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Huntsville Chapter Military Officers Association of America The Semtinel

Huntsvillemoaa.org





PRESIDENT'S MESSAGE CAPT Richard C. West, USN (Ret.)



Greetings Huntsville Chapter Members -

Welcome to September! Remember when school opening was easy? I pray for parents to have patience and understanding in dealing with the school situation(s).

Although some facilities are opening with many restrictions, I will continue to say that, with our many high-risk group members, I do not feel comfortable with any type of physical meetings for the foreseeable future. For this reason, we will continue not to hold any group meetings, including our monthly breakfasts – this includes cancelling the September and October meetings. With budget approval and elections coming up, we will need to be flexible – this will again be a discussion during a Zoom Governing Board meeting next week.

National MOAA has cancelled all meetings through the end of the calendar year. They are working Zoom/webinar alternatives for many of the events.

Speaking of Zoom, I am evaluating trying an upcoming membership meeting via Zoom. If you do not have Zoom, please obtain it – it is no cost and not hard to use. You can install it on a smartphone or computer with speakers, microphone, and webcam (you can still do voice and see others if you do not have a webcam.) I have successfully attended State Council, NAVFOC and Chapter Board meetings with the system. You can even use it to talk to family / friends.

During the NAVFOC Zoom meeting, it was announced the Heroes' Week has been cancelled. In addition, city and county leadership have been meeting to discuss the extent of Veterans Day events – I would expect all physical events to be cancelled.

Retiree Appreciation Day – no news ... the Garrison is conducting a survey online regarding attendance.

That is all for this month.

Stay Safe!

Rick

		tuation, Member Meetings a until further notice	re
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Note: National MOAA and the Huntsville Chapter are non-partisan organizations



Legislative Corner Lt Col Charles Clements, USAF-Ret



"All politics is local."

Municipal elections were held on 25 August. Here are some of the results for mayor: Huntsville, Tommy Battle won with 77.65% of the vote; Madison, Paul Finely won with 59.5% of the vote; Athens, Ronnie Marks won with 57.5% of the vote; and Guntersville, Leigh Dollar won with 57.6% of the vote. The races for mayor in Boaz and Decatur will require a run-off.

On the Federal front, MOAA requests that you send a letter or email to your Senators and Representative asking that they support the bills listed below:

HR 5995 and S 3393: A bill to amend title 10, United States Code, to expand eligibility to certain military retirees for concurrent receipt of veterans' disability compensation and retired pay or combat-related special compensation, and for other purposes. Introduced on 27 Feb 2020.

HR 413: A bill to amend the Internal Revenue Code of 1986 to allow the work opportunity credit to small businesses which hire individuals who are members of the Ready Reserve or National Guard, and for other purposes. Introduced on 9 Jan 2019.

HR 847: A bill to provide interim appropriations for the Coast Guard Retired Serviceman's Family Protection and Survivor Benefits Plans for each fiscal year after fiscal yar 2018 and for other purposes. Introduced on 29 Jan 2019.

S 2216: A bill to require the Secretary of Veterans Affairs to formerly recognize caregivers of veterans, notify veterans and caregivers of clinical determinations relating to eligibility for caregiver programs, and temporarily extend benefits for veterans who are determined ineligible for the family caregiver program, and for other purposes. Introduced on 23 July 2019.

Turning to the State of Alabama we have two items.

The first is there is a new campaign by the Alabama Department of Transportation that highlights both the huge cost of removing roadside trash and the potential penalties for being a litterbug. The fine for a first conviction for littering is \$500, and a second conviction can cost \$1,000 plus community service. Lawmakers increased the penalties last year as the cost of removing litter reached \$7 million. The trash highlighted in the "Trash Costs Cash" public service announcement includes cigarette butts, fast-food trash, plastic bottles and old drink cans.

The other items concern a tax surprise! Alabama families and businesses that

Continued on page 11

2019-2020 GOVERNING BOARD

EXECUTIVE COMMITTEE

President: CAPT Richard C. West, USN-Ret, 256-776-6901, <u>rickw675@att.net</u>

1st Vice President: CAPT William P. Nash, USN-Ret, 256-858-1617, p3cdriver@gmail.com

2nd Vice President: LTC Gary R. Young, USA-Ret, 256-722-2134, <u>youngbikers@att.net</u>

Secretary: COL Michael C. Barron, USA-Ret, 337-422-8862, <u>m.barron468@gmail.com</u>

Treasurer: Lt Col Charles T. Clements, USAF-Ret, 256-715-1671, <u>ctcbama76@gmail.com</u>

Army Representative: COL James D. Treadway, USA-Ret, 256-859-1484, jtreadway51@mchsi.com

Navy Representative: Vacant

Air Force Representative: Col Edward L. Uher, USAF-Ret, 256-882-6824, biged992K@aol.com

Immediate Past President: Col Gerald C. Maxwell, USAFR, 256-606-5282, gerald.c.maxwell@nasa.gov

Second Past President: Lt Col Charles T. Clements, USAF-Ret, 256-715-1671, ctcbama76@gmail.com

STANDING COMMITTEES

Membership: LTC Jane Sonak, USA-Ret, 281-883-2364, hcmoaamembership@gmail.com

Programs: CAPT Richard C. West, USN-Ret, 256-776-6901, rickw675@att.net

Legislative Affairs: Lt Col Charles T. Clements, USAF-Ret, 256-715-1671, <u>ctcbama76@gmail.com</u>

Personal Affairs: Lt Col Gerald Haynes, USAF-Ret, 256-882-7857, jerry15@hiwaay.net

Public Affairs (Publicity): Vacant

Chapter Historian: Vacant

Auxiliary Liaison: Mrs. Jan Camp, 256-464-8622, janetecamp@aol.com

Chapter Hospitality: Mrs. Carrie Hightower, 256-882-3992

Constitution and By-Laws: CAPT Richard C. West, USN-Ret, 256-776-6901, rickw675@att.net

Chapter Chaplain: CH (LTC) Bert E. Wiggers, AUS-Ret, 256-617-0055, <u>chbwig@gmail.com</u>

Commissary & Post Exchange: Col Gerald C. Maxwell, USAFR, 256-606-5282, gerald.c.maxwell@nasa.gov

FAHC Liaison: MAJ Bruce T. Robinson, USA-Ret, 256-426-0525, <u>brucer76@knology.net</u>

Golf: MAJ Bruce T. Robinson, USA-Ret, 256-426-0525, brucer76@knology.net

ROTC/JROTC: LTC Gary R. Young, USA-Ret, 256-722-2134, youngbikers@att.net

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The SENTINEL Editor: MAJ Bruce T. Robinson, USA-Ret, 256-426-0525, <u>brucer76@knology.net</u>

LIFE MEMBERSHIP TRUST

COL John Fairlamb, USA-Ret, 256-539-0161, <u>fairlambjrf@comcast.net</u> (June 2023)

MAJ Monte C. Washburn, USA-Ret, 256-301-5457, monte.washburn@heartlandits.com (July 2021)

LTC John C. Franks, USA-Ret, 703-489-2701, john.franks@ingenuityinc.net (July 2022)



PX / Commissary Col Gerald C. Maxwell, USAFR



Main Exchange

Main Store Hours continue Mon-Sat 1000-1800 and Sunday 1000-1700. The Barber Shop is Mon-Sat 0800-1600 and Sunday 1000-1600. The Nail Salon has changed their opening hour to 1030 and open until 1700, closed on Sunday. A new Shop is opening – Sports World. So far, no hours posted. Laundry and Dry Cleaners and Alterations hours Mon-Fri 1000-1500, Sat 1000-1400, Sunday closed. Gathering Grounds Coffee Shop Mon-Fri 0830 – 1430, Sat 0900-1400 and closed Sunday.

Remember to bring your mask when coming onto Redstone. Check out the big screen TV's selection—now is the time to get your gear for all the college games! OLED 65 inch and 4K 75 inch to impress anyone.

The Exchange values your opinion! Please take a moment to tell them how they are doing. The link information is on your receipt or go to <u>https://surveymonkey.com/s/MyExchSurvey.</u> As always shop early for best selection.

For those without an Exchange STAR card – apply and your first days of purchases at the Exchange are 10% off! Apply and make a list for upcoming Black Friday Deals!

Shopette

Hours Mon-Fri 0600-2000 and Sat-Sun 0700-2000. Every month a new Limited Time Special and Spirit of the Month—both have many special prices on your favorites! Gluhwein is coming soon. This year's assortment anticipated favorites: Cherry, Blueberry, White and Red. Stock up for the holidays while supplies last. This is a fast seller! Also, don't forget--Rug Doctor and Red Box is available at the Redstone Express. Download the Red Box app for specials and visit the Rug Doctor web site for coupons.

Check out the monthly promotions and save!!

Commissary

Hours are Tuesday – Saturday 0900-1900, Sunday 0900-1800 and closed Monday.

Check out the latest at <u>https://www.commissaries.com/</u>. National Honey month promo, Hispanic Heritage month promo. Visit the International Isle and select from German, Italian, Hispanic, and some other countries cuisine.

As part of the Feds Feeds Families effort, your commissary has pre-packaged bags as you enter the store. Just pick one up, pay for it, and it's on its way to a needy family.

Continued on page 11

Need Addresses

None this month

We have lost track of the above members. If you know their whereabouts, please have them contact Chris Downing at 256-828-9740.

Concerns

This month the following people were reported as being ill or recuperating and need our support and prayers:

None this month

Persons to contact are:

Army Representative: **COL James D. Treadway** 256-859-1484 jtreadway51@mchsi.com

Navy/USMC Representative: Vacant

Air Force Representative: **Col Edward L. Uher** 256-882-6824, biged992K@aol.com

Personal Affairs Officer Lt Col Gerald Haynes 256-882-7857 jerry15@hiwaay.net



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Fox Army Health Center MAJ Bruce T. Robinson, USA-Ret





July 28, 2020

NEW - Online Pharmacy Communication Tool!

This new option also allows patients to communicate to the pharmacy online. You'll be able to request the pharmacy to fill an electronic prescription that your provider ordered, or maybe you would like to have your prescriptions transferred from another pharmacy to FAHC, or perhaps you have a refill and you cannot find the Rx number to call it in. You can now go online to submit a request to the pharmacy in order to process your prescriptions before traveling to FAHC. Due to COVID19 force health protection recommendations, we have much less lobby space for our patients to wait. However, you will be allowed to come inside to pick up your already-filled prescriptions after completing screening activities at the main entrance.

Once the pharmacy receives your requests and finishes processing them, you will receive a text or email confirmation. If there is an issue or the pharmacy does not have the prescription you are requesting, you will still receive a message informing you of your medication status.

One important note when e-prescribing, make sure your provider sends your prescriptions to *DoD Redstone* (which is our e-pharmacy name), *NOT* 'Fox'. Providers may fax "Controlled Substances" to 256-955-0189.

What is the website? <u>www.redstone.amedd.army.mil</u> and click on the large PCRS (Patient Centered Resource System) icon in blue.

Once you create an account, you are set to go!





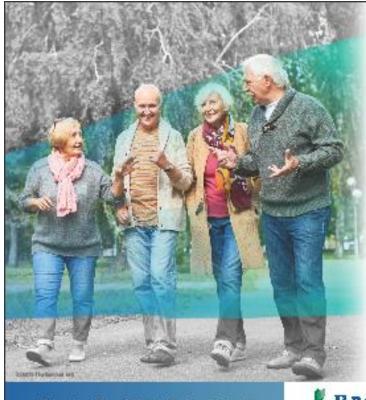
YOU SERVED OUR COUNTRY WELL AND WE WOULD BE Honored to serve you with your insurance and investment needs.

Please call our office to set a time for a complimentary one on one meeting with John D. Stover, LUTCF, Certified Financial Planner™, Certified Kingdom Advisor®

> 8 ARCH STREET Huntsville, AL 35806 By Appointment Only

PHONE: 615.591.3937 TOLL-FREE: 888.468.9672 FAX: 615.591.3932

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Bringing New Life to Senior Living*



To learn more about senior living options, call one of our communities.

Brookdale Cedar Springs Independent Living (256) 552-3800

Brookdale Hampton Cove Alzheimer's & Dementia Care (256) 564-8383

Brookdale Jones Farm Independent Living | Assisted Living (256) 881-6111

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Surviving Spouse's Luncheon

Mrs. Carrie Hightower 256-882-3992

Due to the coronavirus situation, the need for social distancing, and the fact that the surviving spouses would be more susceptible to complications from an infection, the widow's luncheons are cancelled until further notice.

Everyone will be called when we resume the luncheons.

Surviving Spouse Corner: The Value of Sleep

By: Kathy Thorpe

All of us need sleep to function, as sleep is one of the most important secrets in maintaining our everyday health. Sleep clears the mind by removing daily toxins at night, which is vital for our mood, disposition, decision-making ability. Studies have shown quality sleep prevents the diseases of tomorrow. Did you know sleep deprivation is a society-wide safety and health issue of our time?

Do you have trouble sleeping at night? Do you fall asleep only to wake up in the middle of the night tossing and turning? Think about what you do during the day and keep a sleep journal, as various activities can encourage or discourage a good night sleep. From exercise and diet to a stressful work environment, all of these have a huge impact on your qualitative sleep.

Insomnia also might be caused by exposure to artificial light such as smartphones or televisions. Anxiety, in general, can aggravate our sleep routine. The key here is to try to break the cycle, by practicing a repeatable nighttime routine, going to bed at the same time each night, avoiding artificial light, and finding the "thing" that relaxes you at night.

Experts say sleep is one of the best natural medicines for our bodies. It is our superpower to cope with the daily responsibilities and challenges that we endure each day. Take the time now and invest in your health by learning all you can about sleep.





Chaplain's Corner CH (LTC) Bert Wiggers, AUS-Ret

Forgiveness

Jimmy Carter ran for president of the United States against Ronald Reagan in1980. According to David Wallis in the *New York Times Magazine*, prior to a televised debate between the two candidates, columnist George Will came upon Carter's debate notes and Will sneaked them to the Reagan camp. Many pundits felt that Reagan won that debate, and he went on to win the election. Carter did not forget that George Will had done to Him.

In a 1997 interview with Wallis, Carter said:

"I was teaching forgiveness one day in Sunday school, and I tried to go through my memory about people for whom I had resentment. George Will was one of those people, so I wrote him a note. I asked myself, 'What do we have in common'. "

"I had known that he had written a book about baseball, which I had refused to read. I went to a bookstore and found a copy and paid for it. So, I wrote him a note and told him the facts: that I had a feeling of resentment toward him, that I had found his book delightful and I hoped that we would be permanently reconciled."

He wrote me back a nice, humorous note. He said his only regret was that I didn't pay full price for his book.

Anyone can hold a grudge. It takes character to initiate reconciliation.



Memorials

If you would like to send a memorial contribution to the Huntsville Chapter MOAA, please send the following information along with your check to: Memorials, HCMOAA, P.O. Box 1301, Huntsville, AL 35807

In memory of:

By:

Membership Statistics

Total Members: 354 Regular Members: 296 Surviving Spouses: 58

New this month: 2 Deaths this month: 4 Renewals: 0

Welcome New Members to Huntsville Chapter MOAA

LTC Mark O'Brien, USA CW2 Ann Bruno, USN

Recruiting

You are our best recruiter. If you have a friend, colleague or co-worker who is eligible to join MOAA, or who already belongs to MOAA National – bring him/her to a Chapter meeting. You would be doing both them and the Chapter a favor.

ALABAMA'S GOLD STAR FAMILIES MEMORIAL MONUMENT

to be dedicated October 17, 2020

When a loved one loses their life in service to our country, it's hard to know what to say to those left behind.

With the upcoming dedication of Alabama's first Gold Star Families Memorial Monument, the message will be clear: "We will never forget."

The black granite monument, designed by the Hershel "Woody" Williams Medal of Honor Foundation, will be placed at the Huntsville-Madison County Veterans Memorial. It will be dedicated on October 17, 2020.

On its face, the monument will bear the words, "Gold Star Families Memorial Monument, a tribute to Gold Star Families and Relatives." The other side will tell a story through panels depicting scenes unique to Alabama, with the themes Homeland, Family, Patriot and Sacrifice. The centerpiece of the monument is a silhouette representing a Loved One who lost their life serving our country.

The monument is a joint effort of the Hershel "Woody" Williams Medal of Honor Foundation, the Alabama Gold Star Families Memorial Monument Committee, the Huntsville-Madison County Veterans Memorial Foundation, and the City of Huntsville. Its primary sponsors are Mike and Christine Wicks, i3 - Integration Innovation Inc.

WHERE DID THE IDEA FOR GOLD STAR FAMILIES MEMORIAL MONUMENTS START? In 2010, Medal of Honor Recipient Hershel "Woody" Williams formed the Hershel "Woody" Williams Medal of Honor Foundation. Its mission is to honor Gold Star Families by establishing monuments in communities throughout the United States. To date, 62 monuments have been placed, representing 48 states. 77 monuments are in process. This will be the first Gold Star Families Memorial Monument in the State of Alabama.

WHERE DID THE TERM "GOLD STAR FAMILY" COME FROM? During World War I, it was customary for military families to display service flags in their windows, featuring a blue star for every immediate family member serving in the Armed Forces. The star's color would be changed to gold if the family lost a loved one in the war, hence the term, "Gold Star Family."

GOLD STAR MOTHERS AND FAMILIES DAY Since 1936, our nation has recognized the last Sunday of September as Gold Star Mother's Day. In 2011, the law was amended to include the recognition of all Gold Star family members on this day. Gold Star Spouses' Day is April 5.

HOW MANY GOLD STAR FAMILIES ARE IN ALABAMA? The exact number is difficult to calculate because the government does not keep official records on Gold Star families. However, since World War II, Alabama has been home to almost 10,000 servicemembers who lost their lives serving our country. It is reasonable to assume that today there are more than 6,000 Gold Star family members living in Alabama.

WHAT CAN WE DO TO SUPPORT GOLD STAR FAMILIES IN OUR COMMUNITY? Remember that our fallen military personnel were real people whose lives are to be celebrated. Ask family members about their loved one, what was his or her name, what were they like, what were their goals, interests and passions. For information about the Gold Star Families Memorial Monument, to purchase a brick for the walkway or to donate, visit <u>hmcvm.org</u> and click on Gold Star Families Memorial Monument, email <u>adminperson@HMCVM.org</u> or call 256-604-3896.

The Huntsville-Madison County Veterans Memorial was dedicated on November 11, 2011, to pay tribute to all veterans and educate the public about local military history and the cost of freedom.

HCMOAA Treasurer's Report July 2020



Submitted by Lt Col Charles T. Clements, USAF (Ret.)

1. The July 2020 Treasurer's Report is presented herein. It was virtually reviewed by the Governing Board and forwarded for membership approval at the next membership meeting.

2. Monthly Summary:

	Operating Funds	Savings	
Starting Balance	\$ 8,666.36	\$ 8,004.69	
Income	\$ 163.37	\$ 0.07	
Expenses	\$ 42.17	\$ 0.00	
Ending Balance	\$ 8,787.56	\$ 8,004.76	

3. Notable income: Dues and a MOAA vacation incentive.

4. Notable expenses: Office supplies.

5. Chapter savings account activity was limited to interest.

6. The Chapter Operating Funds contains \$1403.07 in reserved funds donated by various VSOs in support of the 2019 RAD Luncheon for the Retirees. This is money unused from 2019 donations and will be applied to the 2020 RAD luncheon or similar event.

7. The Chapter re-invested funds into an 18-month Certificate of Deposit (CD) with Wells Fargo Bank on 19 March 2019. The CD was opened for \$8,174.85 and the current balance is \$8,460.61. The CD matures in mid-September 2020. The funds represented by this CD are for reserve funding and advance dues payment protection.

Scholarship Fund Donations

The Chapter has an active scholarship program. In conjunction with the RSA Military & Civilians' Club, we issue scholarships each year to deserving students. <u>Please consider donating</u> to our program. Contact the HCMOAA Scholarship Fund Treasurer, Rick West, at <u>rickw675@att.net</u> or 256.776.6901 for details.

Scholarship Fund Donations Received During August 2020

None

Total received for August: Total received FY20 to date:



\$0

\$50

Legislative – continued from page 2

that received federal coronavirus relief funds will be taxed by the state if legislative action isn't taken. The stimulus checks of up to \$1,200 per person and forgiven Paycheck Protection Program loans to businesses is presently taxable income under the Code of Alabama. The climate in Montgomery is to tweak state statutes so that they match federal law. Now, with the Legislature not scheduled to meet again until February, it's a matter of exactly how and when to do that. A detailed article is online for your review.

On the COLA front: The July 2020 Consumer Price Index (CPI) is 252.636, 1.0% above the FY 2020 CPI baseline.

Please read the recent posting to the Legislative portion of our webpage. There are three articles. One deals with the removal of one-third of the troops from Germany, the second deals with executive action on prescription drugs and the last is the need to fix Alabama tax law concerning the COVID-19 stimulus funds addressed above.

As always, please take time to look at <u>http://takeaction.moaa.org</u>. The National Headhunters of MOAA has outlined action items they think are important to active duty force as well as those who have served, including you. On the MOAA webpage each action item is presented in the following format: Who is Affected; The Issue; and The Remedy.

Commissary/PX – continued from page 3

Be sure to check out the organic section on your right as you enter the commissary! Then as you turn left at the end of the first isle, check out the discount beef and pork on your right in the small freezers by the meat area.

Don't forget, you can connect with your commissary via, Facebook, Twitter, Pinterest, and YouTube. You can also use your Military STAR card as one of the many ways to pay at your commissary!

Football season - maybe! Your Commissary has you covered for all the chips, dips, sauces, marinades, steaks, chops, chicken wings and whatever else you might need to make your tail gating party one of the best (limited quantities per family)! Also, mixed nuts, cashews and pistachios! Don't forget, while entering the Commissary, check out the table of coupons and sales flyers – you will find several coupons covering those football party necessities!

Your bakery and deli can create meat and cheese trays or/and sandwich trays. Please call 256.876.3517 and provide a two-hour notice.

Labor Day is on the first Monday of September every year. It was originally organized to celebrate various labor unions' strengths of and contributions to the United States' economy.

The first Labor Day was held in 1882. Its origins stem from the desire of the Central Labor Union to create a holiday for workers. It became a federal holiday in 1894. It was originally intended that the day would be filled with a street parade to allow the public to appreciate the work of the trade and labor organizations. After the parade, a festival was to be held to amuse local workers and their families. One of the reasons for choosing to celebrate this on the first Monday in September, and not on May 1, which is common in the rest of the world, was to add a holiday in the long gap between Independence Day and Thanksgiving.

Labor Day is a day of rest or the last chance for many people to go on trips before the summer ends. For students, it is the last chance to organize parties before school starts again. In some neighborhoods, people organize fireworks displays, barbecues and public arts or sports events. The American football season starts on or around Labor Day and many teams play their first game of the season during Labor Day weekend.

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U		301 - Huntsville, A <u>.huntsvillemoaa.o</u>		MOAA HILL
MOAA	Membership Yes - I'd like to add i	Application or my voice to the Hur	Renewal	PUMISVILLE CHATTER
New	One Year \$10*	If New, he	ow did you hear abou MOAA National	t us?
Renewal**	Two Years	\$20	Local event	
Life Membership***	Three Years	\$30 _ -	HCMOAA websit Friend / acquaint Other (Please ex	e ance
**If renewing just upda	after September 1 st will ha te any address or phone cl ter Life Membership? Cont MI	hanges, verify e-ma	il address, and sign t	ving calendar year he form
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Election of Chapter Officers

This is an election year for Chapter Officers. Per the Constitution & By Laws, regular elections of officers will be held biannually on even numbered years. The Chapter President has appointed a nominating committee to identify Chapter members who would be interested is serving.

Officer positions up for election are: President, 1st VP, 2nd VP, Treasurer, Secretary, Army Rep, Navy/Marine Rep, and Air Force Rep. Officers are elected at the October membership meeting. In the event that the coronavirus prevents an October membership meeting from being held, the Chapter President may call for a virtual election of the officers by polling the membership via e-mail.

If any of you are interested in running for one of the officer positions, or desire additional information on the duties and responsibilities of any of the positions, please contact the nominating committee chairman, Gerald Maxwell, at 256-606-5282 or gerald.c.maxwell@nasa.gov.

Here's How to Apply for COVID-19 Relief Through a MOAA Chapter

Through grants to its local chapters, MOAA already has distributed more than \$50,000 via its COVID-19 Relief Fund – an effort made possible by the overwhelming generosity of members nationwide.

That generosity makes it possible for MOAA to continue offering relief to members of the military and veteran community who are struggling to fend off economic disaster.

Grants of up to \$500 per household are available. Some of these grants already have made a difference.

One recipient: "I was at my wit's end as far as finances go. ... For my wife of a few months and me, it was like a miracle to be approved for the MOAA grant. It gave us the financial breathing room to be able to put food on the table, cover some utilities and convince the landlord that the remainder of the July rent would be paid. I am very happy that I was chosen to receive the grant and appreciate it more than I can say."

Another: "Thank you for the consideration of the MOAA grant. It will help my family and assist us in maintaining or basic needs. ... It was a very difficult time when your limited pay unexpectedly gets cut due to COVID closures and you can't maintain your affairs. Again, thank you."

And another: "My wife and I were previously homeless. Until MOAA came through, we were facing the same problem yet again. Thank you."

If you are a member of a chapter and want to share the application in your community, please visit www.moaa.org/chapter-covid-relief. If you're facing financial stress brought on by the pandemic (or know someone who is) and you aren't affiliated or near a MOAA chapter, visit www.moaa.org/relief-application for instructions and to download an application.

As a MOAA chapter official stated, "Veterans are reluctant to come forward and say, 'I need help' until the very last minute." For many, that "last minute" has arrived.

Below, you'll find some basic information on the program, including eligibility guidelines. Questions? Call MOAA's Member Service Center at (800) 234-6622 or e-mail relief@moaa.org.

Eligibility

Grants are available to currently serving members, spouses of active duty members, veterans with honorable discharges, or caregivers of the same. You'll be asked to prove negative financial impact from the COVID-19 crisis as part of the application process.

National MOAA or MOAA chapter membership is not a requirement, and members won't receive preference.

All ranks are eligible. Preference will be given to those ineligible for other relief programs, such as service relief societies.

Eligible Debts

The grant can be used to pay a range of bills to include rent/mortgage, car loan/lease, utilities, telecommunications (cellphone/Internet), and additional categories considered on a case-by-case basis.

PHARMACY FAQ during COVID-19

Greeting Fox Beneficiaries!

Please read carefully as the process has changed entirely.

1. Pharmacy hours of operations are **MON-FRI 0800-1500**, closed weekends and Federal Holidays. Friday is generally the busiest day of the week.

2. Because of the social distancing initiative, patients can no longer wait in the lobby while waiting to have prescriptions filled.

3. *Window #10 is no longer a "Pick Up" window*. It is now for DROP-OFF requests. If you walk in and have a prescription to fill, you will need to drop it off at Window 10 and come back. It will generally take 1-2 hours for processing, if pickup up the same day. You are also welcome to come back another day. No ticket is needed for Drop-Offs when you come inside.

4. *The preferred way to have prescriptions filled (electronic, faxes, refills) is to go online at www.redstone.amedd.army.mil* and click on the blue PCRS icon on the main page. Once you create an account and submit your request, you will receive a text notification when your medications are ready for pickup. If requested before 12:00pm, your order will be ready the next business day. Upon arrival for pickup, just take a PICKUP ticket at the new KIOSKS located at the main entrance lobby. Your number will be called at a window where you will receive your medications.

6. You may also call the pharmacy ahead of time for requests at 256-955-8888, ext. 1701 and leave a message. State patient's full name, last 4 numbers of the *sponsor's* SSN, patient's DOB, and a telephone number in the event there is an issue with your request. Requests placed before 12:00pm will be available the next business day. You will not receive a return call unless there is an issue with your request. Upon arrival, please take a PICKUP ticket at the new KIOSKs located at the main entrance lobby.

7. PAPER prescriptions cannot be processed ahead of time and must be dropped off at Window 10. Processing time is 1-2 hours. See #3 above. Upon arrival for pickup, take a PICKUP ticket at the new KIOSKS located at the main entrance lobby. Your number will be called at a window where you will receive your medications.

8. If you called in your refills on the automated refill line or submitted your request online from the website, upon arrival, take a PICKUP ticket at the new KIOSKS located at the main entrance lobby. Your number will be called at a window where you will receive your medications.

NEW KIOSK OPTIONS:

- **FILL A PRESCRIPTION** (*I have prescriptions needing to be filled or my doctor sent an electronic prescription*) No ticket issued. This option will direct you to go straight to window #10 to make your request. You will be informed when to return to pick up your prescription as stated above.
- **PICK UP** (*I am here to pick up prescriptions that have been filled ahead of time*)
- **PATIENT Seen in Clinic Today** (*I had an appointment in the FAHC today and need to get my medications filled*)





MAJ James L Stanley, USMC MAJ Mary L Shaw, USA MAJ Joe H Williams, USA Mrs. Ursula Spicer Col Donald F Kimminau, USAF CAPT Scott W Witt, USN LTC James O Holland, USA Maj Leroy Huntington, USAF Maj James M Tynan, USAF COL Steven S Debusk, USA Lt Col Claude R Baldwin Jr, USMC Mrs. Kathleen Weinberg COL Robert M O'Donnell, USA MAJ Larry N Levaas, USA LTC Peter D Schofield, USA COL Robert S Troth, USA LTC John C Franks, USA LTC Keith A Barshinger, USA CPT Richard J Pella, USA CW4 James E Keirstead, USA LTC Andre M Cota-Robles, USA Mrs. Ann Eittreim Mrs. Margot J Chabot Capt Steven E Lavender, USAF

If we missed your birthday, it's because we don't have it on file. Please e-mail your birth date to MAJ Bruce Robinson at <u>brucer76@knology.net</u> so it can be included in future newsletters. Thank you.

2020 Scholarship Golf Tournament

Due to the ongoing situation with the coronavirus, we have cancelled this year's golf tournament

- Golf course imposing restrictions
- Availability of food service at the clubhouse
- Inability to secure sponsors
- Not practical to hold a silent auction
- Doubtful many people would feel safe playing
- Chapter members staffing the event are older and susceptible to the virus

The chapter may conduct alternate methods of fund raising for the scholarship fund

We hope to resume the tournament in 2021 when the virus situation is under control and/or resolved



Our deepest sympathy and prayers are extended to the families and friends of:

Dr. (LTC) Carl M. Powe, Jr. (USA-Ret) peacefully passed on the morning of Aug. 4th, with his family at his side.

Dr. Powe was born in Hartsville, SC, son of Carl M. Powe, Sr. and Marie Powe. He attended The Citadel, The Military College of South Carolina. After graduation in 1956 he married Marian Atkins of Dillon, SC.

Dr. Powe served a distinguished career of 20 years in the U.S. Army as an ordnance officer, specializing in nuclear weapons. His tours of duty included Korea and wartime Vietnam, and his awards included the Legion of Merit, Bronze Star Medal, Meritorious Service Medal with Oak Leaf Cluster and the Vietnamese Gallantry Cross. He retired as a Lieutenant Colonel.

An avid proponent of higher education, Dr. Powe earned an MBA and a Doctor of Management. Upon retirement from the military he worked for companies such as Thiokol Corporation, United Technologies Corporation and Science Applications International Corporation (SAIC). Additionally, he was president of his consulting firm, Simulation Training, Inc. and was an adjunct instructor at several educational institutions in the Huntsville area, including The University of Alabama in Huntsville and the Florida Institute of Technology.

Dr. Powe enjoyed time travelling with family, photography, writing and he was a voracious reader. He authored two books focused on management and career development.

Dr. Powe is survived by his wife of 64 years, Marian; his daughter, Dr. Audrey Powe McDade (Mike McClellan) of Huntsville; and his son, Carl M. Powe, III (Carla) of Kiawah Island, SC.

Visitation was held Thursday, Aug. 6th, 6:00 - 8:00 p.m. and the funeral was Friday, Aug. 7th at 11:00 a.m., both at Laughlin Service Funeral Home, Huntsville, AL.

LTC Sam Worsham (USA-Ret) passed away at his home. Sam was born in Brady, Texas. He was preceded in death by his parents, Clarence and Lela Worsham and his son, Timothy.

Sam had a master's degree from McMurry College, Abilene, Texas. After spending several years as a high school band director, he entered active duty with the Army, serving two tours of duty in Vietnam. He retired from the Army in 1983, returned to Huntsville, and began a second career as a realtor.

Sam is survived by his wife of 61 years, Carole, his son Dana and Benjamin and his wife Christy and two grandsons, Eli and Porter.

His military awards include the Army Commendation Medal (2 Oak Leaf Clusters), Armed Forces Reserve Medal, Bronze Star (2 Oak Leaf Clusters), Air Medal, Vietnam Cross of Gallantry with Palm, Meritorious Service Medal (1 Oak Leaf Cluster), and Combat Infantry Badge.

Visitation was held at Valhalla Funeral Home on Saturday, August 29,2020 from 3:00 pm until 4:00 pm. The Celebration of Life Service with Full Military Honors was held August 29, 2020 at Valhalla Funeral Home led by the Reverend Mac Buttram. In lieu of flowers, memorials can be made to Trinity United Methodist Church, 607 Airport Road, Huntsville, Al 35802.

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Mrs. Elaine Tillman McGowan passed away at her home on Saturday at the age of 96. She was born in Tuscaloosa, Alabama to parents Robert and Daisy Tillman. She attended the University of Alabama. A sixty-year resident of Huntsville, Elaine worked for Boeing and the University of Alabama-Huntsville in the accounting departments. She was honored by Huntsville Hospital for her 30 years of committed volunteer service in the Auxiliary. Elaine was a member of First Baptist Church, Huntsville and a former member of Mountain View Baptist Church, Huntsville.

She was preceded in death by her beloved husband of 38 years, Major Edward Browne "Mac" McGowan, brother, Robert Tillman and sister, Doris Tillman Ingle, both of Athens, Georgia. She is survived by stepson, Lt. Colonel Edward Browne McGowan, Jr., his wife, Jeannine of California and their children, Edward McGowan III, Marshall McGowan and Dianne McGowan and her children, Holly Ann and Billy Duffy; son, Benjamin McGowan (City Councilman of Albertville, Alabama), his wife, Jean and his children, Leslie House (Brian) and her daughter, Erin DeJesus of Huntsville and Paul McGowan (Kimberly) and their sons, Jacob and Harrison McGowan of Owens Crossroads, Alabama; son, Dr. William R. "Bobby" McGowan and his wife, Diane of Columbus, Georgia and their children, William Kerr McGowan (Leah) and their sons, William, Walter and Matthew McGowan of Athens, Georgia and Heather McGowan Drust (Benjamin) and their son, Mac of Monroe, Georgia; and by her sister-in-law, Ruby Tillman; nieces, Pam Manus (Renny), Beth Thomas (Larry), Kay Isley (Mark) and nephews, Mike Tillman and Mitch Ingle.

A funeral service to celebrate Elaine McGowan's life was held Saturday, August 29, 2020 at 2:00 at Laughlin Service Funeral Home. A private burial will be held.

CW3 Howard "Ray" Richard Raymond (USA-Ret), 87, of Madison, AL peacefully passed away Tuesday. Howard was born in Broken Bow, Nebraska, and retired from the U.S. Army after 26 years where he reached the rank of Warrant Officer III.

Ray was preceded in death by his wife of 60 years, Marlene Raymond; parents, Harland and Maxine Raymond, and sisters, Glea Pracht and Marilyn Gray. Survivors include sister, Mary Ellen (Howard Hitt) of Burley, ID; his four children, Scott Raymond of Orlando, FL, Dee Ann Cypert (David) of Madison, AL, Bruce Raymond of Madison, AL, and Bob Raymond of Plano, TX; four grandchildren, Reese Mitchell (Shanna), Cassie Mitchell, Matt Raymond, and Samantha Cypert; one great-grandchild, Skylar Mendez; one sister-in-law, Carol McAlhaney, of Blair, NE; and several nieces and nephews.

Visitation was from 2 to 3 p.m. Friday, August 28th at Asbury United Methodist Church. The funeral will follow at the church with the Rev. Alan Weatherly officiating. In lieu of flowers, memorials may be made in charity to the Army Emergency Relief (AER) - Soldiers Helping Soldiers, or the National Pancreatic Cancer Foundation.

Gone but not forgotten for their dedicated support and service to our Country. We will miss these outstanding Leaders and Patriots.





Amazon Smile

We have registered the HCMOAA Scholarship Fund with the Amazon Smile program. This program distributes money to various registered IRS(c)(3) charities.

If you are an Amazon user, you can help our Fund by using Amazon Smile. Here is how:

a. Go to <u>https://smile.amazon.com</u>

b. Sign into your Amazon account.

c. Look for the "Supporting: ______" in the top left section of the page. Select the down arrow and you can search for a charity to support. All you have to type in the space is HCMOAA and it will find the Scholarship Fund. Select it and you are done.

d. Vice using "amazon.com", use <u>https://smile.amazon.com</u> for your Amazon shopping – it has the same items and prices as the regular page and is still Amazon Prime. In other words, it is no different than amazon.com. If you have a shortcut for Amazon on your browser or desktop, delete it and replace it with a shortcut to Amazon Smile.

e. If you have any problems registering, drop me an email or give me a call! My info is on page 2 of the newsletter. So far, only one person has had a problem and that was an Amazon issue that cleared up quickly.

The Scholarship Fund will receive .5% of the purchase price of any eligible item. How do you tell if the item is eligible? It will say "Eligible for amazonsmile donation" in the item description area. I don't know what items aren't eligible - I have yet to find one that wasn't eligible. I polled the Governing Board and they hadn't either!

So far, a lot of people have registered our Scholarship Fund – we need to get that number over 100! If you shop Amazon and don't have a charity already designated, **please give it a shot and help the Fund!** The fundraising potential is huge!

Huntsville Chapter Objectives

- Promote the aims of the national MOAA organization
- Further the legislative and other objectives of MOAA through grassroots activity
- Foster fraternal relationships among retired, active and former officers of the uniformed services
- Maintain liaison and a positive relationship with the Redstone Arsenal Garrison and other military commands in the Northern Alabama area
- Provide a social venue for members to meet periodically and enjoy fellowship with people of similar interests and backgrounds
- Promote and assist worthy community activities
- Provide useful services and information for members and their dependents and survivors
- Provide representation to the Alabama Council of Chapters of MOAA
- Provide representation to the Northern Alabama Veterans and Fraternal Organizations Coalition
- Protect the rights and interests of service retirees and active duty military members in matters of state legislation through the Alabama Council of Chapters

Benefits of Membership

We are the largest of the 13 chapters in Alabama and have over 350 members. We have been recognized by National MOAA for the last four years with Level of Excellence awards. We provide grassroots support for issues that affect us and are active in both the Redstone Arsenal and Madison County communities. Why should you join our chapter? This is what we do, and what's in it for you:

- Partnership with Redstone Arsenal agencies Fox Army Health Clinic, Army Community Service, MWR, PX/Commissary, Military Retiree Council
- Membership in the North Alabama Veterans and Fraternal Organizations Coalition (NAVFOC) – plugged in to the larger Veterans associations "big picture"
- Recognizing leadership JROTC/ROTC awards and "gold bar" ceremonies
- Recognizing potential Scholarship Awards program with the Redstone Arsenal Military and Civilians Club
- Community service/relations annual Tut Fann Veterans Home BBQ, Memorial Day wreath laying ceremony, Veterans Day parade and events, Retiree Appreciation Day
- Camaraderie Monthly meetings & breakfasts, parties, golf tournament
- Information Monthly newsletter, web site, Personal Affairs, guest speakers
- Legislative action grassroots activities, support for National MOAA agenda
- Venue for getting involved

Please visit our award-winning chapter website at <u>http://huntsvillemoaa.org</u> where you can find out more about chapter activities.

Attention Members

One of the best sources of income for the Chapter comes from advertisements like the ones in this newsletter. You are the best resource for identifying potential advertisers. The next time you go out to dinner, or to shop, or to get a haircut, or to get your car fixed – ask the business manager if they would consider advertising. Let them know that the newsletter reaches our 350+ members each month. All they can say is "no".

If they are interested or desire more information, please let Bruce Robinson know, and he will follow up with them. His contact information is <u>brucer76@knology.net</u> or 256-426-0525.

Important Dates in September

- 1 September Hitler invaded Poland, starting World War II (1939)
- 2 September The Great Fire of London destroyed over 13,000 homes (1666)
- 2 September US Treasury established (1789)
- 2 September General Sherman captured Atlanta (1864)
- 2 September Formal Japanese surrender aboard the USS Missouri in Tokyo Bay (1945)
- 3 September Great Britain and France declared war on Nazi Germany (1939)
- 4 September The island of Manhattan was discovered by navigator Henry Hudson (1609)
- 4 September Los Angeles was founded (1781)
- 6 September Leningrad was renamed Saint Petersburg (1991)
- 7 September Brazil declared its independence from Portugal (1822)
- 7 September Labor Day
- 8 September The Northern Pacific Railroad across the U.S. was completed (1883)
- 8 September A hurricane struck Galveston, Texas, killing over 8,000 persons (1900)
- 9 September The Democratic People's Republic of Korea was established (1948)
- 11 September The worst terrorist attack in U.S. history (2001)
- 12 September John F. Kennedy, 36, married Jacqueline Bouvier, 24 (1953)
- 13 September Francis Scott Key wrote the National Anthem (1814)
- 14 September Eight days after being shot, President William McKinley died (1901)
- 14 September Princess Grace of Monaco died in a car accident (1982)
- 15 September Tanks were first used in combat (1916)
- 16 September The Mayflower departed from England with 102 passengers (1620)
- 16 September General Motors was founded (1908)
- 18 September The U.S. Air Force was established (1947)
- 21 September The People's Republic of China was established (1949)
- 23 September First day of Autumn
- 25 September Spanish explorer Vasco Nunez de Balboa first sighted the Pacific Ocean (1513)
- 26 September The first-ever televised presidential debate (1960)
- 28 September California was discovered (1542)
- 29 September US Army established (1789)
- 30 September The Berlin Airlift concluded after 277,264 flights (1949)