Volume 57, Issue 5 May 2018



Huntsville Chapter Military Officers Association of America Continue Chapter Huntsville Chapter America Continue Chapter America

Huntsvillemoaa.org





PRESIDENT'S MESSAGE Col Gerald C. Maxwell, USAFR



Fellow Members -

Graduation time, Memorial Day, summer activities – all soon to be here! All provide time to spend with friends and family.

I'd like to remind you of the annual Tut Fann BBQ coming up on 9 June. We need a few volunteers to help serve lunch and socialize with the residents. And of course, you get a free lunch. The residents there very much look forward to their social time and YOU can provide a much-needed conversation with another veteran. With Memorial Day approaching we can also remember the veterans who never came home, those who lost precious family time, and those who still have physical/mental reminders of that sacrifice. The Chapter lays a wreath each Memorial Day at Maple Hill Cemetery. Come out and observe the ceremony.

Speaking of sacrifices, just a very few of our hundreds of Chapter members volunteer their time for the operation of the Chapter. The jobs are not difficult and do not require a lot of time. What are you doing at this very moment as you read this? Are you getting tired of watching TV and the endless re-runs? Tired of being tired? Just a few hours per month will greatly benefit the Chapter and reinvigorate yourself. Get involved! Make a difference! You can contact any Board member and we will help you find a position where you can make a difference.

Remember to make your reservations for the 30 May member meeting, where the Redstone Arsenal Garrison Commander COL Thomas "Doc" Holliday will be the guest speaker. There are no member meetings in June or July, so you can enjoy your summer. On 29 August we are excited to welcome our local congressman Mo Brooks as our speaker! He always has insightful knowledge of politics and what is anticipated for the north Alabama area.

As always, check out our award-winning website for more information and updates: http://huntsvillemoaa.org

Gerald Maxwell

Get Involved!

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Note: National MOAA and the Huntsville Chapter are non-partisan organizations



Legislative Corner Lt Col Charles Clements, USAF-Ret





http://www.moaa.org/<u>takeaction/</u>

"All politics is local."

We are about one month away from the Alabama primary election scheduled for June 5th. The ballot is too extensive to list all the offices and candidates in this article. However, if you go to our website at http://huntsvillemoaa.org/legislative0.aspx you will see a detailed list of candidates for Northern Alabama offices as well as state-wide offices.

Alabamians living in 27 storm-hit counties have until Monday 18 June to file their state income tax return if they were adversely affected by the bad weather. The 27 counties include all of northern Alabama. Taxpayers seeking the extension need to write "Severe Weather Relief—2018" on their returns. For those filing electronically contact the Alabama Department of Revenue for guidance.

Governor Ivey signed a bill into law providing the State of Alabama another method of execution—nitrogen hypoxia. Death occurs by having the inmate to breathe 100% nitrogen removing oxygen of their system. This method has never been used and has been authorized in only two other states—Mississippi and Oklahoma. The other to authorized methods of execution in Alabama are lethal injection and electrocution.

President Trump signed the \$1.3 trillion omnibus spending bill to fund the government through the end of this fiscal year. The government was set to run out of funding. Trump said he was considering a veto because the bill doesn't include plans for dealing with hundreds of thousands of undocumented immigrants known as Dreamers or full funding for a border wall. He said he looked "very seriously at the veto" but opted to sign the bill because of the "great gains we've been able to make for our military." "We had no choice but to fund our military because we have to have the strongest military in the world," Trump said. "This will by far be the strongest military we've ever had."

The omnibus spending law includes several hits and misses for the military and veterans. Here's a look at what is - and isn't - tucked into the \$1.3 trillion act.

The hits:

• A 2.4 percent pay raise for servicemembers, which they've been receiving since Jan.

Continued on page 6

2017-2018 GOVERNING BOARD

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LIFE MEMBERSHIP TRUST

COL John Fairlamb, USA-Ret, 256-539-0161, fairlambjrf@comcast.net (June 2017)

MAJ Monte C. Washburn, USA-Ret, 256-301-5457, monte.washburn@heartlandits.com (July 2018)

LTC John C. Franks, USA-Ret, 703-489-2701, john.franks@ingenuityinc.net (July 2016)



PX / Commissary Col Gerald C. Maxwell, USAFR





Main Exchange

How is your yard? Ready for family activities or in need of more attention? Your Main Exchange has the yard care tools, fertilizers, mulch and top soils you require. Start your yard off right by getting rid of all the weeds and feed the grass at the same time. You can choose from a bag to spread on your yard to several liquids that make the job even easier. Plus, your Exchange now has garden plants! Peppers, tomatoes, herbs and more – buy a single or a flat!

After the yard work, throw some meat on the smoker or grill – many sizes and styles are on sale at your Exchange. From apartment size to the neighborhood block party – your Exchange can make you king of the grill.

Then relax by your super-sized TV or surf the internet on your new computer. Either way, your Exchange has you covered.

Just outside the Exchange enjoy some coffee at the Gathering Grounds Coffee Shop M-F 0730-1430 and Saturday 0900-1400. Plus, The New Popeye's Chicken is now open!

Shopette

Join us at the Express Pre-Memorial Day Tent Sale from 17-19 May. Your favorite and new offerings of beer, wine and various spirits will be on sale.

Check out the wide variety of new local brews available. Hopness Monster, Kolsch, Big Creek and Hop Dang Diggity - in Southern IPA, Cooter Brown, and for the truly daring Pineapple Habanero.

Other beers in stock include Honey Brown Lager, Founders Porter, Stone IPA, Golden Monkey, Harpoon IPA, and Little Sumpin' Ale. New from Yellow Hammer Brewing is Belgian White, Midnight, t-minus, Rebellion, and Cheatin Heart beers.

As always, check out the wines of the month, spirit of the month, and limited time specials.

Don't forget to join the coffee club – buy 6 cups and get the 7^{th} one free! Another great deal at your Shopette.

Commissary

Join us for the Commissary sidewalk sale 3, 4 and 5 May. Paper products and canned goods at club prices.

Continued on page 8

Need Addresses

None this month

We have lost track of the above member. If you know their whereabouts, please have them contact Chris Downing at 256-828-9740 to update their addresses.

Concerns

This month the following people were reported as being ill or recuperating and need our support and prayers:

COL Wayne Miller, USA

Persons to contact are:

Army Representative: COL James D. Treadway 256-859-1484 jtreadway51@mchsi.com

Navy/USMC Representative: **CW4 Louis J. Kubik** 256-859-3054 lkubik@mediacombb.net

Air Force Representative: Col Edward L. Uher 256-882-6824, biged992K@aol.com

Personal Affairs Officer Lt Col Gerald Haynes 256-882-7857 jerry15@hiwaay.net





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Fox Army Health Center MAJ Bruce T. Robinson, USA-Ret



Smoke Free Campus coming to Fox

Fox Army Health Center will soon be a tobacco free medical campus. An Army Medical Command directive requires that all medical treatment facilities promote tobacco free living throughout the entire medical campus. The change, which goes into effect June 1 at Fox, will include the parking lot, as well as the jogging trail, and applies to both employees and beneficiaries.

"We're excited. This is a great opportunity to help us help patients help themselves," Fox Army Health Center Commander Col. Michael Oshiki said. "We know the effects of secondhand smoke are significant, on kids, as well as adults, so we're freeing the workplace from any secondhand smoke."

For those smokers who will be impacted by the change, there is help. Fox's Wellness Clinic continues to offer a tobacco cessation program, open to all active duty, active duty family members, Tricare Prime/non-prime beneficiaries and current Redstone Arsenal Department of Defense/Department of the Army civilians.

"We're not just saying, 'Good luck with that,' we're saying, 'Let us help you do something that's good for you as a patient, and as a person, for your health,'" Oshiki said. "We want to help you. The single best thing anyone can do for their health, if they're a smoker, is to quit smoking. The effects on the body that go along with smoking – the increased risk for cardiovascular disease, for stroke, for lung cancer, the effects on the kidneys, for women of childbearing age – the birth defects that go along with smoking – we can reduce those risks by quitting."

The program, which runs 12 weeks, includes five classes, one-on-one support and free tobacco cessation medication. One of the most effective ways to quit smoking is through both counseling and medication, according to the Centers for Disease Control.

"A lot of people come in and think, 'If I just have the medication then that's the fix. The medication is going to stop me from smoking," Dr. Minnetta Williams, chief of Fox's Wellness Clinic, said. "One of the big pieces we have to make sure we're teaching throughout the class is it's more than the medication, there's a behavioral component there. We've got to change the behavior. The medicine is just there to guide them through that process of change."

Class topics include: determining commitment, symptoms of recovery, stress mastery, relapse prevention and coping strategies. The classes are held from 11:30 a.m. to 12:30 p.m. the first five Tuesdays of the program, and then participants follow up individually with nurse educators at two-week intervals and are also checked in on at the 3-month, 9-month and 1-year mark.

"The hardest part for them is changing the behavior, so that's our goal, is to give them ideas of what their triggers might be so that they're prepared for when those urges come, then they'll have tools available in order to overcome the urge, instead of falling back into the same habit," said Mary Bouldin, nurse educator. The success rate for the program is 44 percent. While that may not seem like a lot, the national average is 31.2 percent.

"Many people try and quit multiple times," Bouldin said. "The first time they may not be successful. We have several people who have come through the program maybe three times, and that's the charm. It's a difficult process. Behavioral change is difficult. Any time you try to change a habit you've established, one you've had for years, it's really difficult, and when you add the physical addiction to nicotine, it makes it ever harder." For more information about the Tobacco Cessation Program, call 955-8888 ext. 1440

Legislative – *continued from page* 2

- \$700 billion for the military the largest year-on-year funding increase for DoD in 15 years. That includes \$144 billion for weapons and equipment upgrades.
- A lift on defense spending caps, one of five things MOAA wanted President Trump to address in his first State of the Union speech.
- Spending flexibility that will allow military leaders to use some funds appropriated this year in fiscal 2019.
- A \$234 million funding increase for NOAA.
- Mental-health services for "bad paper" veterans that includes screenings before they leave the military.
 Metal-health support will also be provided to those who: served 100+ days on active duty, experienced sexual trauma, or served as drone operators.
- A 1.9 percent pay raise for federal civilians.

The misses:

- Much-needed VA reform was not included. Several reform proposals were included in the drafts that lawmakers dropped earlier this week. Proposed reforms included increased funding for private-sector care and the MOAA-supported expansion of caregiver support.
- There's still a long way to go to restore regular fiscal order. This spending bill was passed halfway through the fiscal year. It took five continuing resolutions and two government shutdowns to get here.

There's also, as the president noted when he signed the bill, a need for greater transparency. Lawmakers scrambled this week to get votes on a 2,000-plus-page bill before the government ran out of funding. This violates a 2010 promise by Republicans for greater government transparency.

Another fiscal showdown is likely to occur this fall, and Congress now has just six months to complete work on its fiscal 2019 budget. Lawmakers expect to begin work on DoD's 2019 budget in early May.

Please take time to look at http://takeaction.moaa.org. There are key bills in the US Congress MOAA thinks are important to you. Let you representatives in DC know what you think of these bills. The webpage like above enables you to review the bill and if you think it is something that should become law, allows you to prepare emails or print out letters to your representatives in Congress.

Birth Dates

The Chapter is trying to get an accurate listing of all member birth dates. There are a couple of reasons for this. First, our new "Emeritus" membership category provides free membership for those 90 years of age or older. Second, members are recognized in The Sentinel during the month of their birth. Our records are inaccurate for several reasons:

- Some members have provided no information at all
- Some members have only provided a day & month
- Most of our surviving spouses did not update our records when they became members and we still have their husband's/wife's birth date listed in our database.

If you are interested in updating and/or verifying your birth date, please contact either Chris Downing or Bruce Robinson.



Surviving Spouse's Luncheon

Mrs. Carrie Hightower 256-882-3992

We had a good turnout for our April luncheon. Sixteen ladies attended, and everyone had a good time.

We will gather on Thursday, 17 May at 11 AM. This month's restaurant is Cheddars, 6175 University Drive, Huntsville, Alabama 35806 Phone is 256-971-2000.

Reservations are a must. Hope to see you there.

Surviving Spouse Corner: Suicide Prevention

Suicide affects all Americans — all genders, races, ethnicities, and socioeconomic statuses. The Centers for Disease Control and Prevention reported that from 1999 through 2014, there was a 24-percent increase in suicide rates in the general population for both males and females. In 2014, an average of 20 veterans a day died from suicide. Of veterans who killed themselves, 65 percent were age 50 and older. VA Secretary Dr. David Shulkin has stated suicide is a national public health crisis and has made suicide prevention his top clinical priority.

Knowing warning signs, asking a person directly about suicidal thoughts and plans, and telling someone who is trained to help are crucial to suicide prevention. Immediate help is needed for someone talking about killing himself/herself and has a plan to use a gun, pills, or other means. Another critical warning is someone talking or writing about death, dying, or suicide. Other warning signs include expressing feelings of hopelessness and worthlessness, exhibiting dramatic mood changes, increasing use of alcohol and other drugs, and expressing having no reason for living.

Perhaps the biggest myth about suicide is that talking about it makes people more likely to kill themselves. In reality, asking people directly about suicide can bring it into the open and allow opportunity for intervention.

Suicide is not a secret to keep. Seek help from a licensed mental health professional. If the threat is critical, call 911 or take the person to a hospital emergency room. Help is available for veterans by calling the VA Crisis Line: (800) 273-8255, press 1. Chat online at www.veteranscrisisline.net or send a text message to 8382555 to receive confidential support 24/7, 365 days a year. Coaching Into Care is a VA national telephone service available to family and friends of veterans that provides mental health professionals to assist callers with determining the best way to get help for a veteran and how to navigate the VA system. Coaching also involves helping callers determine how to begin the conversation to motivate the veteran to seek treatment. Call (888) 823-7458, Monday through Friday, 8 a.m. to 8 p.m. EST.



Chaplain's Corner CH (LTC) Bert Wiggers, AUS-Ret

Faith, Hope, Love

One of the most memorable sermons was preached by the late Emil Brunner at the Faumunster Kirche in Zurich, Switzerland. It was based on the phrase, "faith, hope, and love."

The points were these: Every man has a past, a present, and a future. The problem in our past is sin, but God has an answer to that problem. The answer is faith—faith in the death and resurrection of the Lord Jesus Christ. The problem in our future is death, but God has an answer to that problem also. The answer to that problem is hope—hope in Christ's return based on the fact of His historical resurrection and His promises. The problem in our present is hate, and God's answer to that problem is love. It is the love of Christ lived out in the lives of those who trust Him.

"But when I was a child, I spoke as a child, I understood as a child. I thought as a child, but when I became a man, I put away childish things. For now, we see through a glass, darkly; but the face to face; now I know in part; but then shall I know even as also I am known. And now abides faith, hope and love these three; but the greatest of these is love." (1 Corinthians 13:11-13)



PX – *continued from page 3*

For your Memorial Day BBQ consider, steaks, chops and ribs – check out the prices at your commissary. Plus, a huge selection of sauces, rubs, and spices – and enough foil and storage containers to put it all away when you are done!

Snacks, breads, and unusual food items from around the world – all at your commissary.

Download the Commissary Rewards mobile app (from Google Play and the App Store) today. No more clipping coupons. Or, pick up a Commissary Rewards card at any commissary location worldwide. Register it at

https://newdeca.couponselectionpage .com/#register and you are ready to start saving! Your commissary has selected special coupons for their customers to help you make the most of your benefit!



Chapter Happenings







March Member Meeting at Nick's Ristorante – Medal of Honor winner CPT Gary Rose was the guest speaker



ROTC Awards Day at Alabama A&M University – Charles Clements and Lou Kubik present the awards



Volunteer Luncheon – Rick West receives an award from LTG Daly, Senior Commander Redstone Arsenal



Volunteer Luncheon – Chapter awardees Rick West, Bruce Robinson and John Fairlamb



HCMOAA Treasurer's Report March 2018

Submitted by CAPT Richard C. West, USN (Ret.)

- 1. The March 2018 Treasurer's Report is presented herein. It will be presented to the membership for approval at the April 2018 Membership meeting.
- 2. Monthly Summary:

	Operating Funds	Savings	Scholarship Fund
Starting Balance	\$ 7830.85	\$ 7999.53	\$ 4210.86
Income	\$ 918.10	\$ 0.20	\$ 0.00
Expenses	\$ 1829.40	\$ 0.00	\$ 13.00
Ending Balance	\$ 6919.55	\$ 7999.73	\$ 4197.86

- 3. Notable income included individual dues and payments for membership meeting meals.
- 4. Notable expenses included payments for guest speaker meals and membership meeting meals payments.
- 5. Chapter savings account activity was limited to interest.
- 6. Scholarship Fund checking account activity was limited to expenses for fundraising classes at Chamber of Commerce and account online view fee.
- 7. The Chapter holds an \$8000 (current value: \$8153.46) Certificate of Deposit with Renasant Bank for reserve funding and advance dues payment protection.

Scholarship Fund

The Chapter has an active scholarship program. In conjunction with the RSA Military & Civilians' Club, we issue scholarships each year to deserving students. <u>Please consider donating</u> to our program. Contact Rick West at rickw675@att.net or 256.776.6901 for details.

Scholarship Fund Donations Received During April 2018

NONE

Total received for April: \$0 Total received FY18 to date: \$520



WELCOME NEW MEMBERS TO HUNTSVILLE CHAPTER MOAA

LTC David O'Neil, USA CDR Milton Williams, USN

Membership Statistics

Total Members: 384 Regular Members: 318 Surviving Spouses: 66

New this month: 2 Deaths this month: 4

Renewals: 3



MEMORIALS

If you would like to send a memorial contribution to the Huntsville Chapter MOAA, please send the following information along with your check to: Memorials, HCMOAA, P.O. Box 1301, Huntsville, AL 35807

In memory of:

By:

Board Member Position Open

We have an opening on the board for a Secretary. The position is currently being filled on an interim basis.

The Secretary's duties mainly are to take minutes at the board and membership meetings to document the proceedings.

If you are interested in serving as Secretary, contact any board member.



Huntsville Chapter Military Officers Association of America P.O. Box 1301 Huntsville, AL 35807



Membership Application or Renewal Confirmation Yes! I'd like to add my voice to the Huntsville Chapter

New		One Year	\$10* I	f New, how d MOAA N	id you hear about us? lational	
Rene	ewal	_ Two Years	\$20	Local event Letter / e-mail from HCMOAA		
		Three Years	\$30 <u> </u>	HCMOA Friend /	e-mail from HCMOAA A website acquaintance lease explain	
		oter Life Member ricing (age-base		Outer (i	теазе ехрішії	
		ng between 7/1 to r 11/1 will have n	o 11/1 nembership paid tl	nrough follow	ring calendar year	
Firs	t Name	MI	Last Name			
Preferre	d Name	Birthday	Spous	se's Name	Period(s) of Active Duty i.e. 1965 – 1990	
	Branch of	f Service MC	DAA National Mem	ber#		
Grade						
	Retired	NG	Former Officer	Reserve	Surviving Spouse	
Active	Retired ling Address	NG	Former Officer City	Reserve Stat		

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27 Birthdays in May

LCDR Edward S King, USN
Lt Col Louis S Davis, USAF
COL James E Bizer, USA
Col John A Morrison, USAF
Mrs Mabel Byrd
LTC Randall W Withrow, USA
CDR Steven T Middleton, USN
LTC David E Pray, USA
LTC James F Duttweiler, USA
COL James R Allred, USA
LTC Paul A Hays, USA
COL James D Treadway, USA
MAJ Charles B Drake, USMC
CH (LTC) James R Johnson Sr, USA

LTC James M Carter, USA
LTC Hector New, USA
Col William H Gibson, USAF
CW4 Jeffrey Sumners, USA
COL Harold J Hicks, USA
CWO3 William L Holtzclaw, USMC
Mrs Jan Camp
COL Michael S Maloney, USA
LTC Allyn C Griffiths, USA
CW3 Kenneth J Nurmi, USN
MAJ Loran R McKinley Jr, USA
CWO4 Gary K Sweet, USN
LTC Donnie L Henley, USA

If we missed your birthday, it's because we don't have it on file. Please e-mail your birth date to MAJ Bruce Robinson at brucer76@knology.net so it can be included in future newsletters. Thank you.

The Golf Committee Needs You

It's that time again. Initial planning is underway for the 2018 Scholarship Golf Tournament. You don't need to know anything about golf or commit an excessive amount of time – you can volunteer as much or as little as you see fit. The following are some of the ways you can help:

- When you visit a local merchant, ask them if they could donate any goods or services
- Recommend businesses that we can approach to be sponsors
- Spread the word about the tournament to any golfers that you know
- Set aside some time on tournament day to help out at the course just an hour or two
- Join the golf committee we meet monthly over lunch at the Redstone golf course





If interested, or to find out more, contact Bruce Robinson, brucer76@knology.net or 256-426-0525



Our deepest sympathy and prayers are extended to the families and friends of:

TAPS

Major General George E. Turnmeyer, USA - age 92, died at his residence. He was born in Dubuque, Iowa to Louise Kovanda Turnmeyer and George Turnmeyer. He entered the Army as a private in 1944 and retired as a Major General in 1977. MG Turnmeyer's citations and awards include the Army Distinguished Service Medal and induction into the exclusive Ordnance Corps Hall of Fame in 1990. He completed an MBA in Industrial Management at Babson Institute. MG Turnmeyer also recognized that a synergistic relationship between the Redstone Arsenal military community and the Huntsville civilian community was essential, and worked tirelessly to achieve this through outstanding contributions, both as Commanding General of the Army Missile Command and through his community service.

Major contributions to the community including the donation of Redstone Arsenal land for a major expansion of the Huntsville Space and Rocket Center and for construction of athletic fields; the Huntsville Botanical Gardens were also built on this land. As MICOM Commander, MG Turnmeyer was highly regarded, not only for his professionalism and expertise, but also for his compassion for the Solider. During his command, construction on Redstone Arsenal included the Bicentennial Chapel, and a new Post Exchange and Commissary. He was also instrumental in the later construction of a New Officers Club and a modern barracks complex.

While retired, MG Turnmeyer continued to exhibit the same dedication to the Huntsville/Redstone community that he displayed during his working years. As President of the Bicentennial Chapel Historical Society, MG Turnmeyer organized a diverse group of local church, business and city government leaders, and active and retired military civilians, to provide the chapel with fourteen stained glass windows depicting George Washington at Valley Forge and each of the thirteen original states. MG Turnmeyer was also co-chairman of the \$4M project to rebuild Holy Spirit Church, and its school and rectory after the devastating tornado of 1989. He worked tirelessly with local, state and national business and political leaders to establish Redstone Village to create a continuing care community where Army widows could live in peace, harmony, and security.

MG Turnmeyer was a member of Good Shepherd Catholic Church. He was active in many community organizations including Redstone-Huntsville Chapter of AUSA, Huntsville Rotary Club, Huntsville Chapter of the American Red Cross, United Way, and Meals on Wheels. His lifelong interest in trains was evident by his active role in the Redstone Model Railroad Club and North Alabama Railroad Museum. He is preceded in death by his wife Jean F. Turnmeyer, daughter Ann L. Turnmeyer, and grandson, James Turnmeyer. He is survived by his son, LTC (R) Robert Turnmeyer, grandson Edward Turnmeyer (Erin), and two great grandchildren Zoe and Jack Turnmeyer. A visitation was held from 10 to 11 a.m. Wednesday, April 11 at Good Shepherd Catholic Church, and the funeral service followed at 11. Burial was in Maple Hill Cemetery.

LTC Philip H. Bradley, USA – passed away from complications caused by COPD. He was a graduate of the University of Alabama, where he earned a Bachelor of Science degree in petroleum engineering, and Purdue University where he earned his master's degree in engineering.

Continued on next page

TAPS – *continued from previous page*

He had a distinguished military career in the United States Army, serving tours of duty in Korea, Thailand, Vietnam, Turkey and Iran, along with various assignments in the United States. After retirement from active-duty, he was hired as a civilian with the Army Corps of Engineers in Huntsville where he served as project manager on several major initiatives.

Phil was married to Jackie, his beloved wife of 62 years. They have three children, Leigh Bradley and her husband, Doug Wade, Flip Bradley and his wife Bonnie, and Lynn Dobry and her husband, Drew. He was also the proud grandfather of six grandchildren. Phil was the first Eagle Scout in Escambia County, Alabama and served as an elder at Covenant Presbyterian Church. He was a devoted fan of the Crimson Tide, as well as an avid golfer, joining Valley Hill Country Club in 1969. He served in several leadership roles in the Alabama Seniors Golf Association, including, most recently, as President Emeritus. Services were held at Covenant Presbyterian Church on Saturday April 14. In lieu of flowers, memorials may be made to Covenant Presbyterian Church, 301 Drake Avenue 35802.

Jean Moughon Murphy – age 90, of Huntsville, Alabama, passed away on April 7, 2018. She was born in Birmingham, Alabama to Jean and Gordon Moughon. She attended Centenary University in New Jersey and The University of Alabama in Tuscaloosa. Jean worked as a model in New York City in her early twenties. She enjoyed gardening, traveling, genealogy and archaeology. She was also actively involved in the National Society of Magna Charta Dames, Sovereign Colonial Society Americans of Royal Descent, National Society of Colonial Dames, Colonial Order of the Crown, National Society of the Daughters of the American Revolution, National Society Daughters of the American Colonists and United Daughters of the Confederacy.

Jean was preceded in death by her husband Edward Lennon Murphy, Jr. She is survived by her children, Jeanie Morris Murphy of Birmingham, AL, Edward Lennon Murphy III (Margie) of Mt. Pleasant, SC, and Harriette Murphy-Smith (Patrick) of Huntsville AL; two grandchildren, Daniel Jones (Trish), and Laura Claire Jones; three great-grandchildren; sister, Mary Moughon Havill; and niece, Holly Havill, both of Birmingham AL. Visitation was held on April 17 at Laughlin Service Funeral Home, with the service to follow in the chapel. In lieu of flowers, donations may be made to Kate Duncan Smith DAR School, Grant AL or to your favorite charity.

CW3 William Clifton "Bill" Billingsley, USA - died in Huntsville on April 12, 2018 at the age of 76. He was born in Cotton County, Oklahoma on November 11, 1941 and is survived by his devoted wife of 52 years, Joyce Lynda Billingsley of Huntsville; two daughters, Alison Williams and Sharon Green, and husband, Todd; and granddaughter, Mia Williams, all of Nashville, TN. Other survivors include two brothers, Carl Billingsley (Cathie) of Greensboro, North Carolina and Larry Billingsley (Teresa) of Elgin, Oklahoma; and one sister, Jodi Riddle (Joe) of Norman, Oklahoma; five nieces and one nephew; four grand-nieces and four grand-nephews.

Bill was above all a soldier and patriot, serving his country for 20 years in the UK, Germany, and Southeast Asia. He received numerous awards from the US Army and Republic of Vietnam including the Vietnamese Cross of Gallantry and the US Army's Meritorious Service Medal.

Continued on next page

TAPS – *continued from previous page*

After retiring from service Bill became a journalist as "The Rough Writer" at the North Augusta Star, in South Carolina. In 1982 he and his family came to Huntsville where he became a Communications Engineer working in support of US Defense programs including the communications systems at Kwajalein Missile Range and the ideation of critical components of the US National Defense System being used today.

Bill claimed Scottish descent with connections to three clans, and in recent years traveled with friends to Scotland annually to the Islay Festival of Music and Malt. A true renaissance man, Bill was passionate about life. Always a friend, mentor, and often an uncle or father figure. "The Library" was his favorite place to be for sharing conversations over maybe a dram.... or two. William C. Billingsley 1941-2018 United States Army "Gone to Fiddlers Green".

A celebration of Bill's life will be held in the near future. For anyone wishing to honor his memory by donating, the American Cancer Society and the American Heart Association were both close to his heart.

Gone but not forgotten for their dedicated support and service to our Country. We will miss these outstanding Leaders and Patriots.



Chapter Trip being Planned

The Chapter is planning a trip to the hills of Tennessee for some whiskey distillery tours and tastings.

The tour company, Whiskey Bent Tours, is a family owned company dedicated to making your travel experience fun, educational and stress-free. Take a seat and relax while they drive you around the rolling hills of Tennessee. They will stop and visit four neighboring distilleries and venues where you will enjoy taste testing, tours, stories and the history of the making.

A maximum of 14 people will be picked up and returned to Huntsville in a small bus. The tour will stop for lunch in Lynchburg. Possible venues include: Jack Daniels, George Dickel, Lynchburg Winery, Southern Pride and Pritchard's. The cost will be about \$120 per person and includes a souvenir T-shirt. We are looking at the July/August timeframe.

Intrigued? Please send Bruce Robinson an e-mail (brucer76@knology.net) so we can start to gauge the interest.



Membership Meeting 30 May 2018 1100 – Summit Club

Guest Speaker: COL Thomas Holliday Commander, US Army Garrison Redstone Arsenal

Colonel Tom Holliday was born in Alabama and raised in Chattanooga, Tennessee. He earned a Bachelor of Science Degree in Civil Engineering from the United States Military Academy in 1992. Upon graduation, he was commissioned a Second Lieutenant in Military Intelligence and detailed to Armor with an initial assignment at Fort Knox, Kentucky.

Following the Armor Officer Basic Course, he served as a Tank Platoon Leader and Battalion S-1 in the 2nd Battalion, 33rd Armor Regiment. In October 1995, he was assigned to 1st Battalion, 72nd Armor Regiment at Camp Casey Korea, where he served as a Company Executive Officer and Battalion S-3 Air. Returning from Korea in 1996, he attended the Military Intelligence Transition and Advanced Courses. In July 1997, he was assigned as the Deputy G2 for the US Army Garrison at Fort Riley, Kansas. While at Fort Riley, he also served as the S2 for 2nd Battalion, 34th Armor Regiment and as the Company Commander of Headquarters and Headquarters Company, 1st Brigade Combat Team, 1st Infantry Division. In October 2001, he was assigned as the Assistant Group S2 with the 3rd Special Forces Group at Fort Bragg, North Carolina. While in this position, he served three tours in Afghanistan as the Deputy CJ2 for the Combined Joint Special Operations Task Force – Afghanistan. In 2004, he attended the Command and General Staff Course at Fort Leavenworth, Kansas. Upon his graduation in May 2005, he returned to the 3rd Special Forces Group as the Group S2 and again deployed to the Combined Joint Special Operations Task Force – Afghanistan for two additional rotations as the CJ2. In the summer of 2007, he became the G2 for the United States Special Forces Command at Fort Bragg, North Carolina. In January 2011, he was assigned to the 3rd Infantry Division at Fort Stewart, Georgia as the Division G2. While serving with 3rd Infantry Division, he deployed as the CJ2 for the Combined Joint Task Force - 3 in Regional Command South, Khandahar, Afghanistan. Following this deployment, he attended the US Army War College in 2014. Upon his graduation, he was assigned as the Deputy G3 at US Army Cyber Command at Fort Belvoir, Virginia. He is currently serving as the Garrison Commander at USAG-Redstone Arsenal, AL.

Colonel Holliday's decorations include the Bronze Star, the Defense Meritorious Service Medal, the Meritorious Service Medal, the Joint Service Commendation Medal, the Army Commendation Medal, the Army Achievement Medal, the National Defense Service Medal, the Afghanistan Campaign Medal, the Global War on Terrorism Expeditionary Medal, the Global War on Terrorism Service Medal, the Korea Defense Service Medal, the Armed Forces Service Medal, and the NATO (ISAF) Medal. His badges include the Ranger Tab, the Parachutist Badge, and the Air Assault Badge.

Colonel Holliday is married to the former Jennifer Carroll and they have three children, Emily, Mary Shannon, and Thomas.

Menu: Chicken Parmesan, Meat Lasagna, Green Beans, Tossed Salad, Tiramisu & Assorted

Beverages

Cost: \$15 for Chapter members and their guests – pay at the door – cash or check only

RSVP: CDR Christine Downing, 256-828-9740, csdowning@bellsouth.net, NLT 26 May 2018

"Ask the Doc"

By Dr. David M. Ferguson, Ph.D., Fox Army Health Center

What do I do if my child tells me s/he wants to die?

Children are learning about suicide and attempting suicide at very young ages now. So, the first thing to do is to take your child's comments seriously. It might be that your son or daughter is having a bad day and is just repeating something she/he heard from another friend. Do not assume you know. Ask your child to tell you more. Although this is a very difficult subject, be patient and listen. Rather than interrupting and asking for details, use the phrase' "tell me more" in a gentle, nonconfronted manner. Do not be judgmental or insulting by saying things like, "you aren't serious" or "what is wrong with you, you should be happy," or "only crazy people commit suicide." After you have let you child talk, ask if s/he has a plan for how s/he would end his/her life. If children have a specific plan, like hanging or taking medication, make sure s/he does not have access to the means. Whether or not your child has a plan for suicide, seeking professional help is the next essential step. Do not assume that this will pass, and your child will be OK. Varieties of agencies are available for immediate assistance. Calling your closest Emergency Room may be the next step you take, especially if your child has the intention to end his/her life and the means. The Emergency Room personnel will advise you what steps to take next. The National Suicide Prevention hotline is available 24/7 and a great resource. Madison County's Crisis Line is (256) 716-1000 and can link you with resources in this area. Behavior Health at Fox Army Health Center is also available during duty hours at (256) 876-9085. After you have received adequate professional help for the crisis, do not stop there. Continue to follow-up with professional assistance until the professional thinks you have the insight and tools to manage any future instances.

Introducing Qualifying Life Events: Changes to Your TRICARE Options

When life changes for you and your family, your TRICARE options may also change. With TRICARE, certain life events (like moving due to a permanent change of station, getting married or divorced, adopting or having a baby, becoming Medicare eligible or losing health coverage) are called Qualifying Life Events (QLEs). QLEs include military and family-related changes.

Depending on your eligibility, a QLE may allow you to enroll in a new TRICARE plan or change your coverage options. If you want to enroll in or change your plan, you must make the enrollment changes within 90 days following the QLE. No matter when you initiate this change, coverage starts the date of the QLE. You must pay any enrollment fees or premiums due during that period.

"This is similar to civilian plans, where changes outside the annual enrollment window are only allowed after certain life events," said Ken Canestrini, acting director, TRICARE Health Plan. "This allows families to reevaluate health plan options and make any changes to have the health plan option that best meets their situation."

If one member in a sponsor's family experiences a QLE, all eligible family members may change their enrollment status during the QLE period.

This is one of several enrollment changes you'll hear more about throughout the year. Learn more about <u>upcoming TRICARE changes</u> and take command of your health care.

FEDVIP To Bring Vision Coverage to TRICARE Beneficiaries

Only half of the 61 million U.S. adults who are at high risk for serious vision loss visited an eye doctor in the past year, according to the <u>Centers for Disease Control and Prevention</u>. Eye exams can help keep your vision strong, diagnose potential issues early, and prevent diseases that may lead to vision loss or blindness.

Beginning with the 2018 Federal Benefits Open Season (Nov. 12 to Dec. 10, 2018), beneficiaries enrolled in a TRICARE health plan will be eligible to enroll in the <u>Federal Employees Dental and Vision Insurance</u> Program (FEDVIP). Coverage will start Jan. 1, 2019.

Beneficiaries enrolled in or are eligible for the <u>TRICARE Retiree Dental Program</u> (TRDP) will also be able to enroll in one of the FEDVIP dental options for 2019 coverage. TRDP will end on Dec. 31, 2018. FEDVIP offers 10 dental and four vision carrier options. If you are currently enrolled in the TRDP plan, you will **not** be automatically enrolled in a FEDVIP plan for 2019.

You can begin reviewing the <u>2018 FEDVIP program options</u> now to better understand your coverage and cost options. Please know that benefits and costs may change each year.

The open season will be your annual opportunity to enroll in, change, or cancel a FEDVIP dental or vision plan. Each year, it runs from the Monday of the second full week in November through the Monday of the second full week in December. You may only enroll in a FEDVIP plan outside of open season if you experience a FEDVIP Qualifying Life Event (QLE). Any election in a FEDVIP plan remains in effect for the entire calendar year, unless you experience a QLE to cancel or change enrollment.

Almost all TRICARE beneficiaries are eligible to enroll in the FEDVIP vision coverage as the sponsor or primary enrollee. Visit the <u>FEDVIP website</u> for more information and to sign up for notifications about this change.

Alabama "Yellow Dot" Program

The "Yellow Dot" program is designed to assist Alabama citizens and first responders in the event of an automobile crash or other medical emergency involving the participant's vehicle. The program can help save lives during the critical time following an accident when victims may be unable to communicate for themselves.

The program provides detailed medical information that can be crucial following a crash. Participants of the program receive a "Yellow Dot" decal, a "Yellow Dot" folder and an information form with which to record the participant's name, an identifying photo, emergency contact information, personal physicians' information, medical conditions, recent surgeries, allergies and medications being used. A "Yellow Dot" decal on the driver's side rear window of a vehicle alerts first responders to check in the glove compartment for the corresponding "Yellow Dot" folder. Having this information following a crash helps first responders positively identify the person, get in touch with family or emergency contacts and ensures that the person's current medications and pre-existing medical conditions are considered when treatment is administered for injuries.

The "Yellow Dot" program is a free service provided to individuals of all ages, with an emphasis on senior citizens. For more information visit the program's website at: http://adeca.alabama.gov/Divisions/lets/TrafficSafety/YellowDot/Pages/default.aspx

The "Yellow Dot" program is a cooperative effort of local Law Enforcement, Fire & Rescue, Emergency Medical Services, Senior Groups and concerned citizens.

Huntsville Chapter Objectives

- Promote the aims of the national MOAA organization
- Further the legislative and other objectives of MOAA through grassroots activity
- Foster fraternal relationships among retired, active and former officers of the uniformed services
- Maintain liaison and a positive relationship with the Redstone Arsenal Garrison and other military commands in the Northern Alabama area
- Provide a social venue for members to meet periodically and enjoy fellowship with people of similar interests and backgrounds
- Promote and assist worthy community activities
- Provide useful services and information for members and their dependents and survivors
- Provide representation to the Alabama Council of Chapters of MOAA
- Provide representation to the Northern Alabama Veterans and Fraternal Organizations Coalition
- Protect the rights and interests of service retirees and active duty military members in matters of state legislation through the Alabama Council of Chapters

Benefits of Membership

We are the largest of the 13 chapters in Alabama and have about 450 members. We have been recognized by National MOAA for the last four years with Level of Excellence awards. We provide grassroots support for issues that affect us and are active in both the Redstone Arsenal and Madison County communities. Why should you join our chapter? This is what we do, and what's in it for you:

- Partnership with Redstone Arsenal agencies Fox Army Health Clinic, Army Community Service, MWR, PX/Commissary, Military Retiree Council
- Membership in the North Alabama Veterans and Fraternal Organizations Coalition (NAVFOC) – plugged in to the larger Veterans associations "big picture"
- Recognizing leadership JROTC/ROTC awards and "gold bar" ceremonies
- Recognizing potential Scholarship Awards program with the Redstone Arsenal Military and Civilians Club
- Community service/relations annual Tut Fann Veterans Home BBQ, Memorial Day wreath laying ceremony, Veterans Day parade and events, Retiree Appreciation Day
- Camaraderie Monthly meetings & breakfasts, parties, golf tournament
- Information Monthly newsletter, web site, Personal Affairs, guest speakers
- Legislative action grassroots activities, support for National MOAA agenda
- Venue for getting involved

Please visit our award-winning chapter website at http://huntsvillemoaa.org where you can find out more about chapter activities.

Attention Members

One of the best sources of income for the Chapter comes from advertisements like the ones in this newsletter. You are the best resource for identifying potential advertisers. The next time you go out to dinner, or to shop, or to get a haircut, or to get your car fixed – ask the business manager if they would consider advertising. Let them know that the newsletter reaches our 400+ members each month. All they can say is "no".

If they are interested or desire more information, please let Bruce Robinson know, and he will follow up with them. His contact information is brucer76@knology.net or 256-426-0525.

Important Dates in May

- 1 May May Day
- 1 May Great Britain formed (1707)
- 1 May Francis Gary Powers' U-2 spy plane shot down over Russia (1960)
- 1 May European Union formed (2004)
- 2 May Osama bin Laden killed by US Special Forces (2011)
- 4 May Four students killed by National Guardsmen at Kent State University (1970)
- 4 5 May Whistle Stop Festival Huntsville Depot Museum
- 5 May Cinco de Mayo
- 6 May German airship Hindenburg explodes at Lakehurst, NJ (1937)
- 7 May Passenger ship *Lusitania* sunk by German submarine (1915)

10 May - Monthly Board Meeting - Java Café

- 11 May Battle of "Hamburger Hill" in Vietnam (1969)
- 12 May Monthly Breakfast Royal Rose Diner
- 12 May Berlin blockade lifted (1949)
- 13 May Mother's Day
- 13 May Pope John Paul II shot in Vatican Square (1981)
- 14 May Jamestown, Virginia established (1607)
- 14 May Smallpox vaccine was developed by Dr. Edward Jenner (1796)
- 15 May George Wallace shot in Laurel, Maryland (1972)
- 17 May New York Stock Exchange established (1792)
- 17 May First running of the Kentucky Derby (1875)
- 19 May Armed Forces Day
- 18 May Mount St. Helens erupted in Washington State (1980)
- 20 May Charles Lindberg solo flight from New York to Paris (1927)
- 21 May Red Cross founded (1881)
- 24 May Samuel Morse send first telegraph message (1844)
- 26 May Evacuation of Dunkirk (1940)
- 27 May Golden Gate bridge opened (1937)
- 28 May Memorial Day
- 30 May Lincoln Memorial dedicated (1922)
- 30 May Monthly Membership Meeting Summit Club

