
Grade	e Bra	nch of	Service MO	OAA National M	ember #	
Pre	ferred Name	_	Birthday	Sp	ouse's Name	Period(s) of Active Duty i.e. 1965 – 1990
	First Name	·	MI		Last Name	
	New Members Members joinin				d through follow	ring calendar year
		•	er Life Membe cing (age-base	•		
Г	Interested !	o Charr	an Life March	walkin		acquaintance lease explain
			Three Years	\$30	HCMOA	e-mail from HCMOAA A website
	Renewal		Two Years	\$20	MOAA N Local ev	ent
	New		One Year	\$10*	•	id you hear about us?

Widow's Tax Update

The Senate begins debate on the annual defense bill soon. Sens. Doug Jones (D-AL) and Susan Collins (R-ME) introduced an amendment to end the widow's tax, a financial penalty of up to \$12,000 a year, hurting more than 65,000 military survivors across the country.

Despite a record 75 senators cosponsoring Jones's bill, the amendment can't be taken up without the approval of Senate Armed Services Committee Chairman Jim Inhofe (R-OK.) or Senate Majority Leader Mitch McConnell (R-KY).

You need to contact your senators and ask them to support Amendment 269. Use MOAA's toll-free number (866-272-6622) to call your senators or send a letter online. Click here for a MOAA-suggested message.

Independence Day

The Fourth of July – also known as Independence Day or July 4th – has been a federal holiday in the United States since 1941, but the tradition of Independence Day celebrations goes back to the 18th century and the American Revolution. On July 2nd, 1776, the Continental Congress voted in favor of independence, and two days later delegates from the 13 colonies adopted the Declaration of Independence, a historic document drafted by Thomas Jefferson. From 1776 to the present day, July 4th has been celebrated as the birth of American independence, with festivities ranging from fireworks, parades and concerts to more casual family gatherings and barbecues.

A History of Independence Day

When the initial battles in the Revolutionary War broke out in April 1775, few colonists desired complete independence from Great Britain, and those who did were considered radical.

By the middle of the following year, however, many more colonists had come to favor independence, thanks to growing hostility against Britain and the spread of revolutionary sentiments such as those expressed in the bestselling pamphlet "Common Sense," published by Thomas Paine in early 1776.

On June 7, when the Continental Congress met at the Pennsylvania State House (later Independence Hall) in Philadelphia, the Virginia delegate Richard Henry Lee introduced a motion calling for the colonies' independence.

Amid heated debate, Congress postponed the vote on Lee's resolution, but appointed a five-man committee – including Thomas Jefferson of Virginia, John Adams of Massachusetts, Roger Sherman of Connecticut, Benjamin Franklin of Pennsylvania and Robert R. Livingston of New York – to draft a formal statement justifying the break with Great Britain.

Did you know? John Adams believed that July 2nd was the correct date on which to celebrate the birth of American independence and would reportedly turn down invitations to appear at July 4th events in protest. Adams and Thomas Jefferson both died on July 4, 1826—the 50th anniversary of the adoption of the Declaration of Independence.

On July 2nd, the Continental Congress voted in favor of Lee's resolution for independence in a near-unanimous vote (the New York delegation abstained, but later voted affirmatively). On that day, John Adams wrote to his wife Abigail that July 2 "will be celebrated, by succeeding Generations, as the great anniversary Festival" and that the celebration should include "Pomp and Parade...Games, Sports, Guns, Bells, Bonfires and Illuminations from one End of this Continent to the other."

On July 4th, the Continental Congress formally adopted the Declaration of Independence, which had been written largely by Jefferson. Though the vote for actual independence took place on July 2nd, from then on, the 4th became the day that was celebrated as the birth of American independence.

Early Fourth of July Celebrations

In the pre-Revolutionary years, colonists had held annual celebrations of the king's birthday, which traditionally included the ringing of bells, bonfires, processions and speechmaking. By contrast, during

Continued on next page

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the summer of 1776 some colonists celebrated the birth of independence by holding mock funerals for King George III, as a way of symbolizing the end of the monarchy's hold on America and the triumph of liberty.

Festivities including concerts, bonfires, parades and the firing of cannons and muskets usually accompanied the first public readings of the Declaration of Independence, beginning immediately after its adoption. Philadelphia held the first annual commemoration of independence on July 4, 1777, while Congress was still occupied with the ongoing war.

George Washington issued double rations of rum to all his soldiers to mark the anniversary of independence in 1778, and in 1781, several months before the key American victory at Yorktown, Massachusetts became the first state to make July 4th an official state holiday.

After the Revolutionary War, Americans continued to commemorate Independence Day every year, in celebrations that allowed the new nation's emerging political leaders to address citizens and create a feeling of unity. By the last decade of the 18th century, the two major political parties – the Federalist Party and Democratic-Republicans – that had arisen began holding separate Fourth of July celebrations in many large cities.

Fourth of July Becomes a Federal Holiday

The tradition of patriotic celebration became even more widespread after the War of 1812, in which the United States again faced Great Britain. In 1870, the U.S. Congress made July 4th a federal holiday; in 1941, the provision was expanded to grant a paid holiday to all federal employees.

Over the years, the political importance of the holiday would decline, but Independence Day remained an important national holiday and a symbol of patriotism.

Falling in mid-summer, the Fourth of July has since the late 19th century become a major focus of leisure activities and a common occasion for family get-togethers, often involving fireworks and outdoor barbecues. The most common symbol of the holiday is the American flag, and a common musical accompaniment is "The Star-Spangled Banner," the national anthem of the United States.







30 Birthdays in July

LTC John L Lewis, USA
LTC Richard K Jackson, USA
LTC James D Pepper Jr, USA
CW5 Charles A Covell, USA
LTC Robert E Connors Jr, USA
LTC William K Emerson, USA
COL Raymond G Regner, USMC
MG John A Leide, USA
Col Stephen Baker, USMC
LTC Daniel A Cutshall, USA
COL Mary S Hall, USA
MAJ Diana M Hansen, USA
Col Daniel J Krenzel, USAF
LTC Paul L Hoffman, USA
CH (LTC) Bert E Wiggers, USA

LTC Eugene A Marchetti, USA
LTC Robert Archer, USA
COL George E Lewis, USA
LTC Steven R Palmer, USA
COL Norbert Patla, USA
LTC Charles R Gill, USA
CWO Howard R Raymond, USA
COL Dennis Patrick, USA
COL Louis R Durnya, USA
COL George S Laslo, USA
LT William G Byrd, USN
CDR Timothy L Zane. USN
Mrs. Opal E Otto
LTC Paul H Fall, USA
CW5 Harry L Hobbs, USA

If we missed your birthday, it's because we don't have it on file. Please e-mail your birth date to MAJ Bruce Robinson at brucer76@knology.net so it can be included in future newsletters. Thank you.

The Golf Committee Needs You

It's that time again. Initial planning is underway for the 2019 Scholarship Golf Tournament. You don't need to know anything about golf or commit an excessive amount of time – you can volunteer as much or as little as you see fit. The following are some of the ways you can help:

- When you visit a local merchant, ask them if they could donate any goods or services
- Recommend businesses that we can approach to be sponsors
- Spread the word about the tournament to any golfers that you know
- Set aside some time on tournament day to help out at the course just an hour or two
- Join the golf committee we meet monthly over lunch at the Redstone golf course





If interested, or to find out more, contact Bruce Robinson, brucer76@knology.net or 256-426-0525



Our deepest sympathy and prayers are extended to the families and friends of:

TAPS

None this month

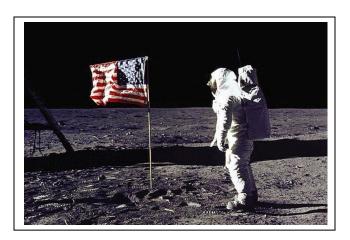
Gone but not forgotten for their dedicated support and service to our Country. We will miss these outstanding Leaders and Patriots.



Party Like It's 1969!

On July 16, 1969 at 9:32 a.m. at NASA's Launch Pad 39A, Apollo 11's five F1 engines on Nasa's Saturn-V AS-506 rocket ignited to slowly lift three Americans and humankind's dreams aboard the historic mission to the Moon. On the 50th anniversary of Apollo 11, Huntsville will be dancing in the streets, toasting Apollo workers and moonwalkers, and leading a rocket launch of thousands around the world as part of its celebration.

Throughout 2019, plans to commemorate the Apollo 11 anniversary events and Alabama's Bicentennial are underway, highlighted by Panoply 2019's Alabama Bicentennial and Lunar Landing themes, a Guinness World record attempt at the most simultaneous rocket launches, an Apollo Homecoming Dinner at the <u>U. S. Space & Rocket Center</u> and dancing in the streets on Courthouse Square. The Apollo 11 mission anniversary week in July 2019 also includes a Celebration Car Show, and a concert on July 20th, moon landing day.





In concert with the Redstone Arsenal Military and Civilians' Club,

The Huntsville Chapter of the Military
Officers Association of America presents our



8th Annual "Retiree Appreciation Days" SCHOLARSHIP FUND GOLF TOURNAMENT

Entry Fee - \$80

Includes: golf/cart, range balls, breakfast, lunch, & door prizes ticket

- Prizes for: Top 3 Teams, Straightest Drive, Longest Drive, Closest to Pin (4), Hole in One
- Silent Auction
- Mulligans / Power Drive packages for sale

Friday
September 20, 2019
The Links at Redstone
0800 Shotgun Start
Registration begins 0630
4-person Scramble

Early Bird

Special:
Register by
September 1st for
\$70 per player!
Don't Wait!

For more information, contact Bruce Robinson at brucer76@knology.net / 256-426-0525 or Rick West at rickw675@att.net / 256-776-6901 or visit huntsvillemoaa.org

To sign up, mail this form and a check made of You do NOT need a foursome	DO D 1201
PLAYER 1:	Email:
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100% of Net goes to the HCMOAA Scholarship Fund

Sponsorship does not imply endorsement by the U.S. Army nor the Department of Defense.

CRSC & TSGLI Programs

Combat Related Special Compensation (CRSC) Benefits

The Combat-Related Special Compensation (CRSC) Act allows military retirees with a combat-related injury to receive monthly compensation to replace some or all of their VA disability offset for service-connected disabilities that are a direct result of combat related injuries to include injuries that occur during combat or armed conflict, during combat training, training that simulates war, while performing hazardous duty, or from exposure to an instrumentality of war (such as military combat vehicles, agent orange exposure, etc.). **CRSC** is not automatic. You must apply for benefits with your respective branch of service.

Traumatic Injury Protection Program (TSGLI)

Traumatic Injury Protection is a rider to Servicemembers' Group Life Insurance (SGLI) that provides automatic traumatic injury coverage to all service members covered under the SGLI program. It provides short-term financial assistance to severely injured service members and Veterans to assist them in recovery from traumatic injuries. TSGLI provides insurance coverage for injuries incurred on or off duty. If you are insured under full-time SGLI, you are automatically covered by TSGLI and coverage applies to active duty members, reservists, National Guard members, funeral honors duty, and one-day muster duty.

HCMOAA Member, Major (Ret) Monte Washburn, is certified in both these programs and is available to assist anyone with questions or needing assistance. E-mail: monte.washburn@heartlandits.com, or phone: (256) 301-5457.

Summer's Fun, Just Avoid Too Much Sun

Summer is here, and that means sunny weather is here to stay. Soaking up the sun is one of the best parts about summer. However, make sure to protect your skin when enjoying the sun-filled days ahead. Too much unprotected exposure to the sun's ultraviolet (UV) rays can cause sunburn, eye damage, and skin damage in the form of premature wrinkles,. It can also cause skin cancer, the most common form of cancer in the United States. In as little as 15 minutes, UV rays can damage your skin. Preventing your exposure to UV light from the sun and avoiding artificial sources like tanning beds and sunlamps, is the best way to lower your risk of skin damage and skin cancer.

Here are some easy ways to protect your skin while outdoors in the sun:

- Use a broad-spectrum sunscreen: Use one with at least SPF 15 or SPF 30 on all parts of exposed skin before you go outside. Reapply sunscreen after two hours, and any time after swimming, sweating, or toweling off.
- Wear clothing to cover your skin: Wear long-sleeved shirts, long pants, or long skirts when possible. A T-shirt or a beach cover-up can also offer some protection.
- Use shade: Seek shade under an umbrella, tree, or other shelter when the sun's summer rays are strongest.
- Wear a hat: One with a wide brim to shade your face, head, ears, and neck.
- Wear sunglasses: Ones that block at least 99 percent of both UVA and UVB rays. Wraparound sunglasses provide additional protection.

If you notice changes in your skin, such as a new growth, a sore that doesn't heal, or a change in the appearance of a mole, talk to your doctor. TRICARE covers skin cancer exams for people who are at a higher risk for developing skin cancer. This includes individuals with a family or personal history of skin cancer, increased occupational or recreational exposure to sunlight, or clinical evidence of precursor lesions.

To learn more about sun safety and skin cancer, visit the <u>CDC</u> and <u>American Cancer Society</u> websites. Stay tuned for more summer safety tips from TRICARE.

Huntsville Chapter Objectives

- Promote the aims of the national MOAA organization
- Further the legislative and other objectives of MOAA through grassroots activity
- Foster fraternal relationships among retired, active and former officers of the uniformed services
- Maintain liaison and a positive relationship with the Redstone Arsenal Garrison and other military commands in the Northern Alabama area
- Provide a social venue for members to meet periodically and enjoy fellowship with people of similar interests and backgrounds
- Promote and assist worthy community activities
- Provide useful services and information for members and their dependents and survivors
- Provide representation to the Alabama Council of Chapters of MOAA
- Provide representation to the Northern Alabama Veterans and Fraternal Organizations Coalition
- Protect the rights and interests of service retirees and active duty military members in matters of state legislation through the Alabama Council of Chapters

Benefits of Membership

We are the largest of the 13 chapters in Alabama and have about 400 members. We have been recognized by National MOAA for the last four years with Level of Excellence awards. We provide grassroots support for issues that affect us and are active in both the Redstone Arsenal and Madison County communities. Why should you join our chapter? This is what we do, and what's in it for you:

- Partnership with Redstone Arsenal agencies Fox Army Health Clinic, Army Community Service, MWR, PX/Commissary, Military Retiree Council
- Membership in the North Alabama Veterans and Fraternal Organizations Coalition (NAVFOC) – plugged in to the larger Veterans associations "big picture"
- Recognizing leadership JROTC/ROTC awards and "gold bar" ceremonies
- Recognizing potential Scholarship Awards program with the Redstone Arsenal Military and Civilians Club
- Community service/relations annual Tut Fann Veterans Home BBQ, Memorial Day wreath laying ceremony, Veterans Day parade and events, Retiree Appreciation Day
- Camaraderie Monthly meetings & breakfasts, parties, golf tournament
- Information Monthly newsletter, web site, Personal Affairs, guest speakers
- Legislative action grassroots activities, support for National MOAA agenda
- Venue for getting involved

Please visit our award-winning chapter website at http://huntsvillemoaa.org where you can find out more about chapter activities.

Attention Members

One of the best sources of income for the Chapter comes from advertisements like the ones in this newsletter. You are the best resource for identifying potential advertisers. The next time you go out to dinner, or to shop, or to get a haircut, or to get your car fixed – ask the business manager if they would consider advertising. Let them know that the newsletter reaches our 400+ members each month. All they can say is "no".

If they are interested or desire more information, please let Bruce Robinson know, and he will follow up with them. His contact information is brucer76@knology.net or 256-426-0525.

Important Dates in July

- 1 July Internal Revenue Service established (1862)
- 1 July Beginning of the Battle of Gettysburg (1863)
- 2 July President James A. Garfield shot and mortally wounded (1881)
- 2 July President Lyndon B. Johnson signed the Civil Rights Act (1964)
- 3 July The raid on Entebbe airport in Uganda (1976)
- 4 July Independence Day
- 6 July Louis Pasteur gave the first successful anti-rabies inoculation (1885)
- 7 July Hawaii annexed (1898)
- 8 July First public reading of the Declaration of Independence (1776)
- 10 July -The Allied invasion of Italy began (1943)
- 10 July The Bahamas gained their independence (1973)
- 11July Monthly Board Meeting Java Cafe
- 12 July Golf Meeting Links @ Redstone
- 13 July Monthly Breakfast City Café Diner
- 14 July The fall of the Bastille (1789)
- 16 July San Diego founded (1769)
- 16 July First atomic bomb detonated in the New Mexico desert (1945)
- 16 July Apollo 11 lunar mission began with a lift off from Kennedy Space Center (1969)
- 16 July Apollo 11 Golden Anniversary Space & Rocket Center
- 16 July John F. Kennedy Jr. died in a plane crash (1999)
- 17 July Czar Nicholas II, his wife Alexandra, and their five children were murdered (1918)
- 17 July TWA Flight 800 crashed off the coast of Long Island killing 229 (1996)
- 20 July Vietnam war ended (1954)
- 20 July Neil Armstrong became first man to walk on the moon (1969)
- 21 July Guam ceded to the United States by Spain (1898)
- 22 July Bank robber John Dillinger shot and killed by FBI agents in Chicago (1934)
- 23 July Revolution in Egypt changed government to a republic (1952)
- 24 July Potsdam Conference held in Germany (1945)
- 25 July Luxury liner Andrea Doria sank 1,634 people were rescued before the ship went down (1956)
- 27 July Korean War ended (1953)
- 28 July Bonus March eviction in Washington, DC (1932)
- 30 July Former Teamsters Union leader James Hoffa disappeared (1975)
- 31 July -The U.S. Patent Office first opened its doors (1790)

