

Volume 57, Issue 11
November 2018



Huntsville Chapter
Military Officers Association of America

The Sentinel

Huntsvillemoaa.org



PRESIDENT'S MESSAGE Col Gerald C. Maxwell, USAFR



Fellow Members -

Finally, cooler temperatures! I think we had maybe two weeks of Fall after the high temperatures and then our first frost. Plus, the holidays will soon be here! Your Chapter has several upcoming events you may be interested in.

First are the many Veteran's Day activities. You are invited to attend the [2018 Veterans Day Dinner](#) on Friday, November 9, and the [Veterans Parade Breakfast](#) on Monday, November 12. Register today with these links and take part in honoring our Veterans! Your Chapter also has three vehicle slots in the upcoming 12 November Huntsville parade. If you want to drive your car in the parade, a memorable experience, let us know. We will supply a magnetic banner for your vehicle.

Next there is Christmas gift wrapping at the PX. We are still negotiating for dates. Once secured, we will need volunteers to help wrap packages. This is an easy and fun way for the Chapter to raise funds.

Finally, on 15 December we will have our annual Christmas gala at the Summit Club. This is in lieu of our normal membership meeting. See the flyer inside for more information and to sign up.

Our next monthly breakfast will be on 3 November at the Royal Rose Diner. We gather at 9AM for some great food and fellowship. Note this is a date change to not conflict with the many Veteran's Day activities. Come hungry!

Gerald Maxwell

*Member Meeting 28 November
Guest Speaker is John E. Carson, local author & veterans advocate*

<u>In This Issue</u>			
President's Message	1	New Members	12
Legislative Corner	2	Membership Statistics	12
Concerns	3	Membership Renewal Notice	13
PX/Commissary	3	Birthdays	14
Fox Army Health Clinic	5	Chapter Happenings	14
Surviving Spouse Luncheon	7	TAPS	15
Chaplain's Corner	8	Suicide Prevention	16
Election Results	8	Wall that Heals	17
Guest Speaker	9	Christmas Party	18
Treasurer's Report	10	Chapter Objectives	19
Veteran's Day	11	Important Dates	20

Note: National MOAA and the Huntsville Chapter are non-partisan organizations



Legislative Corner

Lt Col Charles Clements, USAF-Ret



**Take
Action**

→ <http://www.moaa.org/takeaction/>

“All politics is local.”

The Alabama State general election is set for 6 November 2018. This is also a Federal mid-term election. All State US Representatives are on the ballot. Speaking of ballots, a composite ballot is on our website. It doesn't look exactly like how the Madison, Marshall, Limestone, etc. ballots will appear due to an effort to show races outside of Madison County. Educate yourself and VOTE!

A feasibility study found that Alabama needs a fifth state veterans home and recommended placing it in the southeast corner of the state. The Veterans Homes Committee of the Board of Veterans Affairs received a presentation of the report and voted to recommend the board move ahead with this project. The State Board of Veterans Affairs voted to proceed with a plan to build a fifth veterans home last week. The fifth home would be in a region that includes Barbour, Butler, Coffee, Covington, Crenshaw Dale, Geneva, Henry, Houston, and Pike counties. Ken Rollins, chairman of the Veterans Home Committee, said the next steps include determining a site for the new home and applying for a federal grant to help pay for the facility. He said that the other four homes had been built on donated land.

The state's Department of Veterans Affairs has homes in Alexander City, Huntsville, Bay Minette and Pell City. The home in Pell City is the newest and includes assisted living care. It opened in 2012. There are waiting lists for four current state homes. The US Veterans Administration has two long term care facilities in the state.

Please read the recent posting to the Legislative part of our webpage. The posting deals with new legislation called the Patient Right to Know Drug Prices Act.

As always, please take time to look at <http://takeaction.moaa.org>. The National Headhunters of MOAA has outlined action items they think are important to active duty force as well as those who have served, including you. On the MOAA webpage each action item is presented in the following format: Who is Affected; The Issue; and The Remedy. But understand these House and Senate Bills go away when the Congressional period ends in a few months—the new Congress must file these bills again.

2017-2018 GOVERNING BOARD

EXECUTIVE COMMITTEE

President: Col Gerald C. Maxwell, USAFR, 256-606-5282, gerald.c.maxwell@nasa.gov

1st Vice President: CAPT Richard C. West, USN-Ret, 256-776-6901, rckw675@att.net

2nd Vice President: Lt Col Charles T. Clements, USAF-Ret, 850-496-6089, ctcbama76@gmail.com

Secretary: Lt Col Charles T. Clements, USAF-Ret, 850-496-6089, ctcbama76@gmail.com (temporary)

Treasurer: CAPT Richard C. West, USN-Ret, 256-776-6901, rckw675@att.net

Army Representative: COL James D. Treadway, USA-Ret, 256-859-1484, jtreadway51@mchsi.com

Navy Representative: CW4 Louis J. Kubik, USMC-Ret, 256-859-3054, lkubik@mediacombb.net

Air Force Representative: Col Edward L. Uher, USAF-Ret, 256-882-6824, bigel992K@aol.com

Immediate Past President: Lt Col Charles T. Clements, USAF-Ret, 256-450-3610, ctcbama76@gmail.com

Second Past President: MAJ Bruce T. Robinson, USA-Ret, 256-426-0525, brucer76@knology.net

STANDING COMMITTEES

Membership: CDR Christine Downing, USN-Ret, 256-828-9740, cdowning@bellsouth.net

Programs: COL James D. Treadway, USA-Ret, 256-859-1484, jtreadway51@mchsi.com

Legislative Affairs: Lt Col Charles T. Clements, USAF-Ret, 256-450-3610, ctcbama76@gmail.com

Personal Affairs: Lt Col Gerald Haynes, USAF-Ret, 256-882-7857, jerry15@btwaay.net

Public Affairs (Publicity): CDR John Inman, 256-425-8022, inman331@msn.com

Historian: Vacant

Auxiliary Liaison: Mrs. Jan Camp, 256-464-8622, janetecamp@aol.com

Chapter Hospitality: Mrs. Carrie Hightower, 256-882-3992

Constitution and By-Laws: CAPT Richard C. West, USN-Ret, 256-776-6901, rckw675@att.net

Chapter Chaplain: CH (LTC) Bert E. Wiggers, AUS-Ret, 256-617-0055, chbwig@gmail.com

Commissary & Post Exchange: Col Gerald C. Maxwell, USAFR, 256-606-5282, gerald.c.maxwell@nasa.gov

FAHC Liaison: MAJ Bruce T. Robinson, USA-Ret, 256-426-0525, brucer76@knology.net

Golf: MAJ Bruce T. Robinson, USA-Ret, 256-426-0525, brucer76@knology.net

ROTC: Lt Col Charles T. Clements, USAF-Ret, 850-496-6089, ctcbama76@gmail.com

TOPS: MAJ Bruce T. Robinson, USA-Ret, 256-426-0525, brucer76@knology.net

The SENTINEL Editor: MAJ Bruce T. Robinson, USA-Ret, 256-426-0525, brucer76@knology.net

LIFE MEMBERSHIP TRUST

COL John Fairlamb, USA-Ret, 256-539-0161, fairlambjrf@comcast.net (June 2020)

MAJ Monte C. Washburn, USA-Ret, 256-301-5457, monte.washburn@heartlandits.com (July 2021)

LTC John C. Franks, USA-Ret, 703-489-2701, john.franks@ingenuityinc.net (July 2019)



PX / Commissary
Col Gerald C. Maxwell, USAFR



Main Exchange

The Redstone Arsenal Exchange has the following promotions in November:

- 9 Nov - 0900 release of balloons for chances to win gift cards and prizes
- 9-15 Nov - special Veteran's Day sales promotional flyer
- 12-20 Nov - "Thank You Veterans!" double coupons distributed to customers to be redeemed 16-20 Nov
- 23-24 Nov – Black Friday specials

Shopette

Veteran’s Day deals - 12 Nov only - 10 cents off per gallon of fuel with your Military Star card and enjoy any size coffee for FREE. Also, FREE Redbox Movie Rental with Code “SALUTE”.

Gluhwein now available, as well as holiday gift sets. Various wine selections are on sale each month. Stop by and get your wine for Thanksgiving dinner.

Commissary

Your commissary now accepts the military STAR card! You can earn reward points even faster by shopping at your commissary.

Pomegranates, cranberries, stuffing mixes, and sauces/gravies are all available at your commissary for the perfect Thanksgiving meal. Also, there are still plenty of turkeys available at 49 cents a pound.

Save time and money with the Commissary Rewards Card! Manufacturers have provided coupons for our customers to help make the most of your benefit.

Simply pick up your Rewards Card at any location worldwide and register it on the new MyCommissary portal at the same time when you set up a customer account. Patrons with a Rewards Card already registered are required to set up a customer account and re-register their card through the new customer portal.

Be sure to friend the commissary on Facebook to get the latest on holiday hours.

Need Addresses

None this month

We have lost track of the above members. If you know their whereabouts, please have them contact Chris Downing at 256-828-9740.

Concerns

This month the following people were reported as being ill or recuperating and need our support and prayers:

None this month

Persons to contact are:

Army Representative:
COL James D. Treadway
256-859-1484
jtreadway51@mchsi.com

Navy/USMC Representative:
CW4 Louis J. Kubik
256-859-3054
lkubik@mediacombb.net

Air Force Representative:
Col Edward L. Uher
256-882-6824,
biged992K@aol.com

Personal Affairs Officer
Lt Col Gerald Haynes
256-882-7857
jerry15@hiwaay.net

CONDITIONED AIR SOLUTIONS
heating • cooling
Commercial & Residential

Office of the Secretary of Defense
EMPLOYER SUPPORT OF THE GUARD AND RESERVE
RECOGNIZES
Paul Snowden
Conditioned Air Solutions
AS A
PATRIOTIC EMPLOYER
FOR CONTRIBUTING TO NATIONAL SECURITY AND PROTECTING
LIBERTY AND FREEDOM BY SUPPORTING EMPLOYEE PARTICIPATION
IN AMERICA'S NATIONAL GUARD AND RESERVE FORCE

ESGR
EMPLOYER SUPPORT OF
THE GUARD AND RESERVE

24-hour Service Available
256-428-1983
ConditionedAirSolutions.com
HVAC AL #08093 REF AL #52466

Do you know how the Windfall Elimination Provision and the Government Pension Offset may affect the direction of your Social Security?

SOCIAL SECURITY

CLOUD INVESTMENTS, LLC

For more information, contact Cloud Investments, LLC
at 256.715.0094 or visit www.CloudFinancial.com

Cloud Investments, LLC and Cloud Financial, Inc. are not affiliated with or endorsed by the Social Security Administration or any government agency.



Fox Army Health Center
MAJ Bruce T. Robinson, USA-Ret



COL Anthony A. Meador

Commander, Fox Army Health Center

cordially invites you to attend the

Redstone Arsenal Center for Comprehensive Wellness

Ribbon Cutting/Grand Opening

Friday, the sixteenth of November

Two Thousand Eighteen

at ten o'clock in the morning

Fox Army Health Center

Building 4100

Goss Road

Redstone Arsenal, Alabama

R.S.V.P. by 14 November 2018
POC: [Eric Galvan](#)
256-955-8888 ext.1106

Military: Duty Uniform
Civilian: Business Casual

Chapter Member Finds Success again in Army Ten-Miler Race

Once again, Huntsville Chapter Member Harry Hobbs coached his Redstone Arsenal Team to victory in the annual Army Ten-Miler race in Washington, DC, on 7 October. Despite significant turnover from last year's team, Coach Hobbs led the Redstone team to its 12th straight championship in the Government Agency Division and a 10th consecutive title in the All-comers Division. The Redstone runners have earned 22 eagle trophies since 2007. Hooah to Coach Hobbs and his runners.

Take Command: First Annual TRICARE Open Season Begins 12 Nov

Do you want to make enrollment changes to your or to a family member's TRICARE health plan for 2019? Your chance is around the corner during TRICARE Open Season. However, if you want to keep your current health plan, you don't need do anything during TRICARE Open Season. Your current health care coverage will continue automatically if you remain eligible.

Open season is an annual period when you can enroll in or change your health care coverage plan for the following year. TRICARE beneficiaries will experience open season for the first time between 12 Nov and 10 Dec 2018. TRICARE Open Season will happen each year from the Monday of the second full week in November to the Monday of the second full week in December. Enrollment choices made during this period will take effect on 1 Jan.

During TRICARE Open Season, you may enroll in or change your TRICARE Prime or TRICARE Select health plan. Any changes you make will be effective Jan. 1, 2019. If you remain eligible and make no changes during TRICARE Open Season, then you'll stay in the same plan for 2019. You may also change your type of enrollment during open season, for example switching from individual to family coverage.

Outside of the TRICARE Open Season period, you may still enroll in or change between TRICARE Prime and TRICARE Select plans within 90 days after you or a family member experience a Qualifying Life Event (QLE). A QLE is a certain change in your life, which may mean different TRICARE options are available to you. If you want to change your coverage to TRICARE Prime or TRICARE Select, and you're eligible, a QLE allows you to do that.

Whether during TRICARE Open Season or following a QLE, you have three ways to make an enrollment choice:

- **Online:** Go to the Beneficiary Web Enrollment website (stateside only)
- **By phone:** Call your regional contractor
- **By mail:** Mail your enrollment form to your regional contractor

TRICARE Open Season doesn't apply to the premium-based plans listed below. These plans offer continuous open enrollment throughout the year: TRICARE Retired Reserve, TRICARE Reserve Select, TRICARE Young Adult and the Continued Health Care Benefit Program.

Also, TRICARE Open Season doesn't apply to TRICARE for Life. TRICARE for Life doesn't require enrollment.

Sign up on the [TRICARE website](#) for updates about TRICARE Open Season. Look for more information this fall at www.tricare.mil/openseason. This is your benefit. Take command of your health and prepare for TRICARE Open Season.



Surviving Spouse's Luncheon

Mrs. Carrie Hightower
256-882-3992

Our October trip to Hartselle was enjoyed by all
We will be meeting on 15 November at Ding How II, 4800 Whitesburg Drive in Huntsville
Phone: 256-880-8883
Everyone will be called with the details

Surviving Spouse Corner: A member of the Surviving Spouse Advisory Committee shares memories from her favorite military assignment

By Sharon A. DeVaney, Surviving Spouse Advisory Committee

An overseas assignment can be a wonderful experience. One of our favorite locations was a small base in England. My husband's role was installation commander and commander of an engineering unit that could deploy and establish a site complete with landing strip. This took place from 1986-89.

I was not planning to work during this assignment. However, the principal of the school system at our new base learned I had the certification and teaching experience that was needed, and I was offered a job. For the next three years, I taught six classes every day with one planning period.

Because the base had more enlisted personnel than officers, we had a consolidated spouses' club, which held monthly meetings with a variety of guest speakers. The wife of one of the mayors of a neighboring city owned a women's clothing store, so with her support, the spouses' club presented three fashion shows that were open to the public.

The Anglo-American club was another highlight. A retired British business man (with a military background) and my spouse cochaired the club. The chairman and his wife invited base residents to a Sunday afternoon garden party at their home. Another special event was the George Washington Ball held annually in February. The first year, we encouraged our first sergeant and his wife to rent costumes and attend as George and Martha Washington. Our British and American guests loved it.

Our chaplain arranged for bus trips to events in London. My husband's favorite was a Roger Whittaker concert. A very memorable occasion for me was "finding" the locations of John Constable paintings.

When the spouses' club honored me with a farewell tea, we met at the Tea Cottage in our neighboring village. The staff served freshly baked scones, strawberry preserves with clotted cream, and tea. Our three years passed quickly, and it was difficult to say good-bye to our friends on base and in the community.



Chaplain's Corner
CH (LTC) Bert Wiggers, AUS-Ret

Shallow Water Gratitude

Too many of us are low-voiced and shallow-streamed in our gratitude. We are like the boy who had been swimming in a tiny pod, and who was taken for the first time to the ocean. His little bathing-suit was put on him, and he was asked to wade in.

But he looked aghast at the vast blue expanse, and shrank back.

"Why don't you take a dip?" urged his mother.

"Because," he said with a great deal of dignity, "I don't think this was made for little boys; it was made for big ships."

We have either got to get into deep water with our expressions of gratitude or else admit that we don't know how to swim.



Election of Chapter Officers

Per the Chapter By-laws, the election of officers was conducted at the 31 October membership meeting. The results of the election follow:

President	Richard C. West
1st VP	William "Pat" Nash
2nd VP	John Inman
Treasurer	Charles T. Clements
Secretary	Mike Barron
Army Rep	James D. Treadway
Navy Rep	Louis J. Kubik
Air Force Rep	Edward L. Uher

Newly elected officers will serve two-year terms beginning on 1 January 2019. They will be sworn in at the January membership meeting.

Congratulations to our new Chapter leadership!





**Membership Meeting
28 November 2018
1100 – Summit Club**

**Guest Speaker: John E. Carson
Author, poet, teacher, veterans advocate**

John E. Carson has been writing since the age of 14. One of ten children, he went to work at an early age to help his struggling parents. Now, after forty years, he has realized his life-long dream of becoming a published author.

A frequent contributor to the Old Huntsville magazine, John E. Carson is the author of eight published novels and many poems which have been nationally published and on public display.

Beginning in 1999, with his song, Deep of the Night, recorded by singer/entertainer Charlie Roth, John has continued publishing poems and stories. He has reached an ever-widening audience and broke into national print in Ideals Books in 2005 with his poem, Painting in Thread, and in 2006 with his first published novel, Ramblin' Rose and the Internet Newsletter, published by Aspirations Media Inc. He has received two 5-star book reviews from Midwest Book Review for his works.

A supporter of the Pets for Vets organization, John, and his ESA K-9, Mr. Freckles, have been working to establish a chapter here in Huntsville. His latest novel, Scruffy, about a veteran struggling with PTSD, is devoted to that same cause and Mr. Freckles and his faithful human have addressed many veteran and civilian groups around town seeking volunteers and raising funds.

John also serves on the Honor Guard of American Legion Post 237 on Drake and teaches Creative Writing at the Huntsville-Madison County Senior Center.

John lives with his wife and co-author, Marlene Rose, who joined forces with him in 1973 and immediately began to encourage his writing. She became his inspiration, and her ideas and expertise proved to be a vital element in creating many of their published works.

Parents to two children, and grandparents to four, John and Marlene moved from Monticello, Minnesota and now live in Huntsville, Alabama.

You can find out more about him at www.facebook.com/JC8020.

His talk will include information about PTSD and TBI and the need for care in the Huntsville area. In addition, he will talk about his book and his efforts to establish a chapter of "Pets for Vets" (www.pets-for-vets.com) here in Huntsville. He will have a service dog with him.

Menu: Fried catfish, BBQ chicken, Potato salad, Coleslaw, Banana pudding and assorted beverages

Cost: \$15 for Chapter members and their guests – pay at the door – cash or check only

RSVP: CDR Christine Downing, 256-828-9740, csdowning@bellsouth.net, NLT 24 November 2018



HCMOAA Treasurer's Report September 2018

Submitted by CAPT Richard C. West, USN (Ret.)

1. The September 2018 Treasurer's Report is presented herein. It has been reviewed by the Governing Board and will be presented to membership at the October 2018 meeting.

2. Monthly Summary:

	Operating Funds	Savings	Scholarship Fund
Starting Balance	\$ 5806.78	\$ 8000.74	\$20343.19
Income	\$ 3367.30	\$ 0.20	\$ 7872.60
Expenses	\$ 2974.93	\$ 0.00	\$ 6838.64
Ending Balance	\$ 6199.15	\$ 8000.94	\$21377.15

3. Notable income included Sentinel advertising, payments for member lunches, bankcard payments for golf tourney, and reimbursement of "Bill Pay" payment for golf tourney items.

4. Notable expenses included bankcard transfer to the Scholarship Fund, ALCOC travel reimbursement, MOAA Greenville Workshop travel reimbursement, member lunches and "Bill Pay" for golf tourney items.

5. Chapter savings account activity was limited to interest.

6. Scholarship Fund checking account activity included income from tournament sponsors, player registration, tournament day income, and member donations. Expenses include purchases to support the golf tournament and tournament day expenses.

7. The Chapter holds an \$8000 (current value: \$8153.46) Certificate of Deposit with Renasant Bank for reserve funding and advance dues payment protection.

Scholarship Fund

The Chapter has an active scholarship program. In conjunction with the RSA Military & Civilians' Club, we issue scholarships each year to deserving students. Please consider donating to our program.

Contact Rick West at rickw675@att.net or 256.776.6901 for details.

Scholarship Fund Donations Received During October 2018

Mrs. Rosemary Bundy
LTC Roderic Spencer

LTC William Emerson
Larry and Mary Carleton (non-members)

MAJ Michael Tallman

Total received for October: \$475
Total received FY19 to date: \$475



Veterans Day

On Nov. 11, we celebrate Veterans Day with parades and Old Glory T-shirts, with salutes to those who served and prayers for those who fell.

But the version of Veterans Day we know now wasn't always so. It wasn't always a holiday, it wasn't always on Nov. 11 and, at first, it wasn't even called Veterans Day. The original intent, established in the wake of World War I, was to celebrate world peace. Then the wars never ended, so Veterans Day changed.

Nov. 11, 1918 - At the eleventh hour on the eleventh day of the eleventh month, fighting between the Allied Forces and Germany stopped, putting an end to the bloodshed of World War I per the terms of an armistice agreement signed in France that same day. But World War I — the “War to end all wars” — did not officially end until seven months later.

Nov. 11, 1919 - On the one-year anniversary of the armistice agreement, President Woodrow Wilson signed a proclamation commemorating Nov. 11 as Armistice Day. The celebrations were to include parades, public meetings and a two-minute suspension of business at 11 a.m. The proclamation read: “... Armistice Day will be filled with solemn pride in the heroism of those who died in the country's service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of the nations ...”

June 4, 1926 - Congress passed a resolution urging state governors to observe Armistice Day with “thanksgiving and prayer and exercises designed to perpetuate peace through goodwill and mutual understanding between nations.” At the time, 27 states had already made Nov. 11 a legal holiday.

May 13, 1938 - More than a decade later, Congress made Armistice Day an official holiday dedicated to world peace.

June 1, 1954 - World War I was not the war to end all wars, and lawmakers believed that veterans from World War II and the Korean War also deserved their own day of remembrance. So, President Eisenhower signed a bill changing the name of Armistice Day to the more inclusive Veterans Day, a holiday to thank all who had served the United States of America.

June 28, 1968 - Fifty years after the armistice agreement, Congress passed the Uniform Monday Holiday Act of 1968, which moved Veterans Day from its original Nov. 11 date to the fourth Monday in October. The act also declared that Memorial Day, Columbus Day and Washington's Birthday would be observed on Mondays throughout the year. The new dates were meant to take effect in 1971.

Oct. 25, 1971 - Veterans Day, federally recognized for the first time on a day other than Nov. 11, is celebrated with much confusion. Many states and most veterans' organizations disagreed with the date change and continued to celebrate Veterans Day on Nov. 11, which held historic and patriotic importance.

Sept. 18, 1975 - Congress passed a bill changing the observation of Veterans Day back to Nov. 11, where it has remained for the 42 years since.

Much has changed in the 98 years since Armistice Day was first observed. Now we honor not just servicemen, but servicewomen. Our wars are not fought with cannons, but with drones. The war to end all wars didn't end war at all. Soldiers have fought and died all over the globe. But through the past century, despite its different names and dates, the purpose of Veterans Day has remained the same — to say thanks.

**WELCOME NEW MEMBERS TO
HUNTSVILLE CHAPTER MOAA**

Col Terese LeFrancois, USAF

Membership Statistics

Total Members: 380
Regular Members: 314
Surviving Spouses: 66

New this month: 1
Deaths this month: 1
Renewals: 1

MEMORIALS

If you would like to send a memorial contribution to the Huntsville Chapter MOAA, please send the following information along with your check to: Memorials, HCMOAA, P.O. Box 1301, Huntsville, AL 35807

In memory of:

By:

FAHC Flu Shot Schedule:

Tricare Prime with Provider at Fox Army Health Center - during Scheduled Appointments.

1 Nov @ 0900-1300 in Fox Den

8 Nov @ 1630-1900 Primary Care Clinic 1st floor

15 Nov @ 0900-1300 Redstone Arsenal Commissary (ages 14 and up, only)



Military / Veterans always enjoy a 15% discount

NICK'S RISTORANTE

**FANTASTIC NORTHERN ITALIAN CUISINE
OFFERING FINE DINING IN HUNTSVILLE**

**100%
CERTIFIED ANGUS BEEF
PREMIUM SEAFOOD**

**CIGAR-FRIENDLY
LOUNGE**

**SMOKE-FREE
DINING**

WWW.NICKSRISTORANTE.COM

 @NICKSRISTORANTE



CONNECT • TRADE • SAVE

251.980.1023

gulfshores.itex.com

256-489-8280

**10300 BAILEY COVE ROAD
HUNTSVILLE, AL 35803
INSIDE CREEKSIDE CORNER**

**5PM- 11PM TUESDAY - SATURDAY
HAPPY HOUR DAILY 5PM- 6:30PM**



Huntsville Chapter
 Military Officers Association of America
 P.O. Box 1301
 Huntsville, AL 35807



Membership Application or Renewal Confirmation
 Yes! I'd like to add my voice to the Huntsville Chapter

<input type="checkbox"/> New	<input type="checkbox"/> One Year	\$10*	If New, how did you hear about us? <input type="checkbox"/> MOAA National <input type="checkbox"/> Local event <input type="checkbox"/> Letter / e-mail from HCMOAA <input type="checkbox"/> HCMOAA website <input type="checkbox"/> Friend / acquaintance <input type="checkbox"/> Other (Please explain _____)
<input type="checkbox"/> Renewal	<input type="checkbox"/> Two Years	\$20	
	<input type="checkbox"/> Three Years	\$30	
<div style="border: 1px solid black; padding: 5px; display: inline-block;"> Interested in a Chapter Life Membership Contact us for pricing (age-based) </div>			

*\$5 for New Members joining between 7/1 to 11/1
 New Members joining after 11/1 will have membership paid through following calendar year

_____		_____	_____		
First Name	MI	Last Name			
_____		_____	_____	_____	
Preferred Name		Birthday	Spouse's Name	Period(s) of Active Duty i.e. 1965 – 1990	
_____	_____	_____			
Grade	Branch of Service	MOAA National Member #			
_____	_____	_____			
Active	Retired	NG	Former Officer	Reserve	Surviving Spouse
_____		_____	_____	_____	_____
Mailing Address		City	State	Zip	
_____		_____		_____	
Phone Number		E-mail Address			

Attention Annual Members

It is now time to renew your membership for next year
 The Chapter has one of, if not the, lowest membership rates in the country at \$10

Don't risk getting dropped from the rolls – renew now!

You can also renew for multiple years and lock in that low rate
 Don't know when your membership expires? Contact CDR Chris Downing at
 256-828-9740 or csgiving@bellsouth.net

Don't want to worry about renewing ever again - consider becoming a Chapter Life Member – contact
 COL John Fairlamb at 256-539-0161 or fairlambjrf@comcast.net for the details



27 Birthdays in November

COL George T Shepard, USA
LTC Charles A Joyner, USA
Col Lee T Smith, USAF
MAJ David R Arterburn, USA
CAPT Alan G Maiorano, USN
CAPT Dale E Lyle, USN
Mrs MaryAnne Woodard
LTC Thomas R McLaughlin Jr, USA
LTC Paul E Williams, USA
COL Michael I Howell, USA
LTC Mark D Lumb, USA
Col Gerald C Maxwell, USAFR
LTC David C O'Neil, USA
CDR Milton C Williams, USN

Mrs Clara W Kirsopp
Col Andrew D Setlow, USAF
MAJ Julius Plucker IV, USA
Col Millard E Moon, USAF
MAJ George T Wandler, USA
CAPT William P Nash, USN
CW4 Tommy O Sandner, USA
CW4 Samuel I Whitaker, USA
CW3 Kenneth J Albrecht, USA
COL William R Pope, USA
Col Jon M Owings, USAF
LTC Jose G Velasquez, USA
LTC Edwin L Kennedy, USA

If we missed your birthday, it's because we don't have it on file. Please e-mail your birth date to MAJ Bruce Robinson at brucer76@knology.net so it can be included in future newsletters. Thank you.

Chapter Happenings



Chapter board members toured the facilities of the Hudson-Alpha Center for Genetic Research



*Our deepest sympathy and prayers are extended
to the families and friends of:*

TAPS

Helen K. "Kathy" Van Netta - passed away peacefully on Saturday, April 14, 2018 at Huntsville Hospital.

*Gone but not forgotten for their dedicated support and service to our Country. We
will miss these outstanding Leaders and Patriots.*



Compare 2019 FEDVIP Dental, Vision Plans Ahead of Open Season

In 2019, dental and vision insurance plans for retirees and their families will be available through the Federal Employees Dental and Vision Insurance Program (FEDVIP). If you're eligible, the first opportunity to enroll in a plan is during the Federal Benefits Open Season. This will take place from Nov. 12 to Dec. 10. Prepare for Federal Benefits Open Season now by reviewing the [2019 FEDVIP plan options and rates](#). If you want FEDVIP dental coverage in 2019, you must make a plan choice and enroll during the Federal Benefits Open Season.

The TRICARE Retiree Dental Program (TRDP) will only be available until Dec. 31, 2018. The last day to enroll in TRDP is Nov. 30, 2018.

FEDVIP offers 10 dental and four vision carriers to choose from. Use the [FEDVIP Plan Comparison Tool](#) to help you determine what plans are right for you and your family. The tool allows you to compare plans available in your area based on monthly premium rates, benefits (in-network vs. out-of-network), deductibles, and annual maximums. The tool lets you compare up to three plans side-by-side.

Who is Eligible for FEDVIP?

Retired service members and their families who were eligible for TRDP are eligible to enroll in a FEDVIP dental plan. They're also eligible to enroll in a FEDVIP vision plan if enrolled in a TRICARE health plan. Family members of active duty service members who are enrolled in a TRICARE health plan can enroll in a FEDVIP vision plan. Children enrolled in or eligible for TRICARE Young Adult aren't eligible for FEDVIP.

If you're not sure if you can enroll in FEDVIP, use the [FEDVIP Eligibility Tool](#). The tool allows you to check to see if you're eligible for FEDVIP dental, vision, or both.

To learn more about FEDVIP, read [frequently asked questions](#), and [sign up for updates](#). Get familiar with [2019 FEDVIP plans and rates](#). Doing these things will help you take command of your health and help you prepare for 2019.

Together We Can Prevent Suicide

Do you know somebody who has thought about or died by suicide? According to the Centers for Disease Control and Prevention (CDC), suicide is a top cause of death in the U.S. Suicide is a complex problem. It affects people from all backgrounds, age groups, races, education levels, and military ranks.

Many issues may contribute to suicide. Financial problems, divorce, and major health problems are some of these issues. For service members and veterans, deployment, combat, and/or transition-related issues may contribute to suicide risk. The CDC reports that most people who die by suicide don't have a known mental health condition. No matter the contributing issues, suicide is a problem. The good news is that everybody can help prevent it. You don't need special training to show concern for someone who might be suicidal. All you need is a genuine desire to help. You can voice your concerns to anyone who may be thinking about suicide and ask questions about what he or she may be thinking of doing. You can watch for warning signs. The most important thing you can do is to get professional help for anyone talking about suicide.

You can help prevent suicide by staying in touch and spending time with your families and friends who might be at risk for suicide. It's important to keep in touch with anyone you know who is struggling with life burdens, especially former or current service members. Someone in your family or group of friends may be thinking of suicide. You may not know it if you don't ask.

TRICARE offers mental health care services for anyone coping with mental health issues, including those who have thoughts of suicide. Treatment can help individuals to better address life's difficulties. TRICARE covers many mental health services like individual and family psychotherapy (talk therapy), substance use disorder treatment, intensive outpatient treatment, partial hospitalization programs, and inpatient treatments.

You can help prevent suicide by learning the [warning signs](#). Don't take them lightly and get help right away for anyone who is showing these signs. Don't assume anybody is just asking for attention. Warning signs of suicide include:

- **Loss of hope:** Hope allows us to push through life's struggles because we know they won't last forever. Someone who plans or wants to die by suicide has lost hope. He or she believes that the only way out of their struggles is to die.
- **Suicidal talk:** Someone thinking of suicide may talk about their plans. He or she may or may not tell you why he or she wants to die by suicide. They may talk about being a burden to others, feeling unbearable pain that they can't escape, or having a desire for their life to end.
- **Having a plan:** Someone planning to die by suicide may share how he or she plans to take his or her own life. They may mention items, such as pills or weapons that he or she wants to use. If those items are available to him or her, he or she may need emergency help.

If you know someone who is thinking about suicide, you can help him or her get free, confidential help. For life-threatening emergencies like a suicide attempt, call 911 or take the person to the nearest emergency room.

TRICARE urges beneficiaries to seek help during times of difficulty. There is no shame in asking for help. There are many [resources](#) available for help. If you know someone who is carrying burdens that he or she can't handle, encourage them to get help.

The Wall that Heals 1-4 November 2018 John Hunt Park



The Wall That Heals - Vietnam Veterans Memorial Replica & Mobile Education Center will be coming to Huntsville 1-4 November. The Replica and Mobile Education Center will be located in the John Hunt Park off of Airport Road. The Wall That Heals will be hosted by around 35 cities this year.

The new replica is 375 feet long and 7.5 feet high. More than 58,000 names on this new replica are engraved to allow visitors to make rubbings of individual service's member's names just as one can at the Wall in Washington, DC.

Once the Wall is set-up it will be open 24 hours a day through 1400 hours on Sunday, November 4. A substantial number of volunteers will be required. You may sign up as a volunteer for a specific period of time here:

<https://www.signupgenius.com/go/10c0545aaa82ba7ff2-twth>

Additional exhibits will be located in the Jaycee Building and the Veterans Memorial Museum in John Hunt Park.

Huntsville Chapter MOAA Christmas Party

Holiday Dinner

Sliced honey glazed ham
Oven roasted turkey breast with giblet gravy
Country Style corn bread dressing with giblet gravy
Rice pilaf
Whole green beans almandine
Yeast Rolls & Butter
Ice Water – Coffee
Sweet or Unsweetened Iced Tea
Carrot cake



HUNTSVILLE CHAPTER MOAA CHRISTMAS PARTY

**THE SUMMIT CLUB
SATURDAY EVENING, 15 DECEMBER 2018**

COCKTAILS - No Host/Cash bar - 5:00 pm
President's Remarks and Dinner - 6:00 pm
DOOR PRIZES

**DRESS: Business Casual – khakis/slacks and collared shirts/polo shirts for the men –
slacks/skirts and blouses/collared shirts for the ladies – of course you can always dress more
formally**

\$20.00 PER PERSON (Members & Family) - \$25.00 PER PERSON (Guests)

RSVP by 1 December 2018 (with check made out to HCMOAA) to:

CDR Christine Downing
116 Spring Tanner Road
Hazel Green, AL 35750-8483
256-828-9740



Huntsville Chapter Objectives

- Promote the aims of the national MOAA organization
- Further the legislative and other objectives of MOAA through grassroots activity
- Foster fraternal relationships among retired, active and former officers of the uniformed services
- Maintain liaison and a positive relationship with the Redstone Arsenal Garrison and other military commands in the Northern Alabama area
- Provide a social venue for members to meet periodically and enjoy fellowship with people of similar interests and backgrounds
- Promote and assist worthy community activities
- Provide useful services and information for members and their dependents and survivors
- Provide representation to the Alabama Council of Chapters of MOAA
- Provide representation to the Northern Alabama Veterans and Fraternal Organizations Coalition
- Protect the rights and interests of service retirees and active duty military members in matters of state legislation through the Alabama Council of Chapters

Benefits of Membership

We are the largest of the 13 chapters in Alabama and have about 450 members. We have been recognized by National MOAA for the last four years with Level of Excellence awards. We provide grassroots support for issues that affect us and are active in both the Redstone Arsenal and Madison County communities. Why should you join our chapter? This is what we do, and what's in it for you:

- Partnership with Redstone Arsenal agencies – Fox Army Health Clinic, Army Community Service, MWR, PX/Commissary, Military Retiree Council
- Membership in the North Alabama Veterans and Fraternal Organizations Coalition (NAVFOC) – plugged in to the larger Veterans associations “big picture”
- Recognizing leadership – JROTC/ROTC awards and “gold bar” ceremonies
- Recognizing potential – Scholarship Awards program with the Redstone Arsenal Military and Civilians Club
- Community service/relations – annual Tut Fann Veterans Home BBQ, Memorial Day wreath laying ceremony, Veterans Day parade and events, Retiree Appreciation Day
- Camaraderie – Monthly meetings & breakfasts, parties, golf tournament
- Information – Monthly newsletter, web site, Personal Affairs, guest speakers
- Legislative action – grassroots activities, support for National MOAA agenda
- Venue for getting involved

Please visit our award-winning chapter website at <http://huntsvillemoaa.org> where you can find out more about chapter activities.

Attention Members

One of the best sources of income for the Chapter comes from advertisements like the ones in this newsletter. You are the best resource for identifying potential advertisers. The next time you go out to dinner, or to shop, or to get a haircut, or to get your car fixed – ask the business manager if they would consider advertising. Let them know that the newsletter reaches our 400+ members each month. All they can say is “no”.

If they are interested or desire more information, please let Bruce Robinson know, and he will follow up with them. His contact information is brucer76@knology.net or 256-426-0525.

Important Dates in November

- 1-4 November – The Wall that Heals – John Hunt Park
- 1 November – All Saints Day
- 1 November – European Union established (1993)
- 2 November – The “Spruce Goose” made its first & only flight (1947)
- 3 November – Monthly Breakfast – Royal Rose Diner**
- 3 November – “Dewey Defeats Truman” headline in Chicago Tribune (1948)
- 4 November – King Tut’s tomb discovered (1922)
- 4 November – Daylight Savings Time ends
- 4 November – 52 Americans seized as hostages in Iran (1979)
- 6 November – Election Day – make sure to Vote!
- 7 November – Franklin Roosevelt elected to a fourth term (1944)
- 8 November – X-rays were discovered (1895)
- 8 November – Allied forces land in North Africa (1942)
- 8 November – Monthly Board Meeting – Java Cafe**
- 9 November – Great Blackout of the Northeast – 30 million without power (1965)
- 9 November – Berlin Wall falls (1989)
- 10 November – US Marine Corps established (1775)
- 11 November – Veteran’s Day
- 11 November – “God Bless America” first performed (1938)
- 13 November – Holland Tunnel opened (1927)
- 15 November – General Sherman burned Atlanta (1864)
- 17 November – Suez Canal opened (1869)
- 18 November – Four time zones established for the US (1883)
- 19 November – Gettysburg Address delivered (1863)
- 19 November – Over 900 people committed suicide in Jonestown, Guyana (1978)
- 20 November – First use of tanks in battle (1917)
- 22 November – Thanksgiving
- 22 November – John F Kennedy assassinated (1963)
- 23 November – Black Friday
- 24 November – Iron Bowl – Roll Tide!
- 28 November – Monthly Member Meeting – Summit Club**

